

# HAMMOCK USE AND CARE MANUAL

## HANGING

**Stands:** Sunnydaze Decor offers a large variety of stands to suit your hammock needs. When selecting a stand to go with your hammock, take the overall length of your hammock and add 2 feet. If your hammock is 10 feet long, purchase a stand that is 12 feet long.

When selecting a stand for a hammock chair, consider the suspension height and the type of hammock chair; rope chairs stretch more than fabric. As a general rule when using chair stands outside, the taller the better.

Also take into account the amount of weight a stand can hold, and the material. Powder-coated steel stands are budget-friendly, durable, stable and resistant to rust and weather.

**Posts:** Sunnydaze In-Ground Hammock Posts are a great way to hang your hammock anywhere you like. Simply install in the ground with concrete for sturdiness. When measuring the distance between posts, be sure to use the length of your hammock plus 18 to 24 inches to allow for stretching and comfort.

**Tree Straps or Ropes:** If you choose to hang your hammock between trees then tree straps or ropes are your best option. Tree straps and ropes are designed to wrap around nearly any tree. They are also great options if the hammock will only be in that location temporarily. The distance between the two trees should be 18 to 24 inches more than the hammock's length.

**Hanging Chains:** Hanging chains can be used for increasing the length of hammocks which helps them better fit on a stand, between posts, walls or trees.

**Springs:** Hammock hanging springs are a reliable and durable method to hang your hammock whether it is installed on a wall, post or tree trunk. The springs will flex with the movement of the hammock and is a great way to hang a hammock indoors or out.

## CLEANING

***DO NOT use bleach or fabric softeners.***

**Spreader bar hammocks** can be washed in your bathtub or a kiddie pool with mild detergent and a soft-bristled scrub brush. Try to keep the wooden spreader bars and galvanized O-rings out of the water as much as possible. Rinse and air dry.

**Hammocks without spreader bars** can be hand washed with mild detergent or machine washed, on the gentle/delicate cycle, using a mesh laundry washing bag and mild detergent. Before placing your hammock in the laundry washing bag, tie the ends of the hammock together to prevent tangling. Air dry only.

**Hammock pillows, swing cushions and hammock pads** should only be hand washed and air-dried on a flat surface. Wash pillows with warm water, mild soap and a soft scrub brush. With furniture pillows, remove the pad inside before cleaning; for hammock pillows, the filling should stay inside. You can use a garden hose and mild soap to clean the cushioned fabric we use for our swings and hammock pads.

## TIPS

Storing your hammock in a cool and dry place during the winter months or when it will not be used for extended periods of time is recommended. Limiting your hammock's exposure to the elements will prolong its lifespan.

A shady spot is best for hanging your hammock. The less direct sunlight, the longer the life of both the ropes and fabric. Plus, you'll get less sunburn if you nod off midday.

Periodically check chains and hooks for wear and possible rust. Hanging hardware takes the brunt of the stress put on a hammock so you should replace parts that no longer seem sturdy.