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Automatic massage programs

The OS-4000CS features 5 automatic massage program to help you enjoy the benefits of a relaxing and invigorating massage.



1 Press the [⏻] button to switch on. The chair will recline into ready position. (Ready position: Leg rest will raise slightly and backrest will recline slightly.)

Select any of the 5 automatic massage programs DEEP TISSUE, STRETCH, ENERGY, RELAX and FULL AIR (refer to page 14-15 for details) and press the button.

2

The massage program begins when initialisation is completed. During the process, you must remain seated with your head resting on the headrest. Also, you can adjust your desired shoulder position further by pressing the [▲] or [▼] button within 6 seconds after initialisation function has ended.

3

Press the [HEAT] button to switch on or off the heat. Press the [VIBRATION] button to switch on or off the seat vibration. Heat and Vibration function is available for selection during the automatic massage program.

4

Press the [⌚] button to adjust the duration for 20, 25, 30, 05, 10, or 15 minutes.

5

Note

Keep each massage session to no longer than 15 minutes.
Keep massage session to a maximum of 30 minutes per day.
In an emergency or any malfunction, press the [⏸] button to pause the massage immediately. Press the [⏻] button to bring the rollers to the storage position again and turn off the main power switch.

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Manual massage programs



The image shows the control panel of an Osaki chair. At the top left is a power button. Below it is a screen displaying 'BACKREST SCANNING READY' and 'MAIN POSITION ZONE' with a reclining diagram and various settings. Below the screen are buttons for 'DEEP TISSUE', 'STRETCH', 'ENERGY', 'RELAX', 'FULL AIR', 'MANUAL AIR', 'HEAT', and 'VIBRATION'. At the bottom are buttons for 'KNEADING', 'TAPPING', 'SHIATSU', and 'ROLLING'. A 'SIP' button is also visible. Callouts 1-7 point to these specific features.

- 1 Press the [⏻] button to switch on. The chair will recline into ready position.
(Ready position: Leg rest will raise slightly and backrest will recline slightly.)
- 2 Press the [🪑] button to recline to zero gravity position or [🌀] [🌀] button to your desired position.
- 3 Select any of the 4 manual massage programs KNEADING, TAPPING, SHIATSU or ROLLING (refer to page 17 for details) and press the button.
- 4 Press the [📍] button once to localize the massage to a particular point. Press again to shift massage to a particular area of body.
- 5 Press the [Manual Air] to combine the air massage.
- 6 Press the [HEAT] button to switch on or off the heat. Press the [VIBRATION] button to switch on or off the seat vibration. Heat and Vibration function is available for selection during the manual massage program.
- 7 Press the [📊] button to change the massage speed. Press the [📈] button to change the air massage intensity. Press the [◀▶] button to adjust width.

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Manual massage mode						
Action	Button	Speed	Intensity	Width	S/P	Timer
Kneading		<input type="radio"/>				
Tapping		<input type="radio"/>				
Shiatsu		<input type="radio"/>				
Rolling		<input type="radio"/>				
Manual Air	MANUAL AIR	<input type="radio"/>				

Combination of manual massage					
Action	Button	Heat	Vibration	Foot Air	Manual Air
Kneading		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tapping		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shiatsu		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rolling		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Stopping a massage session

Press the [⏻] button to stop the massage functions. The rollers will move back to the storage position and all airbags will deflate, ending the massage.

Pausing a massage session

To pause a massage, press the [⏸] button on the controller. This will temporarily freeze all operations. Press the [⏸] button again to resume your massage.

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Programs Description

1.Power

- Starts and stops all functions of the massage chair.
- Press once. Remote control will light up and chair will be in idle mode.
- You can press any massage function buttons to begin your massage session, at a default time of 15 minutes.
- Press again, all functions will stop and massage rollers will return to original position.

2.Timer

- Controls the duration of the massage session.
- The default time for all massage functions is 15 minutes.
- Press each time to change the duration for 20, 25, 30, 05,10 or 15 minutes.

3.Pause

- All massage functions will stop temporarily.
- Press once and the Pause icon will light up.
- Massage functions and timer will be stopped temporarily.
- Press again to resume the massage session.

Auto Programs

- This function is a full body massage with 5 different massage styles.
- Position of the chair can be manually adjusted.
- Massage session is 15 minutes by default.

4.Deep Tissue

- Engages the full body deep tissue massage. This program focuses on neck, shoulder, waist and hip.

5.Stretch

- Engages the full body stretching auto program. This program stretches the back muscles, hands, hamstrings and the full body.

6.Energy

- Engages the full body wake up auto program.
- This program will deliver a light, stimulating tapping massage throughout the whole body.

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7. Relax

- Engages the full body relax auto program.
- This program will start with slow kneading and heavy tapping massage, progressing to in-depth massage targeting the neck and lower back.

8. Full Air

- Engages the the full body air pressure auto program.
- This program applies full body air pressure massage to shoulder, arm, palm, lower back, buttocks, thighs, calves and feet.
- Full Air intensity can be adjusted by pressing “Intensity” button respectively after activating full air function.

9. Manual Air

- Press this button to activate and select air massage zone between armrest, shoulder & waist, calves and feet.
- Air intensity can be adjusted by pressing "Intensity" button respectively after activating manual air function.
- Full Air intensity can be adjusted by pressing “Intensity” button respectively after activating full air function.

10/11. ◀/▶ Width

- Controls the width of the rollers.
- Select a massage function and press to adjust between Narrow, Normal and Wide.
- It can be used to activate the Tapping, Shiatsu and Rolling massage.

12/13. ▲/▼ Position

- Adjust back massage position.
- Press ▲ or ▼ to choose position of massage rollers when a “beep” sound alerts in 10 seconds.
- Release the button once the desired position is achieved.

Note: This can also be used during sector massages.

14. Vibration

- Press this button once to activate the seat vibration function. Press the button again to stop the seat vibration function.
- The vibration mode can be switched on or off while any of the programs are running.

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15. Heat

- Heat function is set to OFF by default.
- Press this button once to activate the waist heating function. Press the button again to stop the waist heating function.
- It is applicable during any Automatic Program, Localised Area Program or Manual Program.

16. Spot/Partial (S/P)

- Press once to localize the massage to a particular point.
- Press again to shift massage to a particular area of body.
- This will keep the original massage node working on a range of 8cm.
- To resume full back massage, press button again.

17. Intensity

- Press this button to adjust the air pressure intensity level.
- After activating the auto or manual air massage programs, press to select between 5 levels of intensity.

18. Speed

- Press this button to adjust speed for Tapping, Shiatsu and strength for Kneading.
- After activating the Tapping, Shiatsu or Kneading function, every time the button is pressed, the speed (or strength) can be adjusted in the cycle.

19. Zero Gravity

- Adjust the angle of the massage chair to zero gravity position.
- Press to achieve position required.
- Press again to resume to original position.

20. Foot Air

- Press once, to activate the foot air massage.
- Press again, to stop the foot air massage.

21/22. Footrest lift / drop

- Allows you to lift or drop the footrest.
- Press once and the footrest will start to lift/drop.
- Press again to stop the footrest at your preferred angle.

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23/24. Recline / Incline

- Control the recline / incline angle of the chair.
- Press once and the backrest will move to a horizontal reclining position or an upright sitting position. Press again to stop at your preferred angle.

25. Kneading

- Press this button once to activate the kneading function for a full back massage. Press again to stop the kneading function.
- Kneading function strength can be adjusted by pressing “Speed” button after activating kneading function.
- Kneading function can be combined with tapping or shiatsu.

26. Tapping

- Press this button once to activate the tapping function for a continuous full back massage. Press again to stop the tapping function.
- Tapping width and speed can be adjusted by pressing “Width” and “Speed” button respectively after activating tapping function.
- Tapping function can be combined with kneading function.

27. Shiatsu

- Press this button once to activate the shiatsu function for a continuous full back massage. Press again to stop the shiatsu function.
- Shiatsu width and speed can be adjusted by pressing “Width” and “Speed” button respectively after activating shiatsu function.
- Shiatsu function can be combined with kneading function.

28. Rolling

- Press this button once to activate the rolling function for a full back massage. Press again to stop the rolling function.
- Rolling width can be adjusted by pressing “Width” button after activating rolling function.

How to End

- Press the Power button to stop the massage operation.
- Massage rollers will reset automatically.
- The Power button will light up until the massage rollers resume their original position.
- After the Power button light turns off, switch the power button under the chair to “O” position and disconnect the power cord plug.

Troubleshooting

This page summarizes the most common problems you could encounter with the product. If you are unable to solve the problem with the information below, contact service center immediately.

If the problem encountered is not listed, please try the following suggestions:

1. Turn off the product and unplug it.
2. Wait for 60 minutes.
3. Plug the product back to the recommended outlet and restart.
4. If the problem persists, contact the authorized service center.

Problem	Possible Cause	Suggestion
The product does not work	The product is not plugged in properly.	Ensure the voltage on the product corresponds to the local mains voltage and then plug in again. Make sure the outlet is properly working.
The product stopped working	The product has just finished its auto timer session and has automatically switched to standby mode.	If you want another session, press the Power button again.
The product stopped working	You may have used the product continuously for 45 minutes where the over heat protection has been activated.	Unplug the product and let it cool down for 60 minutes before you use it again.
The product does not work	An excessive load has been applied on the product.	Reduce the excessive load and start again.
The product is abnormally warm	The product is likely to be overused.	Unplug the product and let it cool down before using it again.
Noise can be heard from the	Noise is made by the mechanical parts of the	This is normal and does not mean that the product is faulty.

Care and Storage

1. Cleaning

Never use scouring pads, abrasive cleaning agents or aggressive liquids such as petrol or acetone to clean the appliance. When wiping down the chair use non toxic cleaners and be sure the cloth is moist and NOT wet.

Do not immerse to appliance in water.

- ① Remove the main plug from the wall socket.
- ② Clean the control panel and cords with a dry cloth.
- ③ Do not use a moist cloth or a cleaning agent.

2. Storing

- ① Disconnect the product from the power source after use.
- ② Keep the massage chair away from direct sunlight, high temperature or high humidity.
- ③ Do not put heavy objects on the product.

If the outer cover is torn or the mechanism is damaged, stop using the appliance and get advice from the service center.

If you have any questions with your massage chair, please do not hesitate to contact the service center.