Treadmills – Use and Care Manual

Important Safety Information

Read and understand all safety information before using this product. Failure to follow safety instructions may result in injury or damage. This product is intended for indoor residential use only unless otherwise stated by the seller.

- Keep children and pets away from the product during use and when unattended.
- Use the product only on a stable, level surface.
- Inspect the product regularly for loose parts or visible damage.
- Discontinue use immediately if abnormal noise, vibration, or malfunction occurs.
- Do not modify the product or use unauthorized accessories.

General Use Guidelines

This product is designed to support general fitness and exercise activities. Always ensure the product is properly positioned before use. Wear appropriate athletic footwear and clothing during operation.

Care and Cleaning

Clean the product regularly to maintain appearance and performance. Wipe surfaces with a soft, dry or slightly damp cloth. Do not use abrasive cleaners, solvents, or excessive water.

- Keep the product dry and free from moisture accumulation.
- Store in a cool, dry location when not in use.
- Check fasteners periodically and tighten if necessary.

Maintenance

Routine maintenance helps extend the life of the product. Inspect moving parts regularly and keep them free of dust and debris. If service is required, contact a qualified technician or the seller’s customer support.

Storage

When storing the product, ensure it is clean and completely dry. Avoid placing heavy objects on the product during storage.

Disposal

Dispose of this product in accordance with local regulations. Do not dispose of as unsorted household waste where special collection is required.

This manual provides general guidance only and does not replace professional advice. Specifications, components, and performance may vary by model.