Remove the cap
Quarter-turn counterclockwise to remove the cap.
Alternative cap removal

Spout can be used to remove the cap when turned upside down.
Attach the Simple Pour Spout
The Simple Pour Spout threads onto the cap with a clockwise turn. Use plastic wings to properly tighten.
Pour the paint into the tray

Pour paint and slowly bring paint can back up to its upright position to avoid any drips.
Remove the spout
After pouring the paint, turn the spout counterclockwise to remove the spout.

Clean spout to reuse at a later time.
Secure cap
Reseal the cap by turning it clockwise and align the arrows with the window.
Lid Removal
If needed, entire lid can be removed with a paint key or screwdriver.