

**Galanz**

SENSOR COOK		CODE	PORTION	SENSOR REHEAT		CODE	PORTION	AUTO MENU	PORTION	WEIGHT DEFROST		CODE	PORTION	TIME DEFROST
Oatmeal	SC-1		5oz - 16oz	Chili	SH-1		5oz-24oz	Popcorn	3.5oz	Meat	dEF-1		1-96oz	Press <b>DEFROST</b> button once for time defrost. Turn the dial to select time (00:10-95:00), then press the dial to start program.
Fresh Vegetable	SC-2		7oz - 21oz	Frozen Entrée	SH-2		7oz-24oz	Beverage	8 / 10 / 12 / 14oz	Poultry	dEF-2		1-96oz	
Fish	SC-3		7oz - 21oz	Frozen Pizza	SH-3		5oz-16oz	Potato	8 / 12 / 16 / 20 / 24 / 28oz	Seafood	dEF-3		1-32oz	
Ground Meat	SC-4		5oz - 24oz	Mac and Cheese	SH-4		5oz-24oz	Frozen Vegetable	8 / 12 / 16 / 20 / 24oz	<ul style="list-style-type: none"> <li>· Press <b>DEFROST</b> button twice for weight defrost.</li> <li>· Turn the dial to select food type. Press to confirm.</li> <li>· Turn the dial to select weight. Press to confirm.</li> </ul>				
				Mashed Potatoes	SH-5		5oz-24oz	Dinner Plate	8 / 12 / 16 / 20 / 24 / 28oz					
				Pasta	SH-6		5oz-24oz	Soup	4 / 8 / 12 / 16 / 20 / 24 / 28oz					
				Rice	SH-7		5oz-28oz							

**HAVE QUESTIONS?**

Please Call : 1-800-562-0738