

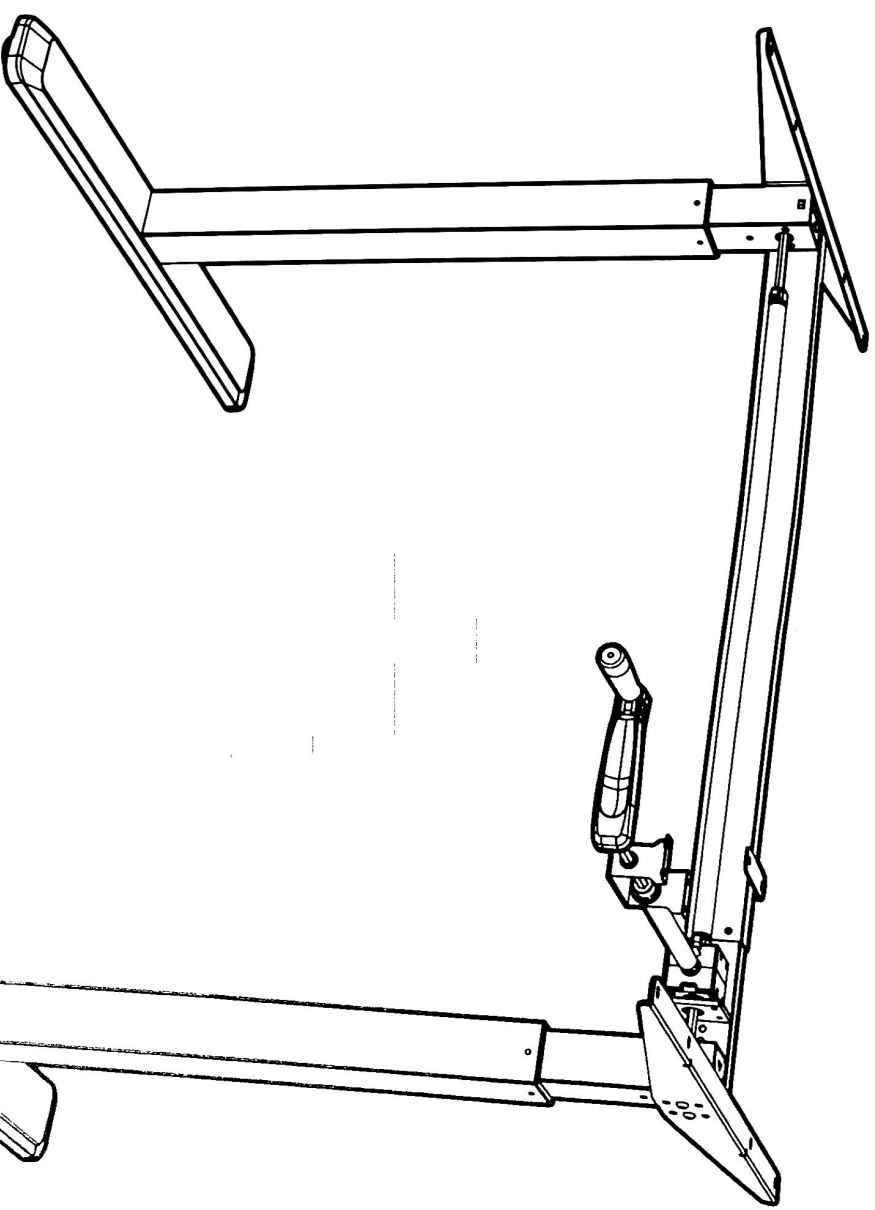


MANUAL

Height Adjustable Desk Frame

ASSEMBLY INSTRUCTIONS

Model: ABC258WT/ABC256BK/ABC256GR



I Preface

This manual height adjustable standing desk consists of a heavy-duty steel desk frame, and a manual height adjustment system. Please read and completely understand this manual before installation in order to make sure the safe and correct use of the system and maintain the longevity of the overall construction.

Instructions of Safety and Warnings:

- Any failure to comply with the safety and installation instructions in this manual may cause serious bodily injury.
- Any incomplete observation of the instructions, warnings and additional information marked with the **"Note"** and **"⚠"** may result in serious damage to the system or its components.
- This product can be used by children aged from 8 years and above if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
- Persons with reduced physical, mental abilities and or lack of experience and knowledge must not use the product, unless they're under supervision, understand the hazards involved or they have been thoroughly instructed in the use of the apparatus by a person who is responsible for the safety of these persons.
- Users should make sure that they never sit on the desktop in order to prevent serious bodily injury.



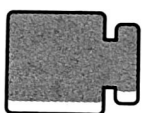
CAUTION

Other Safety Instructions:

- Clear up all obstacles within the height adjustment range.
- Don't leave the cords or plug unorganized in order to prevent tripping hazards.
- Any attempts to reconstruct the desk frame aren't allowed.
- Don't add anything to the adjustable junctions of the desk frame.
- Outdoor use is prohibited.

I Preparation

1 What are the specifications you need to know?



Weight Capacity
70kg (154lbs)

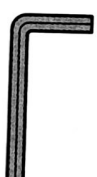


Operation Temperature
(-5°C~+40°C)

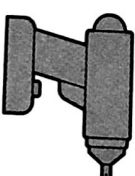
2 What are the tools you require while installation?



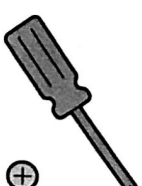
Bubble Level



Allen Wrench
(Included)

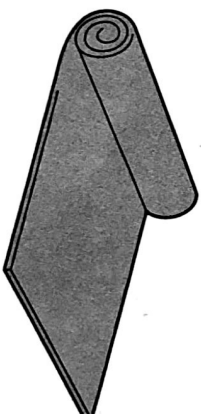


Drill



Phillips screwdriver

3 What's the thing you'd better have before installation?



A Shipping Blanket
to protect the desk
and the floor

4 Things you need to know before installation



Please check all of the components shown in the component checklist. If any of the components are missing or damaged, contact your point of purchase for a replacement.

Disposal: The product with this mark indicates that this product shouldn't be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the local recycle service or contact your point of purchase to withdraw the product.

Accessories and Installation



A (x1)
Crossbar



B (x1)
Sync Rod



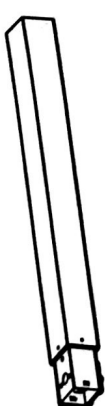
C (x2)
Side Bracket



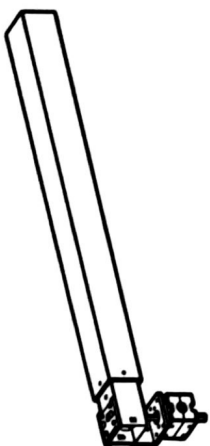
D (x2)
Foot



E (x1)
Drive Rod Module



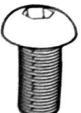
F (x1)
Lifting Column



G (x1)
Lifting Column

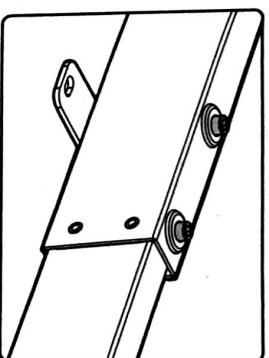
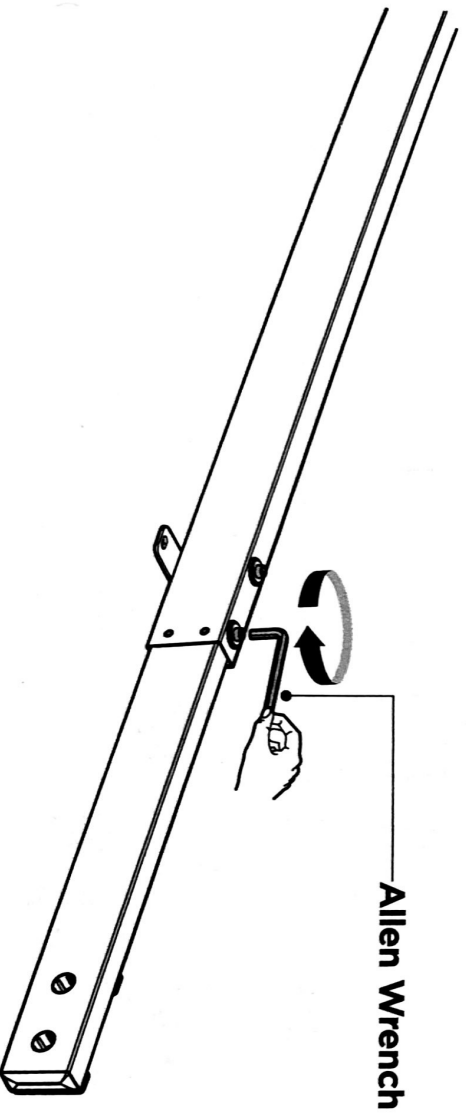
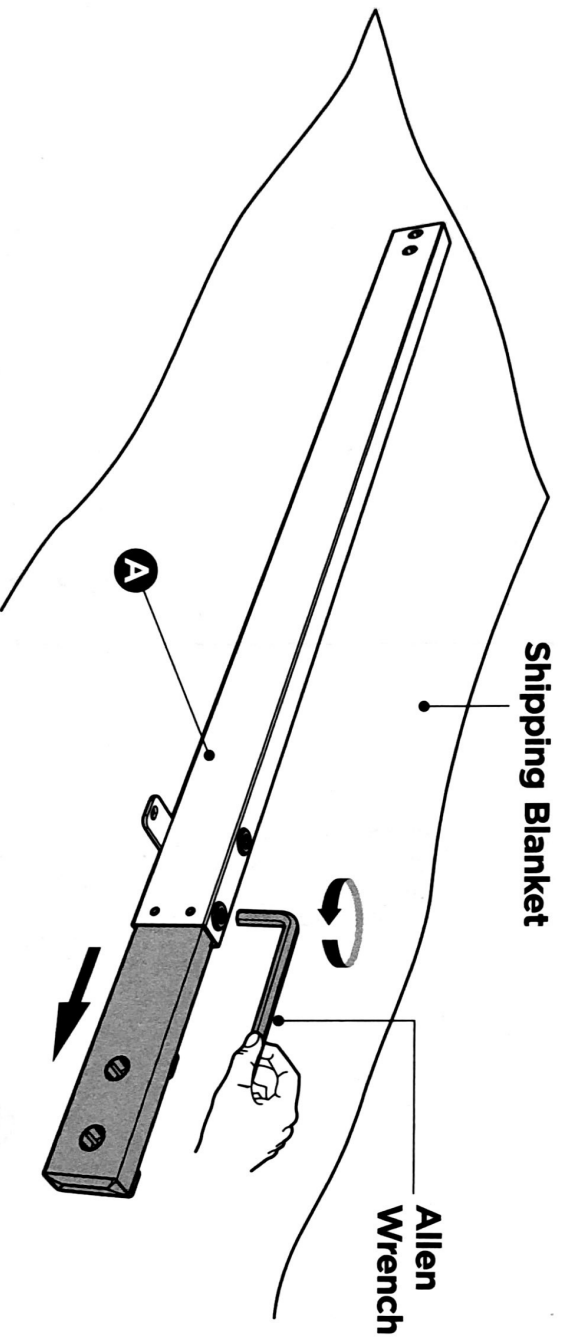


This page can be torn so that it's easier for you to match the components with the images.

S-A (x16) Hex Head Screw 	S-B (x4) Phillips Head Screw 	S-C (x10) Phillips Head Screw+ 1 Spacer 
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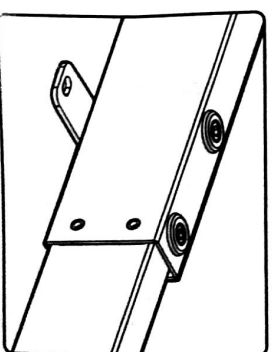
Now let's start the installation.

I Assembling the Frame



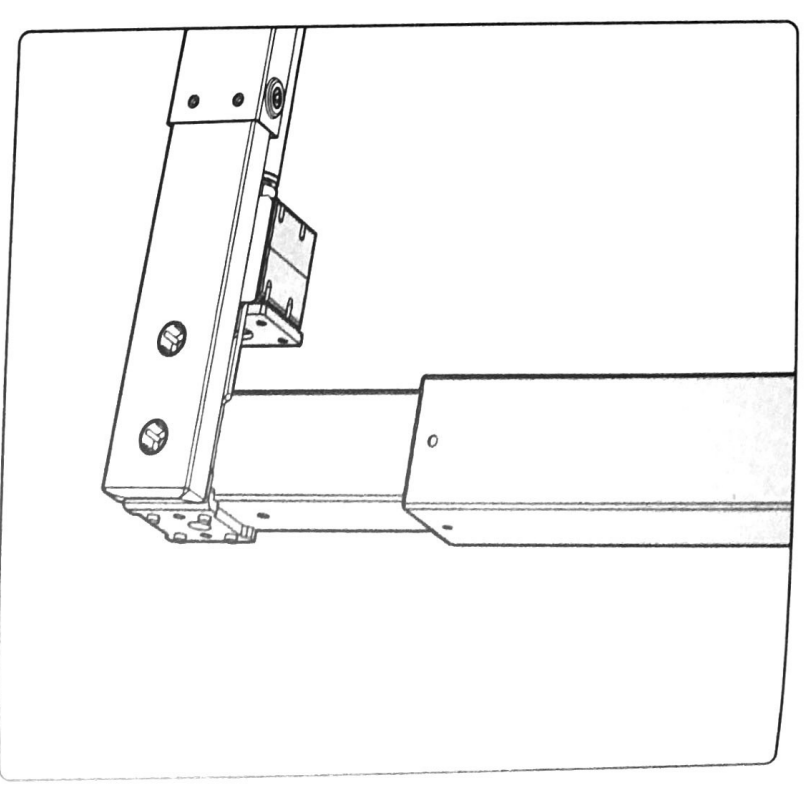
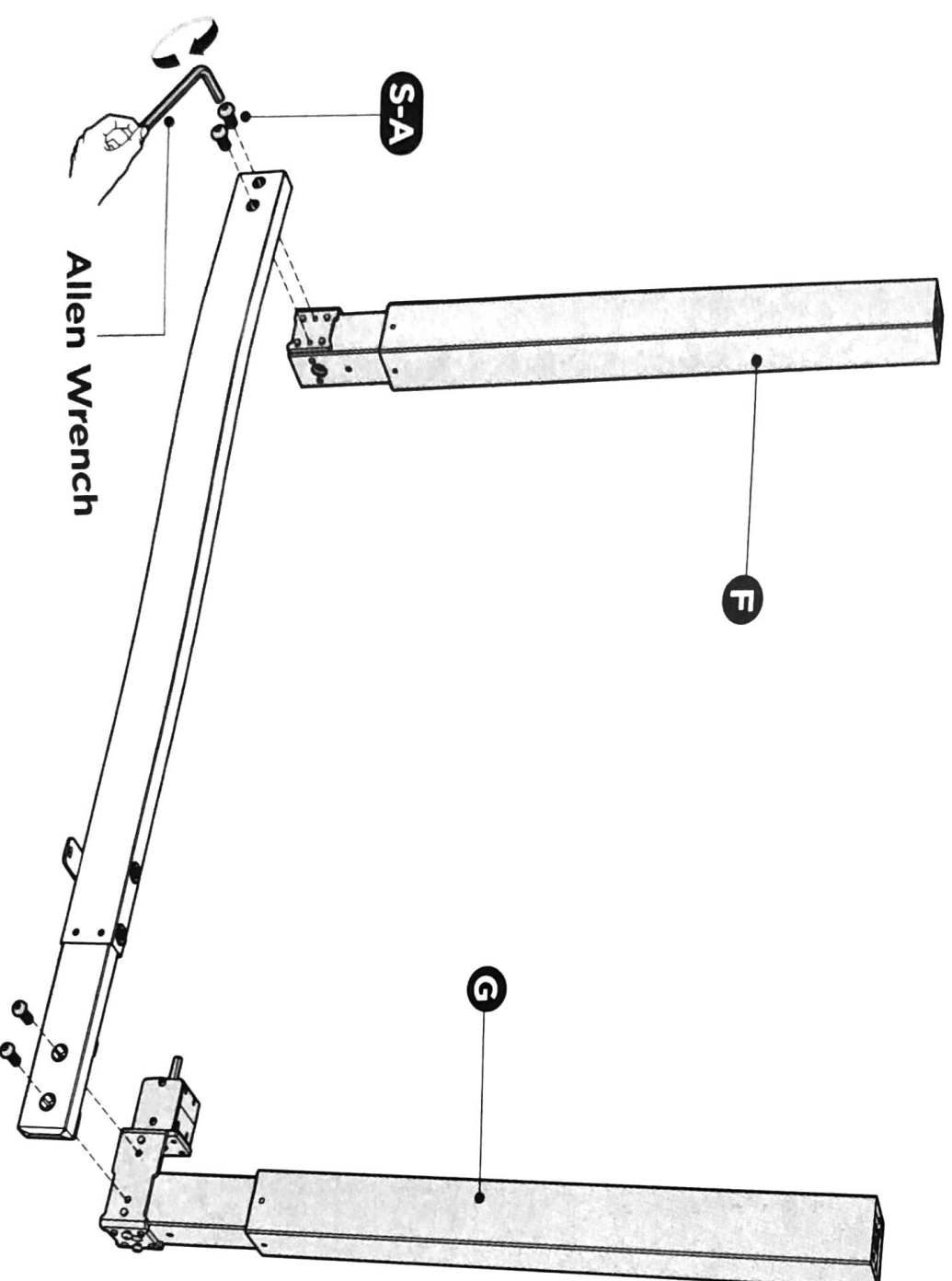
- Please prepare a spacious area for installation, and put a shipping blanket on the area to prevent scratches on the floor and the frame.
- Loosen the hex head screws that fix the adjustable junction, but don't completely take out the screws.

Note: The drawings of the crossbar are the **backside** of the components. Please make sure the crossbar keep facing down while installation, which is convenient for the further steps.



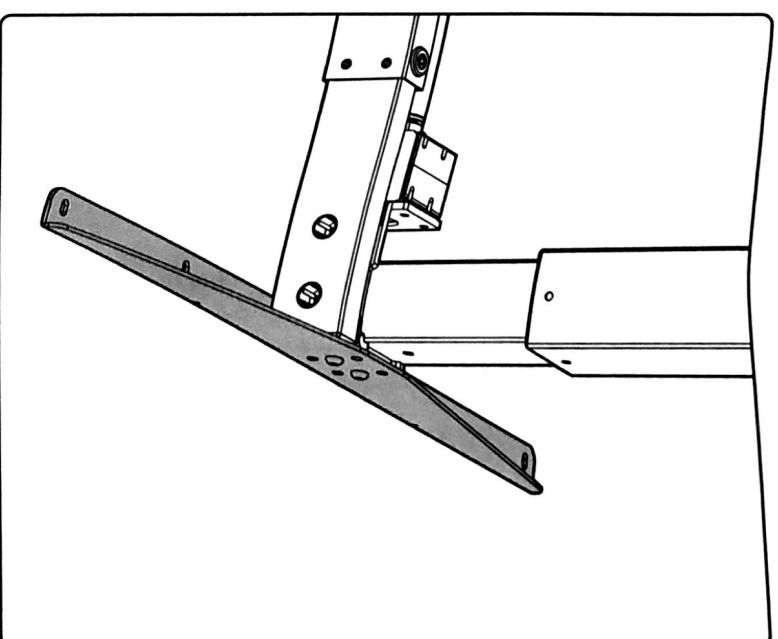
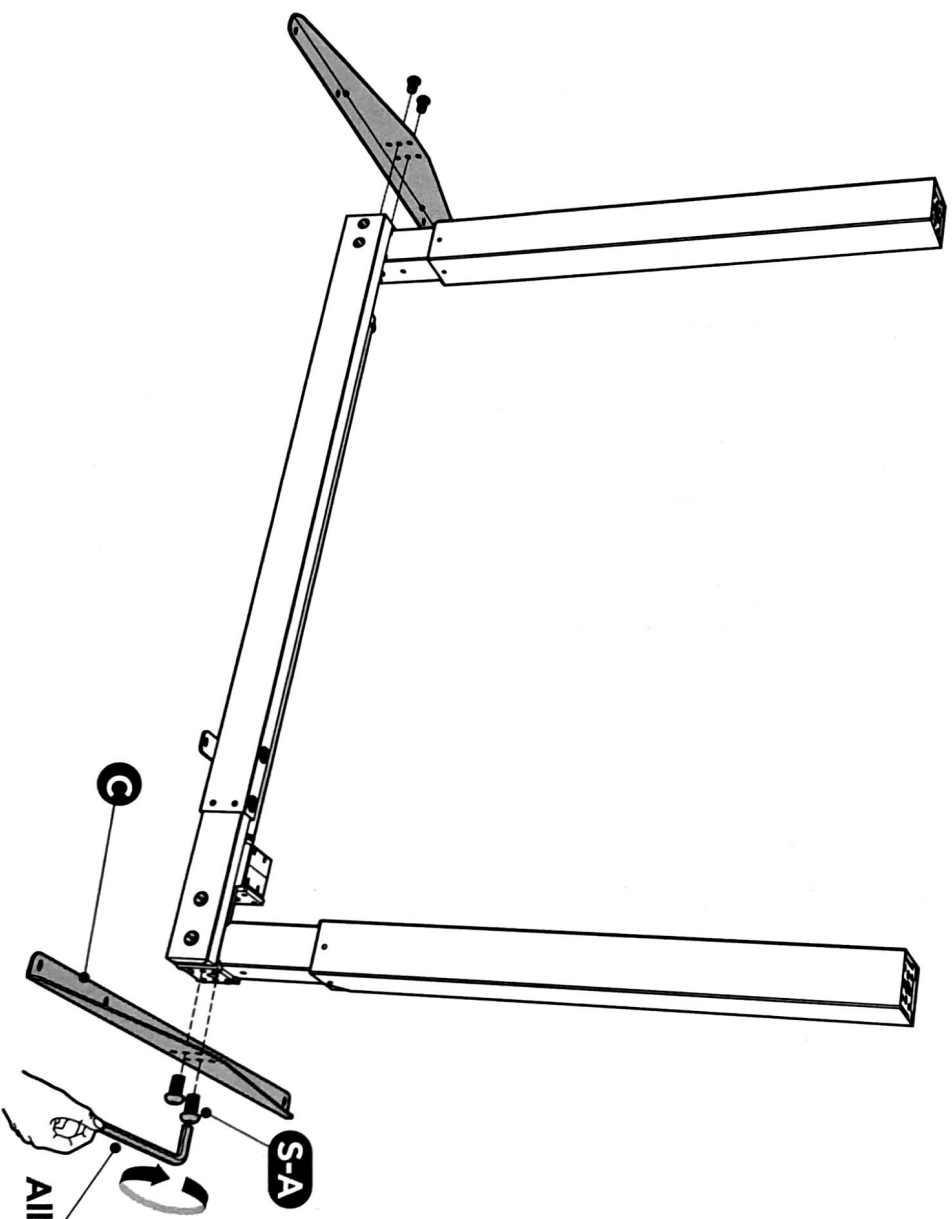
Retighten all the hex head screws to finish the adjustment.

I Assembling the Lifting Columns



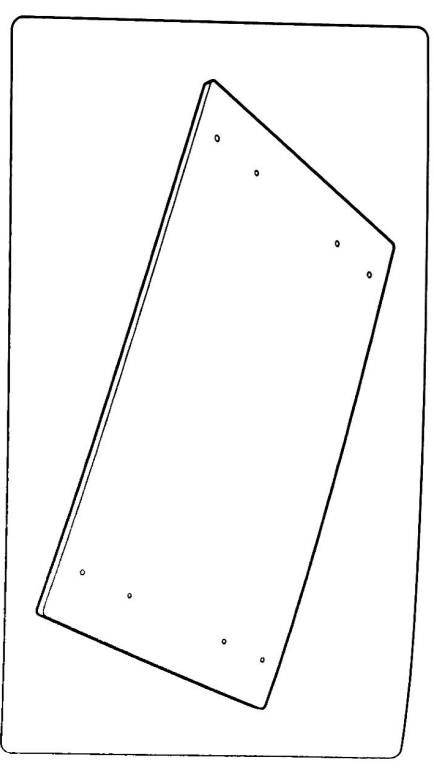
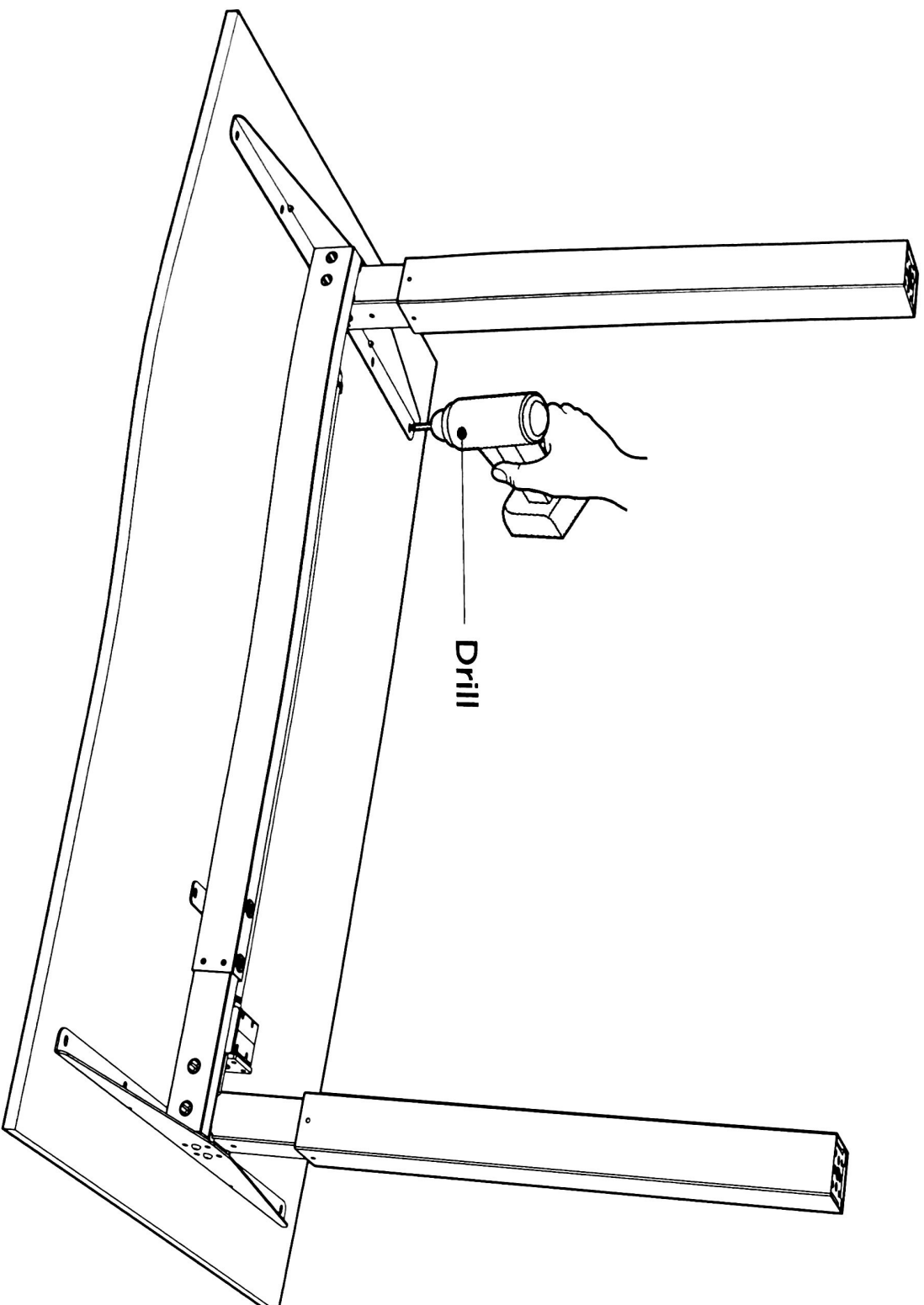
- Insert one lifting column into one end of the crossbar with the head of the lifting column facing inward. Make sure the mounting holes on the lifting column completely align with the screw holes on the crossbar.
- Fix the **lifting column F** / **G** with crossbar using **2 screws S-A** with the **Allen wrench**.
- Repeat the same process to assemble the other lifting column.

I Installing the Side Brackets



- Attach the **side brackets C** to the end of the crossbar using the **2 screws S-A** as shown with the **Allen wrench**.
- Repeat the same process to assemble the other side bracket.

Allen Wrench



After tightening the screws, use a **drill** to make mounting holes on the backside of the tabletop through the 8 mounting holes of the side brackets.

Note: The depth of the mounting holes should be over **10mm** and the diameter should be less than **3mm**.

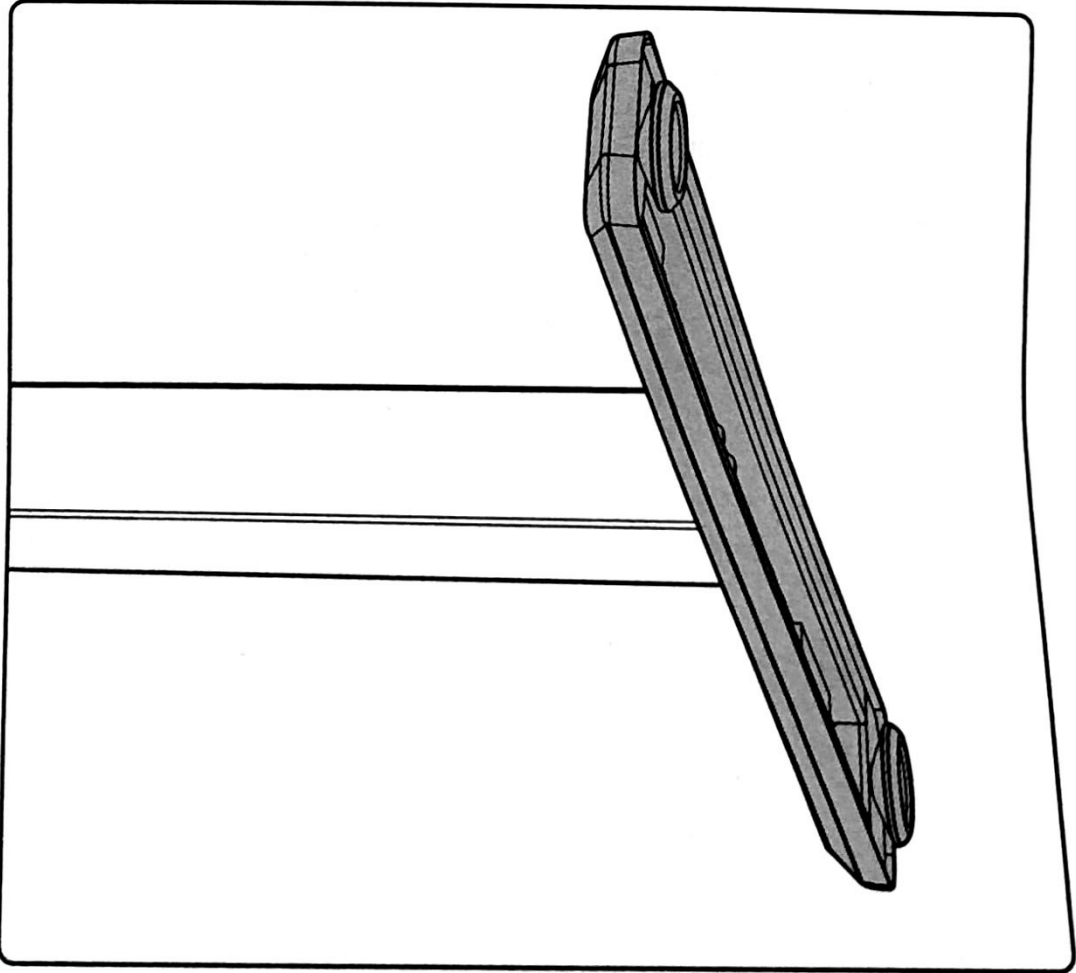
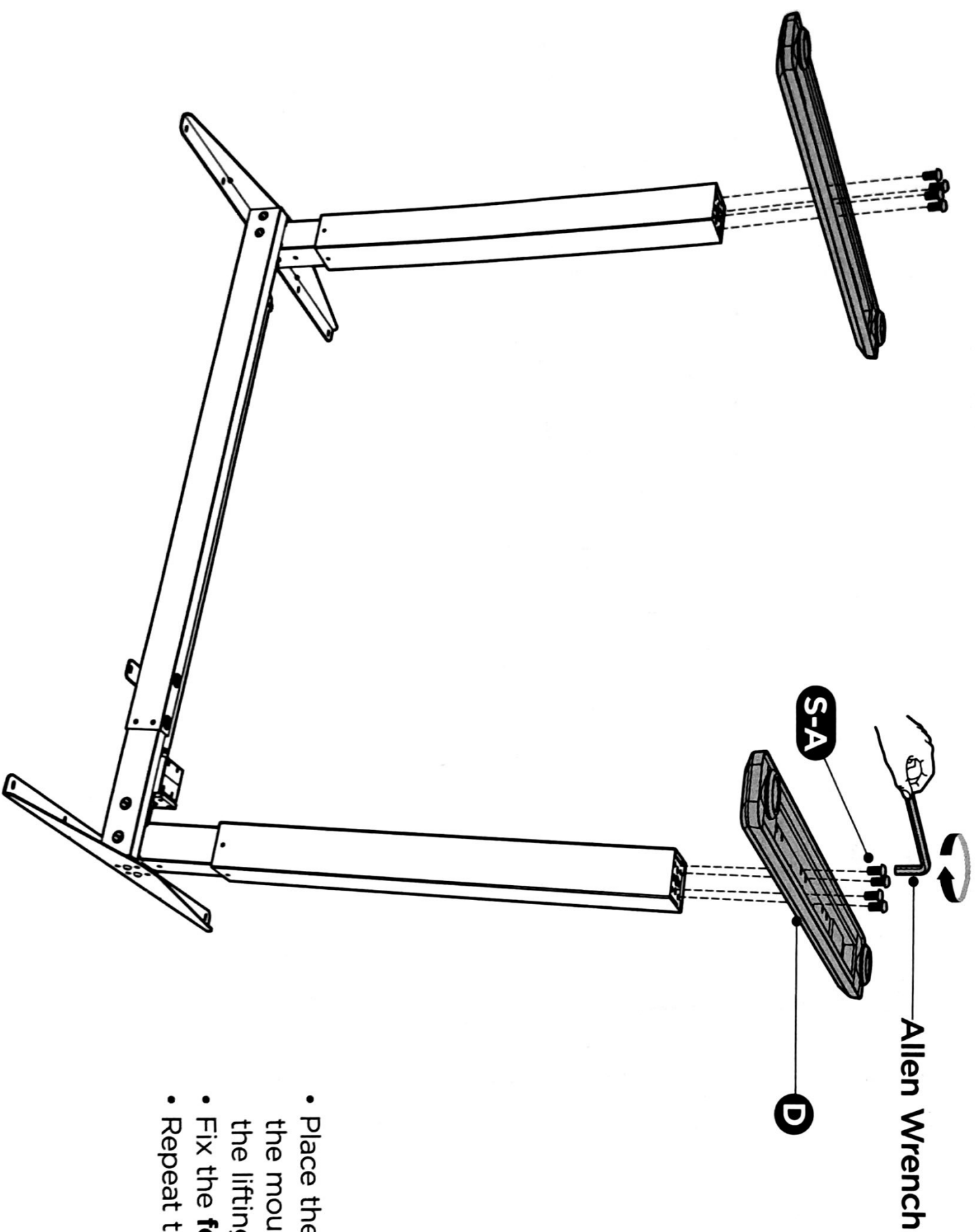
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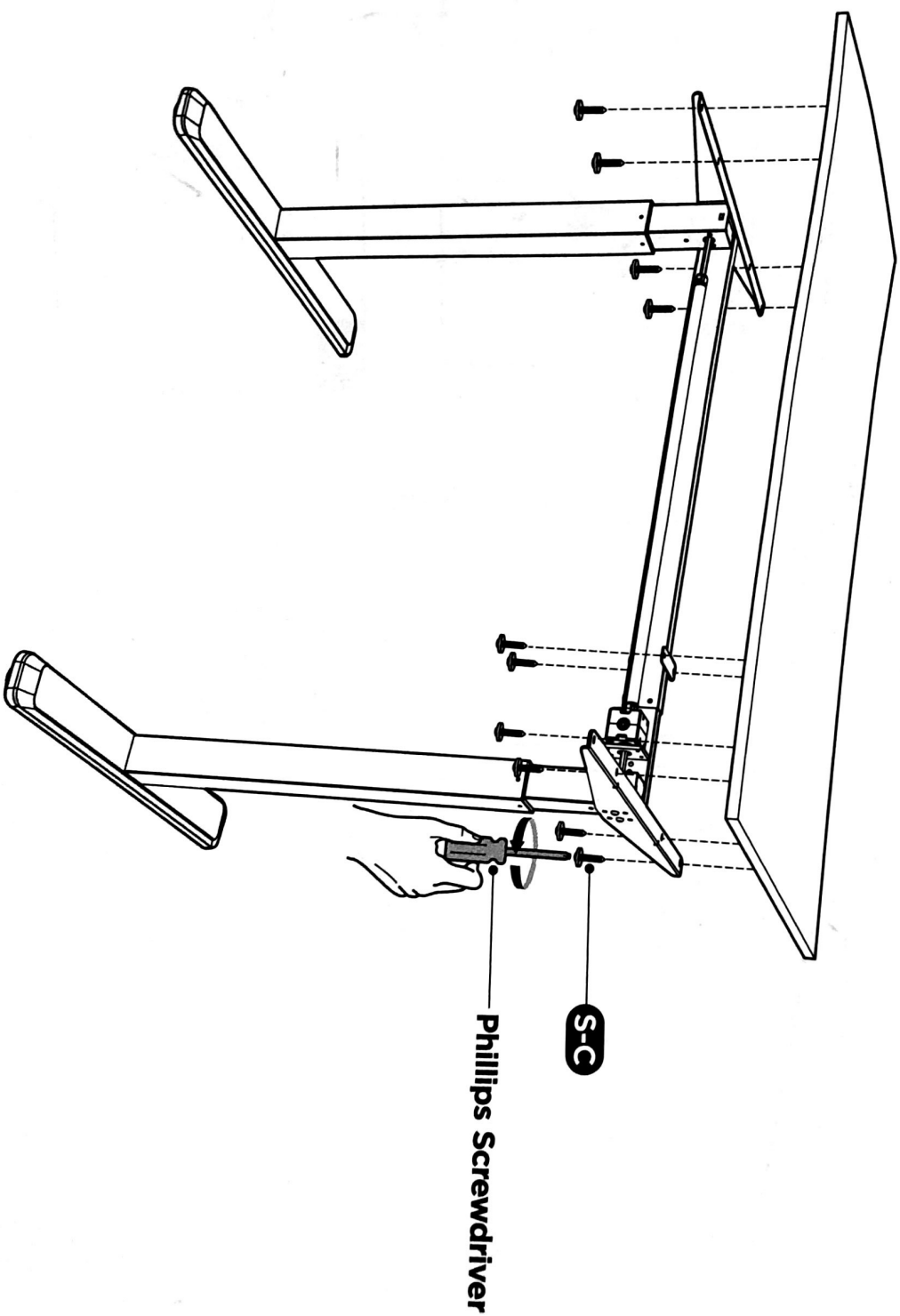
I Installing the Feet



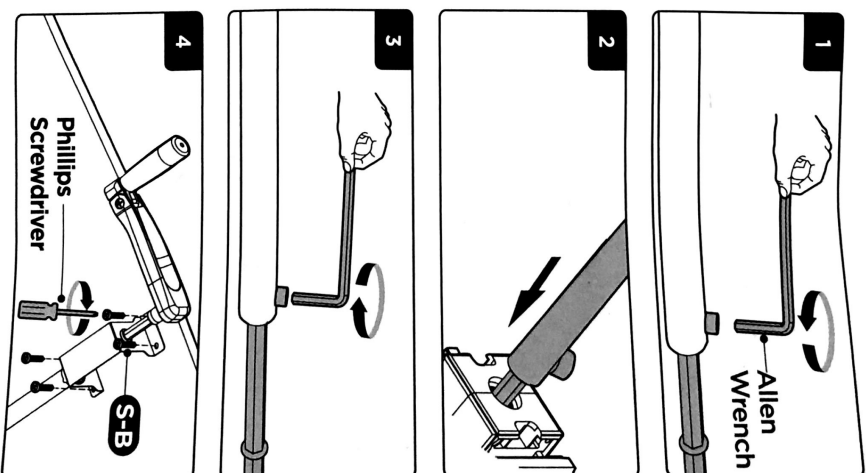
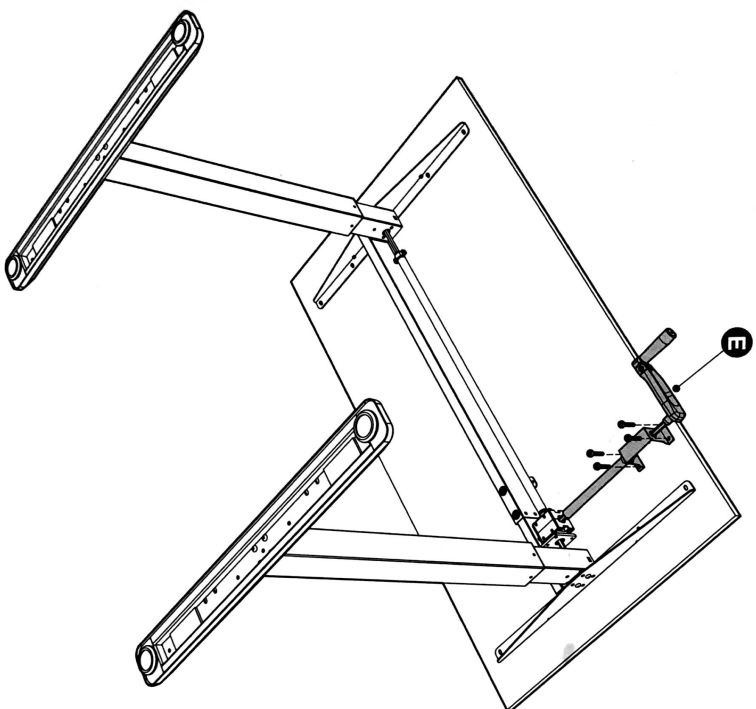
- Place the foot on the bottom of the lifting column. Align the mounting holes on the foot with the screw holes on the lifting column.
- Fix the **foot D** using **4 screws S-A** with the **Allen wrench**.
- Repeat the same process to assemble the other foot.

I Installing the Desktop

- Align the previously drilled screw holes with the mounting holes on the crossbar. Insert and tighten the **10 screws S-C** from below.



- Insert the **drive rod module E** into the lifting column as shown.
- Fix the fixing plate onto the back of the desk by using the screws identified in the illustration.



I Low Profile Adjustment

- Pull the handle outward first to adjust the desk height.
- There are two adjustable foot pads under each foot. If the floor isn't even, simply turn the pad to adjust the height to make the desk stable.

Tip: Use a **bubble level** to check if the desktop is even.

