

GENERAL RULES

OPERATING 2-KEY BUTTONS

2-KEY BUTTONS

Lock: Disables the control panel when in use or not in use to prevent accidental button selections.

Press and hold **PAUSE** and **DELAY** until you hear 2 beeps. Repeat to unlock.

Mute: Turns off all beeping.

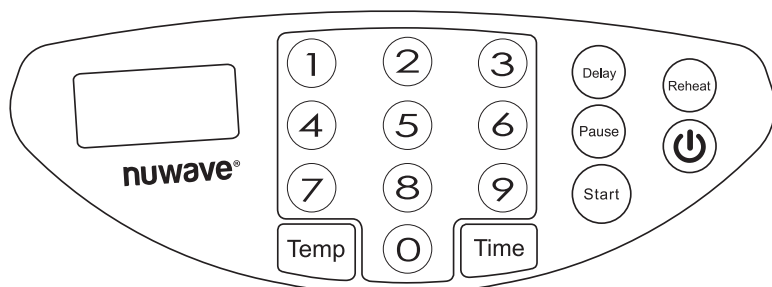
Press and hold **DELAY** and **REHEAT** until you hear 2 beeps. Repeat to unmute.

GENERAL RULES

- While cooking, the dome must be placed completely level to the Base Tray.
- **DO NOT** tilt the Dome or leave the dome open.
- To avoid moisture/steam build up inside the oven, remove food when done.
- To keep cooked food warm set at a low temperature.
- Only lift Dome by the handles on the Power Head.
- When removing Liner Pan after cooking, be extremely careful and always use oven mitts.
- Use only oven-safe dishes for cooking, same as in a conventional oven may be used in the Nuwave® Pro Plus 2 Oven™.
- For even cooking, flip or turn food halfway through the cooking..
- Place foods that require the longest cooking time on the 3-inch reversible rack side, closest to the heating element (ex. potatoes, carrots), and place soft vegetables on the lower 1-inch side (ex. mushrooms, tomatoes).
- When choosing the multi-level cooking option, use food combinations on the reversible rack and liner pan underneath that take roughly the same amount of time to prepare. Examples: pork or chicken and potato wedges; fish and stewed tomatoes; or frozen beef with baked potatoes.
- If top layer foods finish cooking earlier, remove the reversible rack with food from above and continue cooking bottom foods in the liner pan until done.
- To warm bread, place it on the 1-inch side of the reversible rack or Liner Pan and cover. To bake bread, place bread on the 3-inch reversible rack side.

For best results, follow the time, temperature, and Cooking Rack height instructions provided in the cooking chart and recipe book.

CONTROL PANEL



The maximum selectable cooking time differs depending on the selected cooking temperature.

50°F ~ 320°F	99:59 (99 hours and 59 minutes)
325°F ~ 350°F	2:00 (2 hours)

- If using at the max temperature at the max time, allow 30 minutes for the Power Head to cool down before using again.
- If the time entered is above the maximum time for the set temperature range, the unit will display and operate at the maximum time allowed.

	CAUTION
	DO NOT touch the Power Dome or any surface on the cooking area during operation. The air inside the Power Dome can reach 350°F which makes the surface very hot and may cause burns. DO NOT open the Power Dome or remove the Power Head while the Nuwave Oven is operating. Turn off the power before removal.

OPERATING BUTTONS

Press to turn the unit off and on. Turning the unit off will also cancel the current cooking function.

Start: Press **START** to begin cooking.

Pause: Press **PAUSE** to stop cooking when flipping or shaking food.

Note: While paused, the programmed cooking settings will be saved until you resume cooking. These can be cleared by turning off the unit.

Temp: Press **TEMP**, then enter the desired cooking temperature.

To change the temperature, press **TEMP** and select any temperature between 50°F and 350°F using the keypad.

OPERATING BUTTONS

°F/°C Conversion:

1. Press and hold **TEMP** for 4 seconds to switch to Celsius.
2. Repeat to switch back to Fahrenheit.

Note:

- When switching temperature modes, the Oven will always display the default temperature of 350°F or 177°C.
- Your selected temperature mode will remain in place even if the unit is powered off or unplugged.

Time: Press **TIME**, then enter the desired cooking time in hours and minutes.

Example:

Hour: Min	1st Press	2nd Press	3rd Press
01:30	1	3	0
00:20	2	0	-
00:05	5	-	-

This can be adjusted at any point. When the time reaches 0, the Oven will beep 3 times and “End” will be shown on the display. The default cooking time is 15 minutes.

Minutes/Seconds Conversion:

1. Press and hold **TIME** for 4 seconds to change the cooking time to minutes and seconds. You will hear 2 beeps and 15:00sec will be displayed.
 2. Repeat to change back to hours and minutes.
- Your selected time mode will remain in place even if the unit is powered off or unplugged

Reheat: Default temperature and time are 350°F for 4 minutes, both can be adjusted at anytime. Press **START** to begin.

Delay: You can delay the start of your programmed cooking function.

1. Set the cooking temperature and time.
2. Press **DELAY**, DLY will be shown on the display. Enter the time you want to delay cooking in hours and minutes.
3. Press **START** to begin the delayed cooking process.

Note: The delay time can be changed at any time. The temperature cannot be changed while the delay function is active.

CARE & MAINTENANCE

Dishwasher-safe, top rack only parts are: the Power Dome, Reversible Rack, Liner Pan, and Base Tray. They can also be cleaned with warm soapy water.

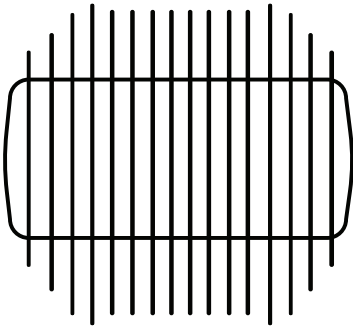
ALLOW THE OVEN TO COOL COMPLETELY

- **ALWAYS** unplug the Oven from the electrical outlet before cleaning.
- **NEVER** clean the unit while it is plugged in.
- Allow the Oven to cool completely before cleaning.
- **DO NOT** use any abrasive, harsh brushes, or steel pads on any part of the Pro Plus 2.
- **DO NOT** immerse the Power Head in water or wash in the dishwasher.

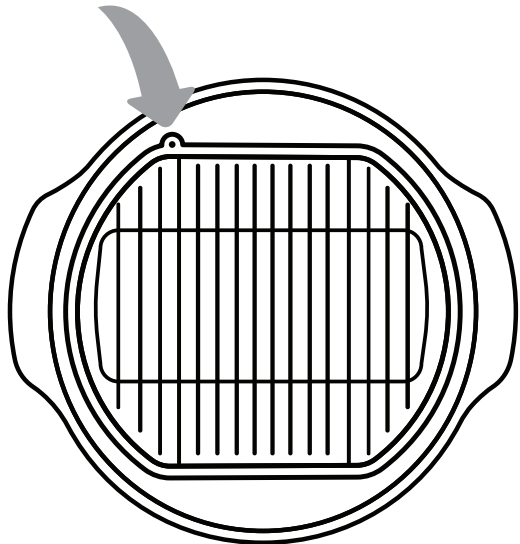
Protective Grate Removal

To clean the protective grate on the underside of the Power Head, unscrew the single corner screw and carefully push in then lift the grate to remove. Clean the grate with warm soapy water and dry completely before reinserting into the Power Head. Be sure the corner screw is completely tightened.

Protective Grate



Unscrew here



Underside of Power Head

DO NOT touch or clean the fans.

DO NOT remove the heaters.

NEVER clean the unit while it is plugged in. Allow the oven to cool completely before cleaning.

DO NOT wash the Power Head in the dishwasher or immerse in water.

DO NOT use any abrasive, harsh brushes, or stainless steel pads, to clean any of the Pro Plus 2 parts.