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# STIMULATE YOUR SENSES

GROHE F-DIGITAL DELUXE

# MOMENTS OF SPA

A great artist, scientist, architect, and inventor once said: “Water is the driving force of nature”; and from the time Leonardo da Vinci recognized the power of water, till the 21st century, artists, scientists, architects and inventors have never ceased to uncover the remarkable qualities of this life-sustaining element. AquaTherapy is a part of physiotherapy involving the use of water for pain relief and treatment. GROHE brings both the calming caress and the invigorating vitality of aquatherapy. Our spa environment

unfolds as a welcome oasis in an otherwise stress-filled lifestyle. Here, your clients can experience how the amalgam of water, temperature and pressure, perfectly orchestrated through GROHE showers, stimulates the points of the body where stress and tension accumulate. The muscle-relaxing, pressurized water is enhanced by the dynamic GROHE DreamSpray technology which facilitates blood flow, further relaxes and soothes tired bodies and lifts one’s spirit.



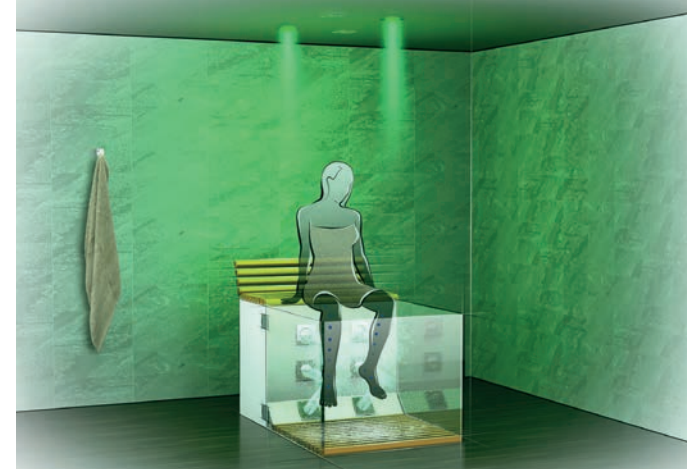
## THE ART OF LEVITATION

The mystical art of levitation – an elevated concept where showering is both therapeutic and sensational. A zone to rejuvenate, stretch out, and gently float away. A zone aptly coined AquaCloud. Give in to the invigorating world of AquaCloud. A horizontal shower designed to caress every little pore on your body, bringing all senses to a well-balanced calm. A space where showering is rediscovered; a space where you can be pampered by rain-like water drops from the sky.



## FEEL THE WEIGHT MELT OFF – REJUVENATION AQUA SHOULDER MASSAGE.

Almost all daily activities today, such as working at a computer, writing, driving, etc., cause the shoulder muscles to become overly stressed. The shoulder and neck together hold up the heaviest part of the body: the head. GROHE showering acts like a deep-acting analgesic on the shoulder muscles, soothing muscle stress, stimulating blood flow, and improving the lymph system function. Here too with the release of endomorphins, you will experience a great feeling of well-being.



## PUT YOUR FEET UP AND LET OUR AQUATHERAPY DO THE REST

GROHE offers an enticingly revitalizing experience for the feet and legs with the uniquely intelligent and strategic placement of its body jets in our customized Spa setup. These elements aid in the manipulation of deep muscle and connective tissue in the feet and legs, through pressurized water, to enhance function, generate healing, decrease muscle reflex activity, as well as promote relaxation and relief.



## LIMBER UP – STEAM AWAY STRESS

Muscles can be subjected to a great deal of stress on a daily basis, especially when particularly strenuous physical activity is involved. Stretching or basic yoga asanas performed during a steam session enables a more effective detoxification and relaxation process. Strategically placed body jets in GROHE SPA shower concepts work to release pressure on key stress points such as the spine, neck, and shoulders during these exercises, inducing instantaneous muscle relief and reactivation of nerves.

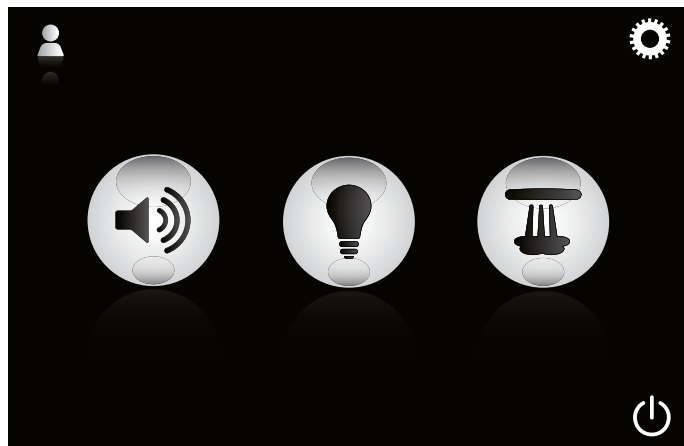
# ALL OF THE SENSES IN PERFECT HARMONY

Immerse yourself in a world of relaxation and well-being. A world in which your entire body is surrounded by water heated to the perfect temperature, in which light and music can be adapted to suit your mood, and soothing steam relaxes every muscle. A world of well-being in which design and comfort combine to form one harmonious unit, where a single hand movement transforms your shower into your own personal spa. Welcome to the world of GROHE F-digital Deluxe, the unique shower experience for all of the senses.

GROHE F-digital Deluxe is a completely new shower concept, which goes beyond the normal functions of bodycare and cleansing to deliver a unique sensory experience. Atmospheric lighting, gentle steam, and relaxing music have a positive effect on your physical, spiritual and emotional well-being and become part of your daily shower experience thanks to the GROHE F-digital Deluxe light, steam and sound modules. All of the functions can be controlled simply and intuitively using the GROHE SPA F-digital Deluxe app.

# A UNIQUE EXPERIENCE FOR ALL THE SENSES

Using a wireless Bluetooth connection, the GROHE SPA App\* and GROHE F-digital Deluxe modules can stimulate all of your senses with just a single touch of the hand – available for Apple and Android mobile devices.



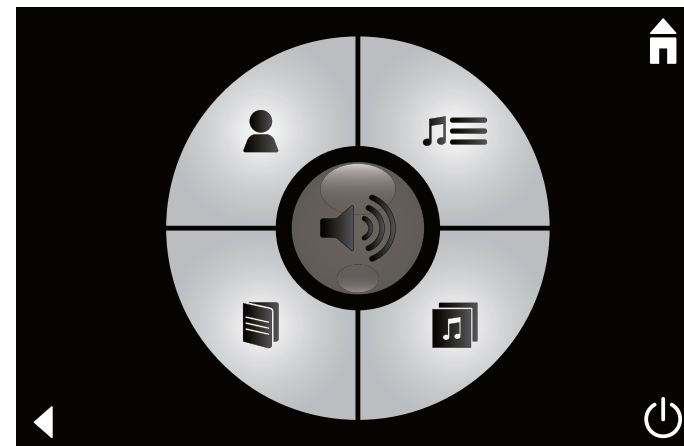
## TOUCH

With just one touch you can transform your shower into your own personal spa. Soft lighting, relaxing steam, and your favorite music. You can stimulate all of your senses with just a single touch of the hand.



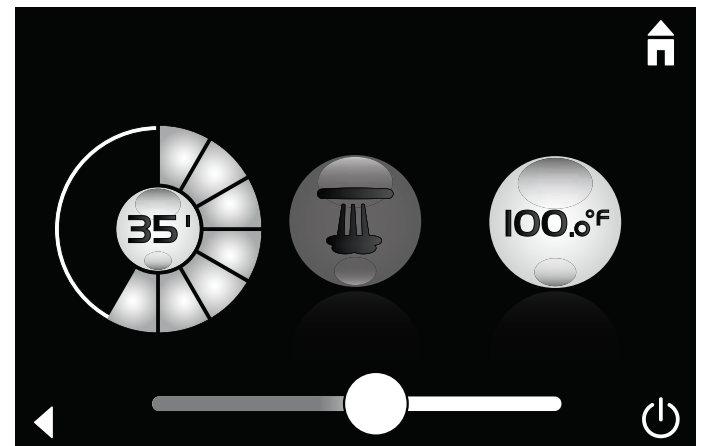
## LIGHT

Color has a positive effect on our sense of well-being; but we all perceive colors differently. With the GROHE light modules, you can change the colors to suit your mood, and enjoy a personalized chromotherapy experience while showering.



## SOUND

Nothing on this earth moves us more than music. The perfect song or sound can fill us with joy, make us feel relaxed, recharge our batteries or help us forget our troubles. With the GROHE sound modules you can now enjoy your favourite music while showering.



## STEAM

Experience regeneration in its purest form with the GROHE steam modules. Gentle steam not only enhances our sense of emotional well-being, but also has a positive effect on the entire body. It opens the pores, detoxifies the body, hydrates the skin, and helps the muscles to relax.

### NEW:

Pure essential oils may be added to the steam outlet to enrich the mist providing an all-embracing aroma and a truly relaxing experience.



\* Available for free via iTunes app or Google Play store.



## MIND AND BODY IN PERFECT HARMONY

Music and sound have a positive effect on our mind and body. The perfect song during your morning shower helps you kick-start your day, and in the evening helps you unwind after a hard day's work. Thanks to the sound modules and the GROHE SPA F-digital Deluxe app, GROHE F-digital Deluxe delivers a unique experience that allows you to listen to your own personal playlist while enjoying an audiototherapy experience in your shower.



# COLOR TO MATCH YOUR MOOD

Every colour has a different wavelength and therefore its own energy, which has a varying effect on the mind and body. Red represents vitality and activity, while blue is considered to be a calming colour. One of our primary objectives when developing GROHE F-digital Deluxe was to give you the opportunity to change the lighting to suit your mood, and allow you to enjoy your own personal chromotherapy experience while in the shower.

Using the GROHE SPA App, you simply select the color you wish to have during your shower. From a specifically designed color wheel, you may wish to start your day with a stimulating yellow, enjoy a soft purple after a steam bath, or kick off an evening with an optimistic orange. With GROHE F-digital Deluxe you can integrate up to four high-quality LED light modules into your shower, all of which are dimmable. You choose a light intensity that reflects your mood. And,

of course, you can save all of your settings so that the perfect color for tomorrow morning's shower is just a touch away.

**CLEAR SKY BLUE**

- Calming
- Cooling
- Calmness
- Tranquility
- Communication
- Rest

**SENSUAL PURPLE**

- Uplifting
- Offers a sense of spirituality
- Encourages creativity
- Calming to mind and nerves

**SUNSET RED**

- Increases enthusiasm
- Stimulates energy
- Encourages confidence
- Vitality
- Passion
- Activity

**SPRING GREEN**

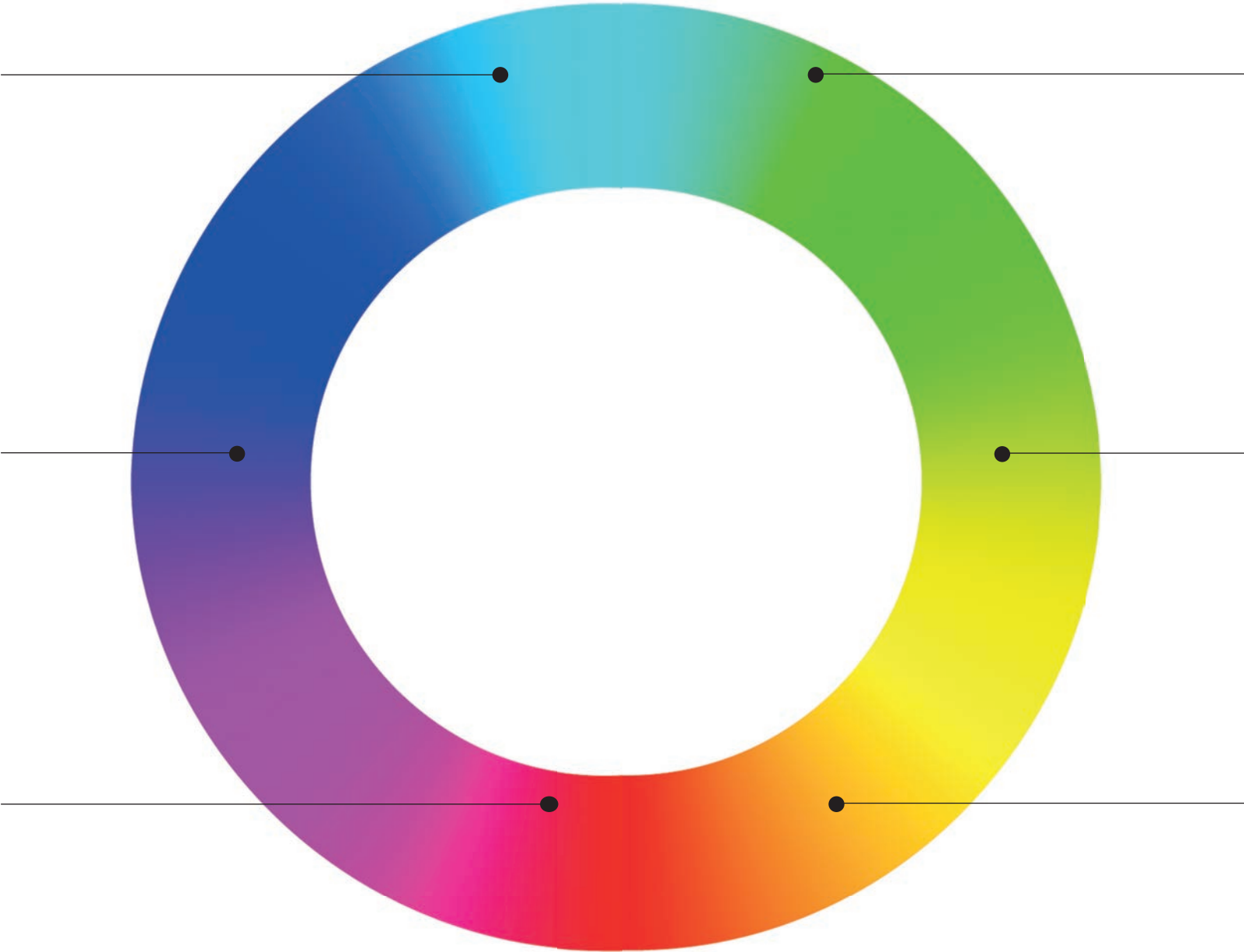
- Mental and physical relaxation
- Offers a sense of renewal, self control
- Balance
- Harmony
- Helps alleviate depression, nervousness and anxiety

**BRIGHT SUN YELLOW**

- Humour
- Encouragement
- Activates memory
- Stimulates the nervous system

**OPTIMISTIC ORANGE**

- Creativity
- Productivity
- Enthusiasm
- Optimism
- Stimulates activity and appetite
- Encourages socialisation



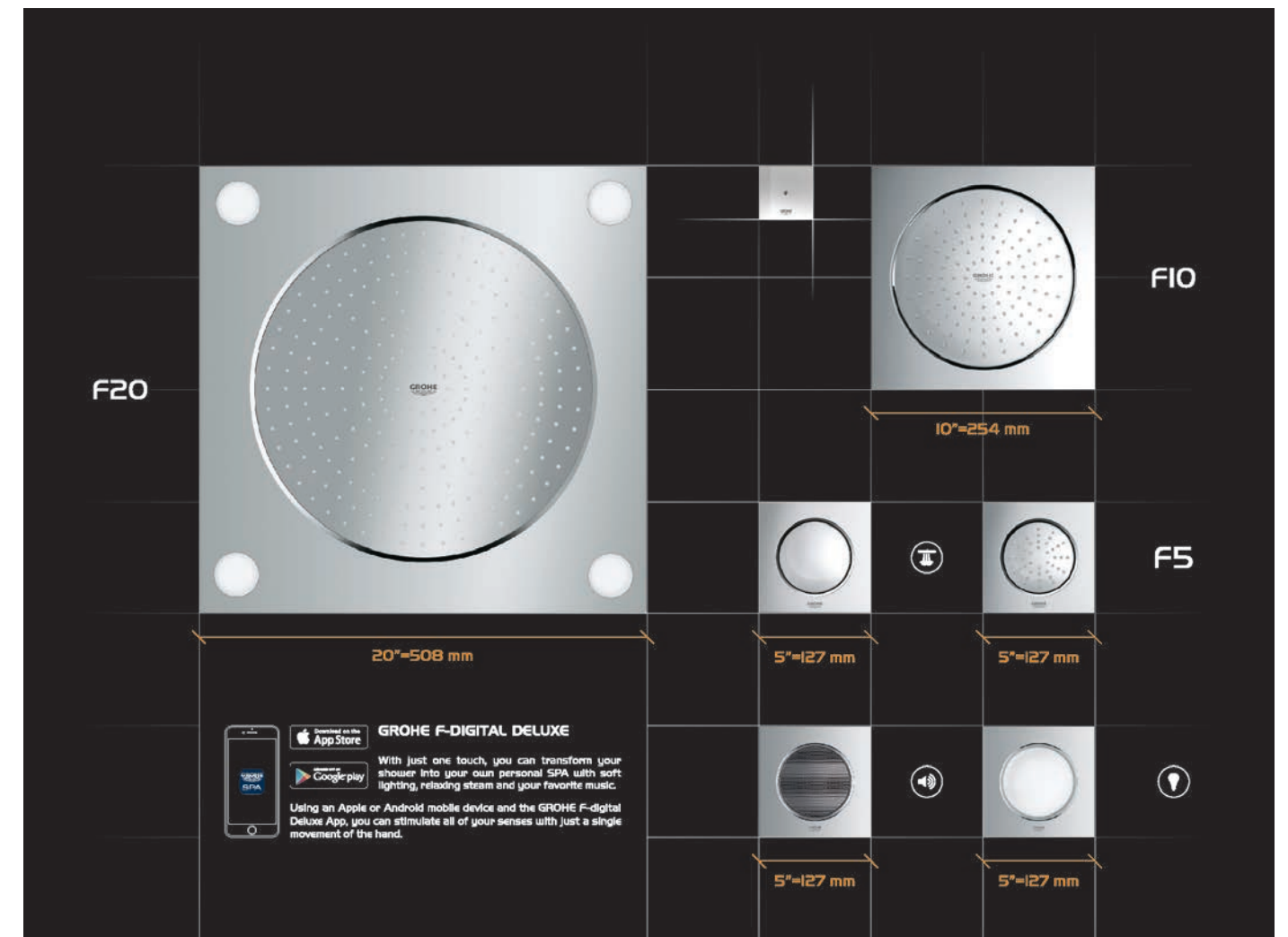
# RELAXATION IN ITS PUREST FORM

A steam shower is the ultimate in relaxation. Hot steam has been valued for its positive, regenerative effect on the mind and body for thousands of years. At 100% humidity, your muscles relax, your skin is cleansed and you feel calm and collected. With GROHE F-digital Deluxe you can enjoy this luxurious experience at home and transform your shower into your own private steam shower. The steam modules are conveniently controlled with just a single movement of the hand using the GROHE SPA F-digital Deluxe app.

**New:** Enrich the steam with pure essential oils to create a truly relaxing spa experience for all the senses.

# WELL-BEING TAILOR-MADE FOR YOU

Make your dream of the perfect shower experience a reality with GROHE F-digital Deluxe. Create your own personalized combination of features from our Rainshower F-Series options, including light and sound modules, shower heads and steam modules – to build a shower that is perfectly matched to your own needs and preferences.



# GROHE PRE-TAILORED SHOWERS S – M – L

With GROHE's broad range of Tailor-Made showers, you have endless possibilities to create the shower you want to own. You decide the way it should look and the way you want to shower – whatever your mood. Based on the space you have available, GROHE created three inspirational luxury showers with Rainshower F-Series and F-digital Deluxe. Choose between bespoke solutions for a small individual shower stall, up to a large wellness zone for you and your partner.

SMALL SHOWER  
CONFIGURATION



MEDIUM SHOWER  
CONFIGURATION



LARGE SHOWER  
CONFIGURATION



### F-DIGITAL DELUXE SMALL

Even in a smaller shower stall you can install a luxury shower, with GROHE SPA showers. With two light modules and two sound modules installed in the ceiling, you can enjoy chromotherapy and sound therapy. These modules are complemented by a Rainshower F-Series 10" ceiling head shower and three side showers. Control water flow and temperature with GrohFlex Grotherm F, equipped with a GROHE TurboStat thermostatic cartridge. You will reach the desired temperature in a fraction of a second and maintain it for the duration of the shower.

### F-DIGITAL DELUXE MEDIUM

With the installation of a small bench you can enjoy luxurious steam therapy. The three Rainshower F5" side showers on the right side are complemented by the F20" shower head with lights for a true stereo aqua – visual effect. Combine the showers with the powerful and flexible Grohtherm F control panel – always the right temperature – and a Sena hand shower.



The F-digital Deluxe base unit box and an Apple or Android mobile device with GROHE SPA App installed are required for operation of light, sound and steam – and individual modules.

# THE CONFIGURATION – MADE EASY

## THE CONFIGURATION – MADE EASY

To make planning your GROHE SPA small, medium or large shower easier, you'll find below the extended product list, including all products that are fitted behind the wall.

### F-DIGITAL DELUXE LARGE

If you have a larger space, why not build a larger shower? Use the extra space to install a full-width bench and then incorporate: water, light, sound, and steam for the complete F-digital Deluxe experience. Experience true 3D showering with the Rainshower F-Series 20" ceiling shower lights, sound modules, and three side showers. Use the Grohtherm F thermostatic panel to control the different sprays as well as the Sena hand shower.

	GROHE SPA PRODUCT		S	M	L	CALIFORNIA
SHOWER	27 816 000	Rainshower® F Series 10" ceiling shower head (2.0 gpm)				1
	27 286 000	Rainshower® F-Series 20" ceiling shower head (2.5 gpm)			1	
	27 468 000	Rainshower® F-Series 10" ceiling shower head (2.5 gpm)	1			
SHOWER + LIGHT	26 371 000	Rainshower® F-Series 20" ceiling shower head with 4 lights		1		
	29 069 000	Cable connection for Rainshower® F-Series 20" with 4 lights		1		
LIGHT	36 359 000	F-digital Deluxe light set	1		2	1
	29 072 000	Rough-in for light set	1		2	1
SOUND	36 360 000	F-digital Deluxe sound set	1	1	2	1
	29 073 000	Rough-in for sound set	1	1	2	1
STEAM	Use Steamist SM- Series Steamers - Steamist.com - Available Through Authorized Steamist Showrooms.	SM Series Steamer only	1	1	1	1
		Steamist Steam Outlet	1	1	1	1
STEAM	36 419 000	Temperature sensor + Rough-in set for steam temperature sensor	1	1	1	1
CONTROLLER	36 418 000	F-digital Deluxe base unit box Bluetooth®	1	1	1	1
	36 371 000	Bluetooth® unit	1	1	1	1
	36 367 000	Rough-in for base unit box	1	1	1	1
	36 417 000	Power Supply for base unit box	2	2	2	1
SIDE SHOWER	27 252 000	Rainshower® F-Series 5" side shower	3	3	3	
WATER CONTROLS	27 620 000	Grohtherm F trim set for central thermostat	1	1	1	
	35 026 000	GrohFlex	1	1	1	1
	27 625 000	Grohtherm F triple volume control	1	1	1	
	19 927 000	GrohFlex Cosmo Square - Dual Function				1
	35 032 000	Rough-in for triple volume control	1	1	1	
HAND SHOWER + ACCESSORIES	27 621 000	Grohtherm F wall union with integrated Shower Holder	1	1	1	
	35 035 000	Grohtherm F rough-in for wall union	1	1	1	
	28 341 000	Sena stick hand shower	1	1	1	
	28 147 000	Shower hose metal 59"	1	1	1	1
	27 806 000	Euphoria Cosmopolitan Stick (2.0 gpm)				1
	27 708 000	Allure Brilliant wall union				1
	27 693 000	Euphoria Cube wall mount hand shower holder				1



The F-digital Deluxe base unit box and an Apple or Android mobile device with GROHE SPA App installed are required for operation of light, sound and steam – and individual modules.

# GROHE SPA F-DIGITAL DELUXE

## LIGHT



**26 371 000**  
F-Series 20" Ceiling Shower head with light 20"x20"  
1 spray pattern: Rainshower Spray  
2.5 gpm



**36 359 000**  
Light Modules (sold in pairs)  
**29 072 000**  
Rough-in set for Light Modules  
**47 867 000**  
Optional light cable extension 196"

## SOUND



**36 360 000**  
Sound Module (sold in pairs)  
**29 073 000**  
Rough-in set for Sound Modules  
**47 838 000**  
Optional sound cable extension 196"



**36 371 000**  
Bluetooth® Adapter

## STEAM



**36 419 000**  
Steam temperature sensor and rough-in set  
**47 877 000**  
Optional cable extension for Temperature sensor 196"



**36 418 000**  
Bluetooth Base Unit Box  
Connections for sound, light and steam  
**36 367 000**  
Rough-In Box for Base Unit  
Optional floor mounted housing for the control unit



**36 417 000**  
Power Supply  
2 power supplies are required for control units with more than 4 modules (example: 4 lights + 2 sound)

## STEAM



**3160-PC**  
Product includes:  
- Steam head (3199-PC)  
- Polished Chrome  
- 3/4" NPT Connection  
- Silicon Cover (3260)  
- 10' Control Connection (5370)  
- Coupler for Control Connection (006-6096)

**SM STEAM GENERATORS**

Product no.	Model no.	KW	Max. cubic foot range	Voltage
5010 5011	SM-5	5 kw	100	240 208
7010 7011	SM-7	7 kw	220	240 208
9010 9011	SM-9	9 kw	360	240 208
1010 1011	SM-10	10 kw	450	240 208
1100 1101	SM-11	11 kw	500	240 208
1200 1201	SM-12	12 kw	550	240 208
1500 1501	SM-15	15 kw	675	240 208

\* Steamist Steam Generator and outlet are required with the GROHE Temperature sensor for steam function.  
\* Steam unit must be selected based on size and materials used in steam room and voltage available

**PRODUCTS REQUIRED FROM EXTERNAL FOR STEAM OPERATION**

\* Steamist Steam Generator and Steam outlet are required to operate the Steam function on the F-digital Deluxe.  
\* Steam unit size needs to be chosen based on electrical voltage in your area.  
\* Steam unit size described by the Kw needs to be chosen based on the cubical footage and material used in the steam shower.  
\* Steamist products are sold by Steamist Authorized distributors and serviced through Steamist After sales.



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SHOWERS



**27 288 000**  
F-Series 20" Ceiling Shower head  
20"x20"  
1 spray pattern: Rainshower®  
2.5 gpm



**27 468 000**  
F-Series 10" Ceiling Shower head  
10"x10"  
1 spray pattern: Rainshower®  
2.5 gpm



**27 816 000**  
F-Series 10" Ceiling Shower head  
10"x10"  
1 spray pattern: Rainshower®  
2.0 gpm  
CALGreen Compliant



**27 252 000**  
Side shower  
Rainshower® F-Series Body Spray 5"x5"  
1 spray pattern: Rain  
2.5 gpm

WATER CONTROLS



**27 620 000 + 35 026000**  
Grohtherm F  
Thermostatic Module  
+ separate concealed body



**27 625 000 + 35 032 000**  
Grohtherm F  
Triple volume control  
+ separate concealed body

HAND SHOWER & ACCESSORIES



**27 621 000 + 35 035 000**  
Grohtherm F  
Module with wall union  
and shower holder  
+ separate concealed body



**28 341 000**  
Hand shower Sena Stick  
metal  
1 spray pattern: Rain  
2.5gpm



**28 417 000**  
Shower hose Rotaflex  
metal  
59"



The F-digital Deluxe base unit box and an Apple or Android mobile device with GROHE SPA App installed are required for operation of light, sound and steam – and individual modules.

