

# WARNING

(For Age 3+)

1.Weight limit: 400LBS(180kg)

2.ADULT: supervision required or serious injury and death may result--

Always need extreme caution when using the Ninja line kit. Be sure to perform MANDATORY load stress test with further damage check of the line before using the line.

3.ADULT: assembly required.

This product should be unpacked and assembled by an adult, including site and tree selection as well as the secure and proper installation.

4.Un-healthy tree hazard--

Do not attach or use a tree that is not healthy, diseased or damaged. It may cause serious injury or death.

5.Do not attach your obstacles anywhere else on the line.

6.Do not install the set over concrete, asphalt, packed earth, grass, carpet or any other hard surface. A fall on to a hard surface can result in serious injury or death to the equipment user.

## Installation Guide

Step 1: Determine your course height.

1.Line height should be set to where your lowest (height) ninja line kit user's feet are only 12 inches(31cm)maximum the ground as they hang from the lowest ninja line obstacle.

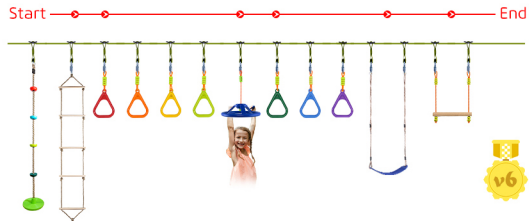
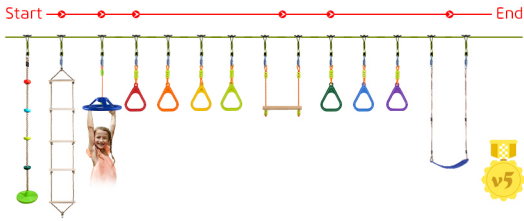
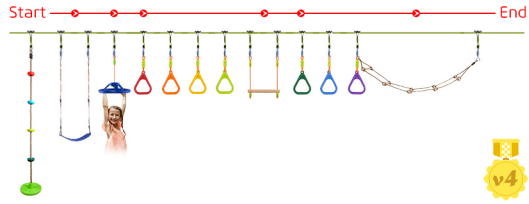
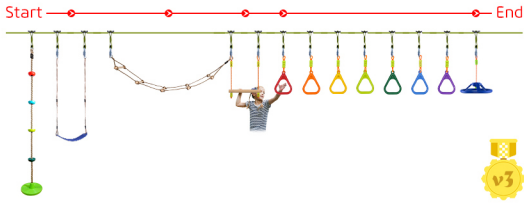
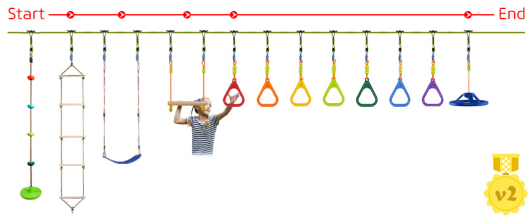
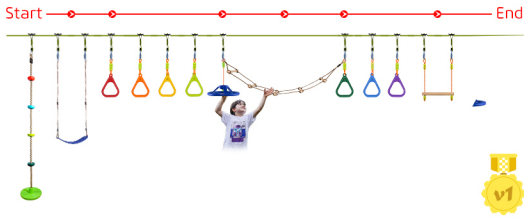
As a starting height to set your line at, have the lowest (height) user reach out above their head as high as they can. Measure that height (from the ground to the tips of their outstretched hands) and then add an additional 24 inches(62cm) which is 12 inches for clearance plus 12 inches for the ninja line sagging towards the ground with the user's weight. For example, your lowest height of ninja is 72 inches (from the ground to their outstretched finger tips), add 24 inches, and your first line height to test should be 86 inches from the ground.

2.This may take one or two adjustments to get the desired 12 inches of clearance for the ninja above the ground.

Step 2:

Wrap the tree protectors around the tree trunk.





## PRODUCTS LIST

▼ Triangle Carabiners × 13



▼ Cord Rope × 1



▼ Monkey Bars × 1



▼ Soft Swing Seat × 1



▼ Gyms Monkey Wheel × 1



▼ Tree Protectors × 2



▼ Ground Nails × 1



Hanging Strap × 14 ▶



Ratchet Straps × 1 ▶



◀ Rainbow Color Gym Rings × 7



◀ Absorbent Soft Grip × 7

◀ Ninja Line × 1



Climbing Rope × 1 ▲



Ladder × 1 ▲



1. Install tree protectors



2. Noose the ratchet end and long line around 2 suitable trees or anchor points min 1 circumference.



3. Straighten the ninja rope



4. Install buckle(13 in total)



5. Feed line through the bolt on ratchet. Pull through all the slack, until the line is tight.



6. Pull the handle up and down to tighten up the ninja line.



7. install Triangle Carabiners



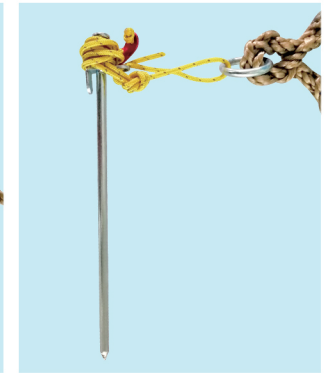
8. Install accessories



1. Put the rope through the iron ring and Ground Nails



2. Knot the rope



3. Wind the rope around the spike Ground Nails

# Using your Ninja Line Training Course with obstacles.

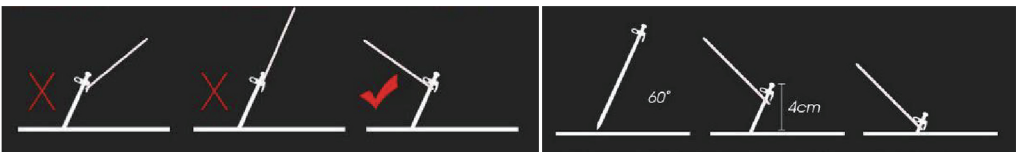
The course is a conditioning course: You will only improve over time. Do not expect to be able to complete it the first couple of times you try the course.

1. Use the rope ladder for the users to reach the first obstacle on the line in order to begin their course.
2. For the first couple of times, you may want to set the line height, so the users can be on their "tippy toes" taking some of their weight off their grips on the obstacles. This way they can get some sense of accomplishment, and give their muscles time to develop.
3. Then gradually raise the line's (and obstacle) height over, until the users are actually suspended above the ground.
4. Once the users have mastered a certain order of obstacles, change them up! Try spacing them further apart too. Remember, you can add up to 4 extra obstacles on the course.
5. Be patient and enjoy your ninja line course.

## Anchoring the ladder:

Our ladder comes equipped with 12" steel nails to anchor the ladder to the ground. This makes it easier for the child to climb up this way. It is also more challenging if you do not anchor the ladder.

Pay attention to the instructions of the correct ground anchoring of the ladder.



When anchoring the ladder to the ground, consider the density of the soil and the resonating vibrations of the slackline.