

WHAT TO CONSIDER WHEN CHOOSING 3M™ EARPLUGS

EARPLUGS

Hearing loss due to noise is almost entirely preventable through consistent use of hearing protection. Try a variety of different devices to find what works for you. Since hearing protectors must fit properly and be worn correctly to provide protection, read the instructions carefully before use. Hearing protector effectiveness is specified by a Noise Reduction Rating (NRR), typically ranging from 23 to 30 dB for 3M's retail hearing protection products. The more carefully you fit and wear your hearing protectors, the higher your protection will be.

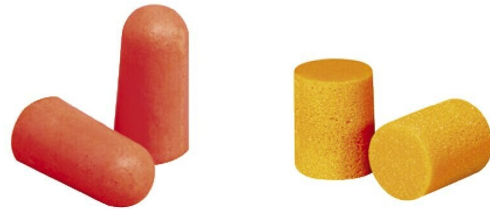
ADVANTAGES OF EARPLUGS

- Often provide more protection than earmuffs (when fitted correctly)
- Less expensive
- More comfortable for some, with less heat build-up and no pressure around the ear
- Cooler and lighter weight alternative for longer periods of use

DISPOSABLE EARPLUGS

NRR 29 dB and 32 dB

- Pliable design slowly expands, conforming to your ear canal to help reduce hazardous noise
- Soft, smooth design enhances comfort for longer wear
- High level of protection
- Can be used for sleeping
- Inexpensive and disposable



REUSABLE TRI-FLANGE EARPLUGS

NRR 25 dB

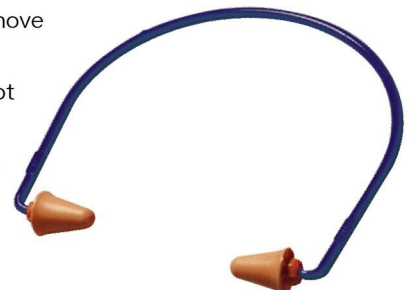
- Pliable, tri-flange design helps provide a secure fit to help reduce hazardous noise
- Soft material is washable/reusable
- Easy to insert and remove
- Flanges are tapered to fit a wide range of ear canals
- Cord allows earplugs to be stored conveniently around neck
- More hygienic (hold by stem during insertion)



BANDED HEARING PROTECTOR

NRR 28 dB

- Pliable foam ear tips conform to the shape of your ear canal to help reduce hazardous noise
- Soft, smooth ear tips enhance comfort for extended wear
- Ear tips are removable and replaceable
- Easy to insert and remove
- Attached band rests on your neck when not in use
- Great for people who fit and remove their hearing protection frequently



For more information visit [3M.com/HearingProducts](https://www.3M.com/HearingProducts).



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