

NINJA Double Stack III

Quick start guide

2-BASKET AIR FRYER

TIPS & TRICKS | COOKING CHARTS | 10 CHEF-CREATED RECIPES





Your guide to the perfect crisp

Welcome to the Ninja® DoubleStack™ XL 2-Basket Air Fryer.

From here, you're just pages away from how-tos and recipes for cooking 4 foods at the same time. Get ready for crispy meals and snacks, all from one space-saving air fryer.

Now let's get cooking.

Table of Contents

6 Customizable Cooking Functions	
Using a Single Basket	į
Smart Finish	(
Match Cook	8
Pausing Cook Time	10
Ending Cook Time	1
Everything You Need to Cook 4 Foods at Once Crisper Plates Stacked Meal Racks	1: 1: 1:
DoubleStack Rack. Stack. Repeat.	14 16
Air Fry Cooking Chart	18
Recipes Kickstarters Stacked Meals DualZone™ Meals Snack Dessert	2 ² 2 ² 28 33 36 37
Dehydrate Chart	38

Recipe Key

We've tagged recipes with these icons to help find the right ones for you.







6 customizable cooking functions

AIR FRY

Best for fresh foods like chicken wings and your favorite frozen snacks.

AIR BROIL

Best for melting cheese and crisping toppings. See page 25 for an Air Broil recipe.



Best for making brownies, cookies, and other baked desserts. See page 28 for a Bake recipe.



Best for roasting vegetables and meats.

REHEAT



Best for leftovers.

DEHYDRATE

Best for making vegetable and fruit chips and jerky.

Using a single basket

Cooking only one thing? Fill a single basket and use it like a traditional air fryer.

Step 1

Select zone

- · Place food in basket.
- Select Zone 1 or 2.
- Turn the dial to select a cook function (e.g., AIR FRY).

AIR FRY	ROAST
AIR BROIL	REHEAT O
BAKE O	DEHYDRATE O

NOTE: If you would like to cook in Zone 2 only, first select Zone 2, then select a function.

Step 2

Set temp & time

- Select the TEMP button and turn the dial to set the temperature.
- Select the TIME button and turn the dial to set the cook time.



Step 3

Begin cooking

• Press the START/PAUSE button to begin cooking.



NOTE: When cooking a single layer of food, use **ONLY** the crisper tray in the lower or upper position. **DO NOT** use a Stacked Meal Rack.

For best results

When cooking a protein, make sure to place the crisper plate in the upper position.

Extra Crispy Top Layer for proteins and fast cooking

Crispy Bottom Layer for veggies and starches

Smart Finish™

Cook 2 foods, 2 different ways and have them finish at the same time.



Step 1

Select function

- Place food in basket.
- Select Zone 1.
- Turn the dial to select a cook function (e.g., AIR FRY).

AIR FRY	ROAST
AIR BROIL	REHEAT
O	O
BAKE	DEHYDRATE
O	O

Step 2

Set temp & time

- · Select the TEMP button and turn the dial to set the temperature.
- Select the TIME button and turn the dial to set the cook time.



Step 3

Program Zone 2

- Select Zone 2.
- Place food in basket.
- · Turn the dial to select a cook function and repeat Step 2.





Step 4

Begin cooking

- Select SMART FINISH.
- Press the START/PAUSE button to begin cooking.
- · The zone with the shorter cook time will display HOLD until it's time to start cooking.



NOTE: If you DO NOT select Smart Finish, foods WILL NOT FINISH cooking at the same time.

Match Cook™

Sync your cook settings across both baskets to use the full 10-qt cooking capacity at once. Perfect for meal prep or to feed a crowd.



Step 1

Select function

- Place food in basket.
- Select Zone 1..
- Turn the dial to select a cook function (e.g., AIR FRY).

AIR FRY	ROAST
AIR BROIL	REHEAT
O	O
BAKE	DEHYDRATE
O	O

Step 2

Set temp & time

- Select the TEMP button and turn the dial to set the temperature.
- Select the TIME button and turn the dial to set the cook time.



Step 3

Begin cooking

- Select MATCH COOK. Unit will automatically set Zone 2 to match Zone 1.
- Press the START/PAUSE button to begin cooking.



Pausing cook time

Step 1

Select zone

- Select the zone you want to pause (e.g., Zone 1).
- Press the START/PAUSE button to pause cooking.



2

NOTE: In SMART FINISH mode, we recommend pressing the START/PAUSE button to pause both zones. Pausing only one zone will impact a synchronized finish time.

Step 2

Resume cooking

• To resume cooking, press the START/PAUSE button.



NOTE: After the cook cycle has completed, the unit will beep and display "COOL" for 60 seconds. During the cooling cycle, you are free to remove your food.

Ending cook time

Step 1

Select zone

 Select the zone you want to stop cooking in (e.g., Zone 1).



2

Step 2

Adjust time

- Select the TIME button and turn the dial to bring time down to zero.
- After 3 seconds, END will appear on the display.
 Cooking will continue in the other zone.



Adding additional cook time

- · Select the zone you want to add time to.
- Select the TIME button and use the up arrow to add more time.
- After 3 seconds, the new time will be set.

TO COOK 4 FOODS AT ONCE



Crisper plates

Insert these at the bottom of each basket to help the rapid hot air surround your food and cook it to perfection.



Inserting crisper plates

Insert the crisper plates with feet facing down.

Make sure to install the plates every time, no
matter how many layers you're cooking.

Lower position (bottom of basket):

Allows air to surround food for even cooking and crisping. For proper placement, make sure the cutouts are aligned on the right and left sides of the basket.

Upper position (elevated in basket):

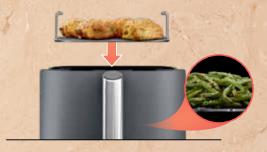
For better browning and broiling results, we suggest using the upper position. Place the crisper plate in the basket with the cutouts facing the back of the basket.

NOTE: For best results when cooking a protein in a single zone, place the crisper plate in the upper position.



Stacked Meal Racks

2 racks, one for each basket. Insert them for multi-layer cooking or leave them out for single-layer cooking.



Inserting Stacked Meal Racks

After inserting the crisper plates, gently place racks inside with the handles facing up. They should fit snuggly into the side notches in the baskets.

NOTE: For best results, **ONLY** use the racks when using **DOUBLE STACK PRO** in conjunction with the provided meal chart or recipes.

TIP: For easier cleanup, spray Stacked Meal Racks with nonstick cooking spray prior to use.



TIP: The Stacked Meal Racks will be hot after cooking. Use oven mitts or silicone-tipped tongs to remove them from the baskets.

DoubleStack[™]

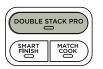
Cook 4 foods at once in 2 independent air fry baskets for crispy meals and snacks.



Step 1

Select DOUBLE STACK PRO

- · Place bottom laver of food in basket.
- Insert the Stacked Meal Rack and place the top layer of food on top. (Repeat with second basket if making two meals).
- Select DOUBLE STACK PRO*



NOTE: Use DOUBLE STACK PRO ONLY in conjunction with the "Rack. Stack. Repeat." meal builder on pages 16 and 17 or Stacked Meal recipes.

Step 2

Set temp & time

- Select Zone 1 or 2.
- The cook temperature defaults to 450°F. If desired or instructed by recipe, select the TEMP button and use the arrows to change the temperature.
- · Select the TIME button and use the arrows to set the cook time.



Step 3

Program Zone 2

· Repeat step 2 if making two meals.

Step 4

Begin cooking

- Press the START/PAUSE button to begin cooking.
- The zone with the shorter cook time will display HOLD.



*For DOUBLE STACK PRO, SMART FINISH, or MATCH COOK functionality, select SMART FINISH or MATCH COOK prior to starting cooking.

TIP: The Stacked Meal Racks will be hot after cooking. Use oven mitts or silicone-tipped tongs to remove them from the baskets.

Rack. Stack. Repeat.

Create 2 full meals, each with a crispy bottom layer and extra-crispy top layer.*

*IF YOU WANT TO COOK A SINGLE MEAL IN A SINGLE ZONE, REDUCE COOK TIME BY 40-50%.

Extra Crispy Top Layer for proteins and fast cooking

Crispy Bottom Layer



Crispy Top Layer 1 box frozen chicken tenders











4 boneless pork chops



4 pork or chicken

Mix and match your favorite proteins, sides, and vegetables.



Select DOUBLE STACK PRO

Unit will default to AIR FRY and 450°F.



Then simply use the chart on the right to set the cook time.

FOOD TYPE	TIME	
Chicken	35-40 mins	
Pork	30-35 mins	
Beef	25-30 mins	
Seafood	25-30 mins	
Frozen breaded chicken	35-45 mins	

NOTE: If using only one zone to cook one layered meal, reduce recommended cook time by 40-50%. Keep an eye on food while cooking for desired results.



Looking for more? Scan the QR code for additional accessories, tips, and tricks.







Baby potatoes







NOTE: For optimal results, we recommend not combining fresh and frozen ingredients in the same basket, and flipping proteins half way through cooking for even browning.

TIP: To cook 2 veggies at once, place one on a crisper plate and the other on a rack. For heartier veggies (e.g., potatoes, broccoli, cauliflower, Brussels sprouts), set time to 45-50 mins. For more delicate ones (e.g., green beans, asparagus), set time to 35-40 mins. If cooking both hearty and delicate veggies, add delicate one to rack after 10 mins of cooking.

16

Air Fry Cooking Chart

NOTE: Don't see the food you're looking for in the charts below? Find a similar food, and decrease cook time by 25%. For frozen foods, decrease the cook time on the packaging by 25%. For best results, check on food often, increasing cook time if necessary.

TIP: If cooking smaller amounts of food, use the recommended temperature, but reduce the time. For best results, check food periodically and shake or toss it often until it reaches the desired doneness.





To pause both zones while using 2 zones, press START/PAUSE button.

To pause an individual zone while both zones are cooking, press the zone you would like to pause, then press START/PAUSE button.

For best results,

shake or toss

often.

To resume cooking, press START/PAUSE button.

Use these cook times as a guide, adjusting to your preference.

Shake your food.

We recommend shaking food at least 3 times during cooking for best results.



OR

Toss with silicone-tipped tongs.



one zone and not using the other zone	Smart Finish™ or 2. Match Cook™.
°F 10-15 mins	25-30 mins
°F 35-40 mins	40-45 mins
°F 20-25 mins	35-40 mins
°F 20-25 mins	40-45 mins
°F 30–35 mins	60-65 mins
°F 30-35 mins	55-60 mins
°F 40-45 mins	1 hr- 1 hr 5 mins
°F 15-20 mins	20-25 mins
°F 20-25 mins	45-50 mins
°F 5-10 mins	15-20 mins
°F 15-20 mins	30-35 mins
°F 15-20 mins	20-25 mins
°F 20-25 mins	30-35 mins
°F 55 mins–1 hr	1 hr 20 mins- 1 hr 25 mins
°F 35-40 mins	55-60 mins
°F 40-45 mins	1 hr 45 mins- 1 hr 50 mins
1 hr 5 mins- 1 hr 10 mins	1 hr 25 mins- 1 hr 30 mins
°F 50-55 mins	50-55 mins
°F 25-30 mins	50-55 mins
°F 35-40 mins	45-50 mins
°F 20-25 mins	35-40 mins
	30-35 mins 30-35 mins 30-35 mins 30-35 mins 30-7F

Air Fry Cooking Chart, Continued

NOTE: Don't see the food you're looking for in the charts below? Find a similar food, and decrease cook time by 25%. For frozen foods, decrease the cook time on the packaging by 25%. For best results, check on food often, increasing cook time if necessary.

TIP: If cooking smaller amounts of food, use the recommended temperature, but reduce the time. For best results, check food periodically and shake or toss it often until it reaches the desired doneness.





ZONE when cooking in when cooking in both zones using Smart Finish™ or Match Cook™. To pause both zones while using 2 zones, press START/PAUSE button.

For best results.

shake or toss

often.

To pause an individual zone while both zones are cooking, press the zone you would like to pause, then press START/PAUSE button.

To resume cooking, press START/PAUSE button.

Use these cook times as a guide, adjusting to your preference.

Shake your food.

We recommend shaking food at least 3 times during cooking for best results.



OR

Toss with silicone-tipped tongs.



one zone and not Brushed with oil AMOUNT PER ZONE PREPARATION TOSS IN OIL CRISPER PLATE POSITION* TEMP Match Cook™. using the other zone *SEE PAGE 12 FOR CRISPER **POULTRY** PLATE POSITION SETUP. 2 breasts $(\frac{3}{4}-1\frac{1}{2}$ lbs each) 390°F 25-30 mins Bone in Brushed with oil Upper 35-40 mins Chicken breasts 4 breasts ($\frac{1}{2}$ - $\frac{3}{4}$ lb each) Upper **Boneless** Brushed with oil 390°F 25-30 mins 35-40 mins 1 hr 5 mins-Whole chicken 4-5 lbs Whole Brushed with oil Lower 350°F 45-50 mins 1 hr 10 mins 4 thighs (6-10 oz each) Bone in Brushed with oil Upper 390°F 25-30 mins 50-60 mins Chicken thighs 4 thighs (4-8 oz each) Boneless Brushed with oil Upper 390°F 15-20 mins 25-30 mins Chicken wings Drumettes & flats 1 Tbsp 390°F 35-40 mins 55 mins-1 hr 2 lbs Lower 1 hr 5 mins-3 lbs Drumettes & flats 1 Tbsp Lower 390°F 45-50 mins 1 hr 15 mins 1 hr 15 mins-50-55 mins 4 lbs Drumettes & flats 1 Tbsp Lower 390°F 1 hr 20 mins **FISH & SEAFOOD** 390°F 10-15 mins Crab cakes 4 cakes (6-8 oz each) None Brushed with oil Lower 15-20 mins 15-20 mins Lobster tails 4 tails (3-4 oz each) Whole 390°F 5-10 mins None Lower Salmon fillets 400°F 10-15 mins 15-20 mins 2 fillets (4 oz each) None Brushed with oil Upper 3 fillets (4 oz each) None Brushed with oil Upper 400°F 10-15 mins 15-20 mins 4 fillets (4 oz each) None Brushed with oil Upper 400°F 10-15 mins 15-20 mins Shrimp, jumbo 2 lbs Whole, peeled, tails on 1 Tbsp Lower 390°F 15-20 mins 30-35 mins (Frozen) BEEF 2 quarter-pound patties, ½ inch thick Brushed with oil Upper 390°F 10-15 mins 15-20 mins Burgers 80% lean Steaks 2 steaks (8 oz each) Whole Brushed with oil Upper 390°F 15-20 mins 25-30 mins PORK Bacon 4 strips, cut in half None None Lower 350°F 10-15 mins 15-20 mins 2 thick-cut, bone-in chops Pork chops Bone-in Brushed with oil Upper 390°F 15-20 mins 25-30 mins (10-12 oz each) 4 boneless chops Boneless Brushed with oil Upper 390°F 20-25 mins 30-35 mins (6 oz each) Pork tenderloins 2 lbs None Brushed with oil Lower 375°F 30-35 mins 35-40 mins Sausages 5 sausages None None Upper 390°F 10-15 mins 20-25 mins

Air Fry Cooking Chart, Continued

None

NOTE: Don't see the food you're looking for in the charts below? Find a similar food, and decrease cook time by 25%. For frozen foods, decrease the cook time on the packaging by 25%. For best results, check on food often, increasing cook time if necessary.

TIP: If cooking smaller amounts of food, use the recommended temperature, but reduce the time. For best results, check food periodically and shake or toss it often until it reaches the desired doneness.

Lower

375°F





SINGLE ZONE when cooking in

15-20 mins

When cooking in both zones using Smart Finish™ or Match Cook™.

25-30 mins

To pause both zones while using 2 zones, press START/PAUSE button.

For best results.

shake or toss

often.

To pause an individual zone while both zones are cooking, press the zone you would like to pause, then press START/PAUSE button.

To resume cooking, press START/PAUSE button.

Use these cook times as a guide, adjusting to your preference.

Shake your food.

We recommend shaking food at least 3 times during cooking for best results.



OR

Toss with silicone-tipped tongs.



one zone and not INGREDIENT AMOUNT PER ZONE **PREPARATION** TOSS IN OIL **CRISPER PLATE POSITION* TEMP** using the other zone. *SEE PAGE 12 FOR CRISPER PLATE POSITION SETUP. **FROZEN FOODS** Chicken cutlets/ 3 cutlets/patties None None Lower 400°F 10-15 mins 30-35 mins patties Chicken nuggets 2 boxes (12 oz each) None None Lower 390°F 15-20 mins 30-35 mins Fish fillets 1 box (6 fillets) None None Lower 390°F 15-20 mins 20-25 mins (breaded) Fish sticks 390°F 15-20 mins 20-25 mins 24 each None None Lower 35-40 mins French fries 1lb None Lower 400°F 20-25 mins None 1 hr-2 lbs None Lower 400°F 30-35 mins None 1 hr 5 mins 1 hr 30 mins-3 lbs None None Lower 400°F 50-55 mins 1 hr 35 mins Mozzarella sticks 2 boxes (11 oz each) 375°F 10-15 mins 20-25 mins None None Lower 2 bags (10.5 oz each) 400°F 10-15 mins 20-25 mins Pot stickers None 1 Tbsp Lower Pizza rolls 60 count bag None None Lower 390°F 15-20 mins 25-30 mins Popcorn Shrimp 2 boxes (14-16 oz) None None Lower 390°F 15-20 mins 20-25 mins 30-35 mins Sweet potato fries 2 lbs None None Lower 375°F 55 mins-1 hr Tater tots 2 lbs None None Lower 375°F 25-30 mins 35-40 mins

None

Onion rings

1lb



3







Caprese Chicken Breast with Garlic Green Beans & Chicken Tenders with French Fries

Prep: 10 minutes | Cook: 45 minutes | Makes: 2 servings of each meal

Kickstarter

Beginner Recipe ●○○



2 Crisper Plates

Ingredients | Zone 1: Meal 1

On Crisper Plate

1 pound green beans, trimmed 1 tablespoon garlic, minced 1 tablespoon olive oil Kosher salt, as desired Ground black pepper, as desired

On Rack

2 boneless, skinless chicken breasts (6-8 ounces each) 1 tablespoon olive oil Kosher salt, as desired Ground black pepper, as desired 1 teaspoon garlic powder

1 teaspoon Italian seasoning 4 slices fresh mozzarella, ¼ inch thick 4 slices tomato, ¼ inch thick Balsamic glaze, as desired 4 leaves basil, torn

Ingredients | Zone 2: Meal 2

On Crisper Plate

1 pound frozen shoestring French fries

On Rack

1 box (12 ounces) frozen breaded chicken tenders

- 1 Insert a crisper plate in the bottom of each basket.
- 2 In a large bowl, add green beans, olive oil, minced garlic, salt, and pepper and toss until combined. Add green beans to the bottom of one basket, then place one Stacked Meal Rack in the basket over the beans.
- **3** Coat the chicken breasts with olive oil and then season with salt, pepper, garlic powder, and Italian seasoning. Place chicken breasts on top of the rack and insert basket in Zone 1
- **4** Add the frozen fries to the bottom of the other basket, then place the other Stacked Meal Rack in the basket over the fries. Place frozen chicken tenders on the rack and insert basket in Zone 2.
- 5 Select **DOUBLE STACK PRO** (unit will default to **AIR FRY** function and 450°F temperature), then set Zone 1 time to 40 minutes. Select Zone 2, set time to 45 minutes, select **SMART FINISH**, then press START/PAUSE to begin cooking (Zone 1 will read HOLD until it's time to start cooking).

- **6** When the time reaches 10 minutes, remove Zone 2 basket. Flip chicken tenders with tongs and shake the basket in a back-and-forth motion to toss fries. Reinsert basket to continue cooking.
- 7 When cooking is complete, remove both baskets from the unit. Place 2 slices of mozzarella and 2 slices of tomato on each chicken breast, then reinsert basket in Zone 1. Select Zone 1, then use the dial to select AIR BROIL, set temperature to 450°F, and set time to 3 minutes. Press START/PAUSE to melt cheese.
- 8 Use an instant-read thermometer to ensure internal temperature of the chicken breasts and tenders has reached at least 165°F. Use tongs to remove chicken breasts and tenders and place on plates. To remove racks, use tongs to grab the center of them, or wear oven mitts and lift the racks out using the handles on their sides. Remove the green beans and fries and add to the plates with chicken breasts and tenders.
- 9 Drizzle balsamic glaze over chicken breasts, garnish with torn basil, and serve hot with garlic green beans. Serve chicken tenders with fries and desired dipping sauces.



Maple French Toast Sticks with Candied Bacon

Prep: 5 minutes | Cook: 18 minutes | Makes: 2-4 servings

Kickstarter

Beginner Recipe ●○○



2 Crisper Plate

Ingredients

Nonstick cooking spray 1 large egg ½ cup whole milk

1/4 teaspoon ground cinnamon

2 teaspoons maple syrup, plus additional for serving 10 bread pieces (preferably brioche, challah, or French bread), approx. 1 inch x 3 inches

4 thick-cut bacon strips, cut in half 3 tablespoons light brown sugar ½ teaspoon ground black pepper

- 1 Insert a crisper plate in the bottom of each basket and spray generously with nonstick cooking spray.
- 2 In a large bowl, whisk together the egg, milk, cinnamon, and maple syrup until combined. Dip bread pieces in batter until saturated (about 15-20 seconds each).
- **3** Remove bread pieces from batter and place on the crisper plate in one basket in a single layer. Spray them with nonstick cooking spray, then insert basket in Zone 1.
- 4 In a medium bowl, toss the bacon strips with the brown sugar and black pepper until evenly coated. Place strips in an even layer on the crisper plate in the other basket and insert basket in Zone 2.
- 5 Select Zone 1, then use the dial to select AIR FRY, set temperature to 350°F, and set time to 18 minutes. Select Zone 2, then use the dial to select AIR FRY, set temperature to 390°F, and set time to 15 minutes. Select SMART FINISH, then press START/PAUSE to begin cooking (Zone 2 will read HOLD until it's time to start cooking).
- **6** When the time reaches 7 minutes, remove baskets one at a time, then flip and rotate the French toast sticks and bacon. Reinsert baskets to continue cooking.
- 7 When cooking is complete, serve French toast sticks with maple syrup and candied bacon.









Barbecue Pork Tenderloin with Herbed Potatoes & Biscuits

Prep: 10 minutes | Cook: 40 minutes | Makes: 4 servings



Whole Roasted Chicken with Baby Potatoes & Honey-Roasted Brussels Sprouts

Prep: 15 minutes | Cook: 1 hour 25 minutes | Makes: 4 servings



Ingredients

2 cups baby potatoes, cut in half
2 tablespoons canola oil, divided
2 teaspoons garlic powder, divided
2 teaspoons onion powder, divided
1 teaspoon dried parsley
1 pork tenderloin (1 ½-2 pounds), cut in half widthwise
Kosher salt, as desired
Ground black pepper, as desired
½ tube (4 biscuits) refrigerated
biscuit dough (from a
16.3-ounce tube)

1/4 cup barbecue sauce

Directions

- Insert a crisper plate in the bottom of each basket.
- 2 In a medium bowl, toss baby potatoes with 1 tablespoon oil, 1 teaspoon garlic powder, 1 teaspoon onion powder, parsley, salt, and pepper. Add potatoes to the bottom of one basket, then place one Stacked Meal Rack in the basket over the potatoes.
- **3** Coat the pork tenderloin in remaining oil and generously season with salt, pepper, and remaining garlic and onion powder. Place on top of the Stacked Meal Rack and insert basket in Zone 1.
- **4** Place the 4 biscuits in the other basket, then insert basket in Zone 2.
- 5 Select **DOUBLE STACK PRO** (unit will default to **AIR FRY**). Select Zone 1, set temperature to 375°F, and set time to 40 minutes. Select Zone 2, then use the dial to select **BAKE**, set temperature to 325°F, and set time to 15 minutes. Select **SMART FINISH**, then press START/PAUSE to begin cooking (Zone 2 will read HOLD until it's time to start cooking).
- **6** When the time reaches 5 minutes, remove Zone 1 basket and brush pork with barbecue sauce. Reinsert basket to continue cooking.
- 7 When cooking is complete, use an instant-read thermometer to ensure internal temperature of the pork has reached at least 145°F.

 Remove pork from the rack and allow to rest for 5 minutes. To remove rack, use tongs to grab the center of it, or wear oven mitts and lift the rack out using the handles on its sides. Slice the pork tenderloin and serve warm with potatoes and biscuits.

Ingredients 1 whole chicken

1 whole chicken (4-5 pounds), giblets removed, trussed

4 tablespoons canola oil, divided

1 tablespoon poultry seasoning

Kosher salt, as desired

Ground black pepper, as desired

3 cups Brussels sprouts, trimmed, cut in half

2 tablespoons honey

1 teaspoon garlic powder

2 cups baby potatoes, cut in half

Directions

- 1 Insert a crisper plate in the bottom of each basket.
- 2 Evenly coat the whole chicken with 2 tablespoons oil, then liberally season with poultry seasoning, salt, and pepper. Place chicken in one of the baskets, then insert basket in Zone 1.
- 3 In a large bowl, toss the Brussels sprouts with 1 tablespoon oil, honey, garlic powder, salt, and pepper. Add Brussels sprouts to the other basket, then place one Stacked Meal Rack in the basket over the Brussels sprouts.
- **4** In a medium bowl, toss the baby potatoes with remaining 1 tablespoon oil, salt, and pepper and place on the rack. Insert basket in Zone 2.
- 5 Select **DOUBLE STACK PRO**. Select Zone 1, then use the dial to select **ROAST**, set temperature to 360°F, and set time to 1 hour 25 minutes. Select Zone 2, then use the dial to select **AIR FRY**, set temperature to 450°F, and set time to 45 minutes. Select **SMART FINISH**, then press START/PAUSE to begin cooking (Zone 2 will read HOLD until it's time to start cooking).
- **6** When the time reaches 15 minutes, remove Zone 2 basket and shake in a back-and-forth motion to toss Brussels sprouts and potatoes. Reinsert basket to continue cooking.
- 7 When cooking is complete, use an instant-read thermometer to ensure internal temperature of chicken is at least 165°F. Allow chicken to rest for 5 minutes before slicing and serving. Remove baby potatoes from the rack. To remove rack, use tongs to grab the center of it, or wear oven mitts and lift the rack out using the handles on its sides. Serve chicken with baby potatoes and Brussels sprouts.

TIP: Swap in gluten-free biscuits if desired.

Shrimp Fajitas & Beef Taquitos with Cotija Corn

Prep: 15 minutes | Cook: 25 minutes | Makes: 4-5 servings

Stacked Meal Intermediate Recipe • • •

Ingredients

1 red bell pepper, seeded, cut in ½-inch strips

1 green bell pepper, seeded, cut in ½-inch strips

1 medium yellow onion, trimmed, peeled, cut in thin slices

2 tablespoons olive oil

Kosher salt, as desired

Ground black pepper, as desired

3 ears of corn, shucked, broken in half

10 taco tortillas (corn or flour, 5-inch diameter), divided

Directions

- 1 Insert a crisper plate in the bottom of each basket.
- 2 In a medium bowl, toss the peppers and onions with 1 tablespoon oil, salt, and pepper. Add to the bottom of the other basket and place the basket in Zone 1.
- Wrap each corn half in aluminum foil and place in the bottom of the other basket. Place one Stacked Meal Rack in the basket over the corn.
- 4 In a medium bowl, combine ground beef, 1 packet of taco seasoning, and shredded Mexican cheese blend. Divide amongst 6 tortillas in portions the length of the tortillas, then roll the tortillas up and around the meat filling to create the taquitos. Secure each with a wooden toothpick, then spray the taquitos with nonstick cooking spray. Place the taquitos on the rack over the corn. Insert basket in Zone 2.
- 5 Select **DOUBLE STACK PRO** (unit will default to **AIR FRY** function and 450°F temperature), then set Zone 1 time to 25 minutes. Select **MATCH COOK**, and then press START/PAUSE to begin cooking (unit will automatically set Zone 2 to match Zone 1).

8 ounces ground beef

2 packets (1 ounce each) taco seasoning

Nonstick cooking spray

1 cup shredded Mexican cheese blend

2 tablespoons mayonnaise

1 tablespoon sour cream

1 teaspoon chili powder

1 pound frozen raw jumbo shrimp, peeled, deveined, tails off

1/4 cup Cotija cheese

1/4 cup fresh cilantro, chopped

- **6** While food is cooking, in a small bowl, combine the mayonnaise, sour cream, and chili powder, then set aside.
- 7 In a medium bowl, toss the frozen shrimp with the remaining 1 tablespoon oil and the other packet of taco seasoning.
- **8** When the time reaches 15 minutes, remove Zone 1 basket, place the other Stacked Meal Rack in basket over the peppers and onions, and place shrimp on the rack. Reinsert basket to continue cooking.
- 9 When cooking is complete, use an instant-read thermometer to ensure internal temperature of taquitos reaches at least 165°F. Remove shrimp and taquitos from the racks and set aside. To remove racks, use tongs to grab the center of them, or wear oven mitts and lift the racks out using the handles on their sides. Remove foil from corn, brush corn with mayonnaise mixture, then evenly sprinkle with Cotija cheese and cilantro. Fill the remaining 4 tortillas with shrimp, peppers, and onions. Serve the fajitas and taquitos with the Cotija corn.





Teriyaki Tofu & Teriyaki Chicken Stir-Fry with Broccoli & Peppers

Prep: 10 minutes | Marinate: 1 hour | Cook: 35 minutes

Makes: 4-6 servings

Stacked Meal Beginner Recipe • 0 0 2 Crisper Plates 2 Stacked Meal Racks

Ingredients

1 package (16 ounces) extra-firm tofu, cut in 1-inch cubes

1 pound boneless, skinless chicken breasts, cut in 1-inch pieces

1½ cups prepared teriyaki sauce, divided, plus additional for serving

1 red bell pepper, seeded, cut in ½-inch pieces

1 yellow bell pepper, seeded, cut in ½-inch pieces

4 cups broccoli, cut in 1-2-inch florets

2 tablespoons canola oil

Kosher salt, as desired

Ground black pepper, as desired

2 packages (8.5 ounces each) microwavable white rice, prepared

Sesame seeds, for serving

Sliced green onions, for serving

Directions

- Insert a crisper plate in the bottom of each basket.
- 2 Place tofu in one quart-sized resealable plastic bag and chicken in another. Add ½ cup teriyaki sauce to each bag, seal, and place in a refrigerator for at least 1 hour to marinate.
- **3** In a large bowl, add the vegetables, oil, salt, pepper, and remaining teriyaki sauce. Mix to combine, divide evenly between both baskets, and place a Stacked Meal Rack in each basket over the vegetables. Place the tofu on one rack and insert basket in Zone 1. Place the chicken on the other rack and insert the basket in Zone 2.
- 4 Select **DOUBLE STACK PRO** (unit will default to **AIR FRY** and 450°F). Select Zone 1, set Zone 1 time to 35 minutes. Select **MATCH COOK**, and then press START/PAUSE to begin cooking (unit will automatically set Zone 2 to match Zone 1).
- 5 When the time reaches 10 minutes, remove baskets one at a time and shake them in a back-and-forth motion to toss proteins and vegetables. Reinsert baskets to continue cooking.
- 6 When cooking is complete, remove the tofu and chicken from the racks and set aside. To remove racks, use tongs to grab the center of them, or wear oven mitts and lift the racks out using the handles on their sides. Add the tofu to the vegetables in the Zone 1 basket and the chicken to the vegetables in the Zone 2 basket. Serve warm with prepared white rice. Garnish with additional teriyaki sauce, sesame seeds, and sliced green onions.

Classic Meatloaf with Crispy Smashed Potatoes

Prep: 15 minutes | Cook: 45 minutes | Makes: 4-6 servings



Ingredients

1 pound ground beef

 $\frac{1}{2}$ cup seasoned bread crumbs

2 tablespoons whole milk

1 large egg

1 tablespoon fresh parsley, chopped

1 small yellow onion, peeled, finely chopped (about ½ cup)

Kosher salt, as desired

Ground black pepper, as desired

2 tablespoons ketchup

1 tablespoon olive oil

1 bag (24 ounces) baby potatoes

½ teaspoon onion powder

Directions

- Insert a crisper plate in the bottom of each basket.
- 2 In a large bowl, add the ground beef, bread crumbs, milk, egg, parsley, onion, salt, pepper, and ketchup. Mix with a large spoon or your hands until evenly combined. Shape into a rectangular loaf (about 7" x 4") and place in one of the baskets. Insert basket in Zone 1.
- 3 In a medium bowl, toss the baby potatoes with oil, salt, pepper, and onion powder. Add the potatoes to the bottom of the other basket, then insert basket in Zone 2.
- 4 Select Zone 1, then use the dial to select AIR FRY, set temperature to 400°F, and set time to 35 minutes. Select Zone 2, then use the dial to select ROAST, set temperature to 400°F, and set time to 45 minutes. Select SMART FINISH, then press START/PAUSE to begin cooking (Zone 1 will read HOLD until it's time to start cooking).
- 5 When the time reaches 15 minutes, remove Zone 2 basket. Transfer baby potatoes to a cutting board, then use the bottom of a cup or drinking glass to gently smash each potato to break the skin and lightly flatten. Place potatoes back in the basket, then reinsert basket to continue cooking.
- **6** When cooking is complete, use an instant-read thermometer to ensure internal temperature of meatloaf reaches at least 165°F. Serve meatloaf hot with crispy smashed potatoes.

Roasted Salmon with Parmesan Asparagus

Prep: 10 minutes | Cook: 30 minutes | Makes: 4 servings



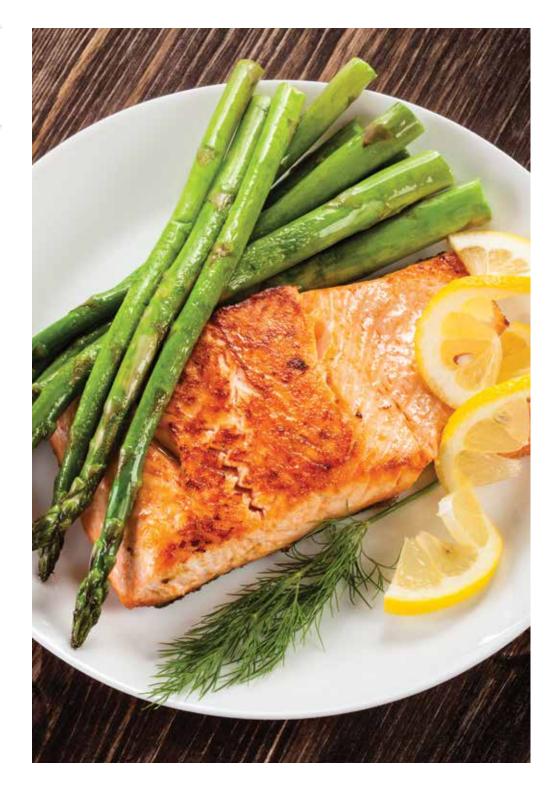
Ingredients

2 tablespoons Montreal Seasoning 3 tablespoons light brown sugar 4 frozen salmon fillets (6 ounces each) 2 tablespoons canola oil, divided 2 pounds asparagus, ends trimmed Kosher salt, as desired Ground black pepper, as desired 1/4 cup shredded Parmesan cheese, divided

Directions

- 1 In one basket, insert a crisper plate in the upper position. In the other basket, insert a crisper plate in the bottom of the basket.
- 2 In a small bowl, combine Montreal seasoning and brown sugar. Evenly coat the salmon fillets with 1 tablespoon oil and the prepared seasoning, then place fillets skin side down in the basket with the crisper plate in the upper position. Insert basket in Zone 1.
- 3 In a large bowl, toss asparagus with remaining 1 tablespoon oil, salt, and pepper, then place in other basket. Insert basket in Zone 2.
- 4 Select Zone 1, then use the dial to select ROAST, set temperature to 375°F, and set time to 30 minutes. Select Zone 2, then use the dial to select AIR FRY, set temperature to 390°F, and set time to 19 minutes. Select SMART FINISH, then press START/PAUSE to begin cooking (Zone 2 will read HOLD until it's time to start cooking).
- 5 When the time reaches 7 minutes, remove Zone 2 basket and shake in a back-andforth motion to toss asparagus. Sprinkle 2 tablespoons Parmesan cheese over the asparagus and toss lightly to combine. Reinsert basket to continue cooking.
- **6** When cooking is complete, transfer salmon and asparagus to a serving plate. Sprinkle the remaining 2 tablespoons Parmesan cheese over the asparagus and serve.

TIP: If you prefer fresh salmon fillets, use the same temperature, but reduce Zone 1 cook time to 20 minutes.



2 Wings, 2 Ways

Prep: 5 minutes | **Cook:** 1 hour | **Makes:** 6-8 servings



Ingredients

4 pounds fresh chicken wings 2 tablespoons canola oil Kosher salt, as desired Ground black pepper, as desired ½ cup prepared Buffalo sauce (or sauce of choosing)

1/3 cup prepared lemon garlic marinade (or marinade/sauce of choosing)

Directions

- 1 Insert a crisper plate in the bottom of each basket.
- 2 In a large bowl, toss together the chicken wings, oil, salt, and pepper. Divide the wings evenly between the 2 baskets, then insert baskets in unit.
- **3** Select Zone 1, then use the dial to select **AIR FRY**, set temperature to 390°F, and set time to 60 minutes. Select **MATCH COOK**, then press START/PAUSE to begin cooking (unit will automatically set Zone 2 to match Zone 1).
- **4** When the time reaches 25 minutes, remove baskets one at a time and shake them in a back-and-forth motion to toss wings. Reinsert baskets to continue cooking. Repeat this step when the time reaches 10 minutes, and again when the time reaches 5 minutes (use an external timer if needed).
- 5 When cooking is complete, ensure wings have reached your desired level of crispiness, and use an instant-read thermometer to ensure internal temperature of wings reaches at least 165°F. Place wings in 2 separate bowls and toss each in a different desired sauce, then serve while hot.

Cinnamon-Sugar Bites with Icing Dip

Prep: 5 minutes | Cook: 12 minutes | Makes: 4-6 servings



Ingredients

1 tube (12.4 ounces) refrigerated prepared cinnamon rolls with icing

1 tablespoon salted butter, melted

2 tablespoons granulated sugar ¼ teaspoon ground cinnamon

Directions

- Insert a crisper plate in the bottom of each basket.
- 2 On a clean cutting board, cut each individual cinnamon roll into 4 pieces. Divide the dough pieces evenly between the baskets, then insert baskets in unit.
- **3** Select Zone 1, then use the dial to select **AIR FRY**, set temperature to 350°F, and set time to 12 minutes. Select **MATCH COOK**, then press START/PAUSE to begin cooking (unit will automatically set Zone 2 to match Zone 1).
- **4** When the time reaches 5 minutes, remove baskets one at a time and shake them in a back-and-forth motion to toss dough pieces. Reinsert baskets to continue cooking.
- **5** In a small bowl, combine sugar and cinnamon and set aside.
- **6** When cooking is complete, add cinnamon roll pieces to a large bowl, drizzle them with melted butter, then toss with cinnamon sugar to coat. Serve cinnamon-sugar bites warm with icing for dipping.

Dehydrate Chart





SINGLE ZONE when cooking in one zone and not

when cooking in both zones using Smart Finish™ or Match Cook™.

INGREDIENTS	PREPARATION	TEMP	one zone and not Smart Finish™ or using the other zone. Match Cook™.
FRUITS & VEGETABLES			TIMES ARE THE SAME FOR BOTH ZoneS
Apples	Cored, cut in $^{1}/_{8}$ -inch slices, rinsed in lemon water, patted dry	135°F	7-8 hours
Asparagus	Cut in 1-inch pieces, blanched	135°F	6-8 hours
Bananas	Peeled, cut in ³ / ₈ -inch slices	135°F	8-10 hours
Beets	Peeled, cut in ¹ / ₈ -inch slices	135°F	6-8 hours
Eggplant	Peeled, cut in ¹ / ₄ -inch slices, blanched	135°F	6-8 hours
Fresh herbs	Rinsed, patted dry, stems removed	135°F	4 hours
Ginger root	Cut in ³ / ₈ -inch slices	135°F	6 hours
Mangoes	Peeled, cut in ³ /s-inch slices, pit removed	135°F	6-8 hours
Mushrooms	Cleaned with soft brush (do not wash)	135°F	6-8 hours
Pineapple	Peeled, cored, cut in ³ / ₈ -1/ ₂ -inch slices	135°F	6-8 hours
Strawberries	Cut in half or in ¹ / ₂ -inch slices	135°F	6-8 hours
Tomatoes	Cut in ³ / ₈ -inch slices or grated; steam if planning to rehydrate	135°F	6-8 hours
MEAT, POULTRY, FISH			
Beef jerky	Cut in 1/4-inch slices, marinated overnight	150°F	5-7 hours
Chicken jerky	Cut in ¹ / ₄ -inch slices, marinated overnight	150°F	5–7 hours
Turkey jerky	Cut in ¹ / ₄ -inch slices, marinated overnight	150°F	5–7 hours
Salmon jerky	Cut in 1/4-inch slices, marinated overnight	150°F	3–5 hours

NINJA Double Stack XI

2-BASKET AIR FRYER



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