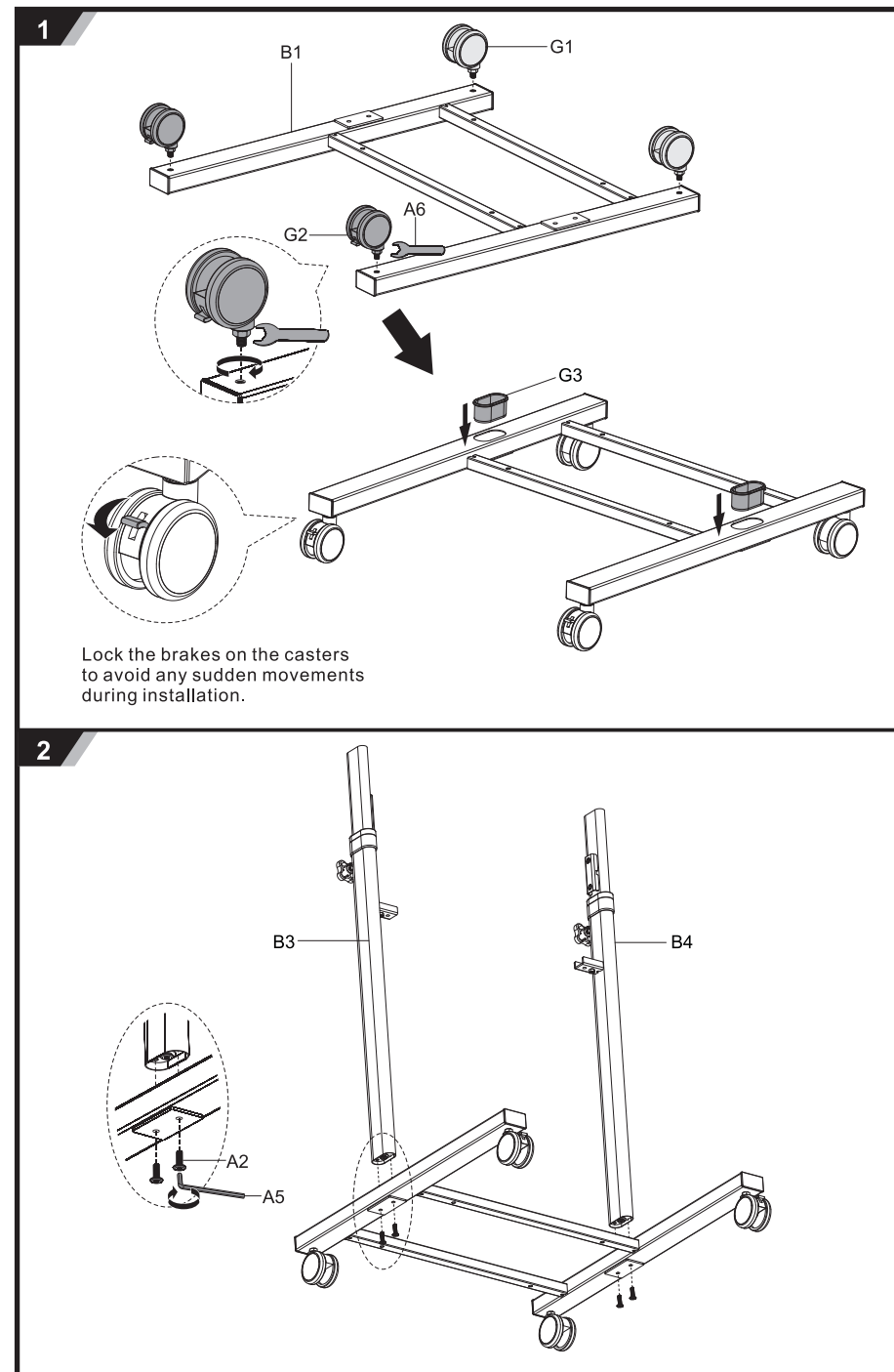
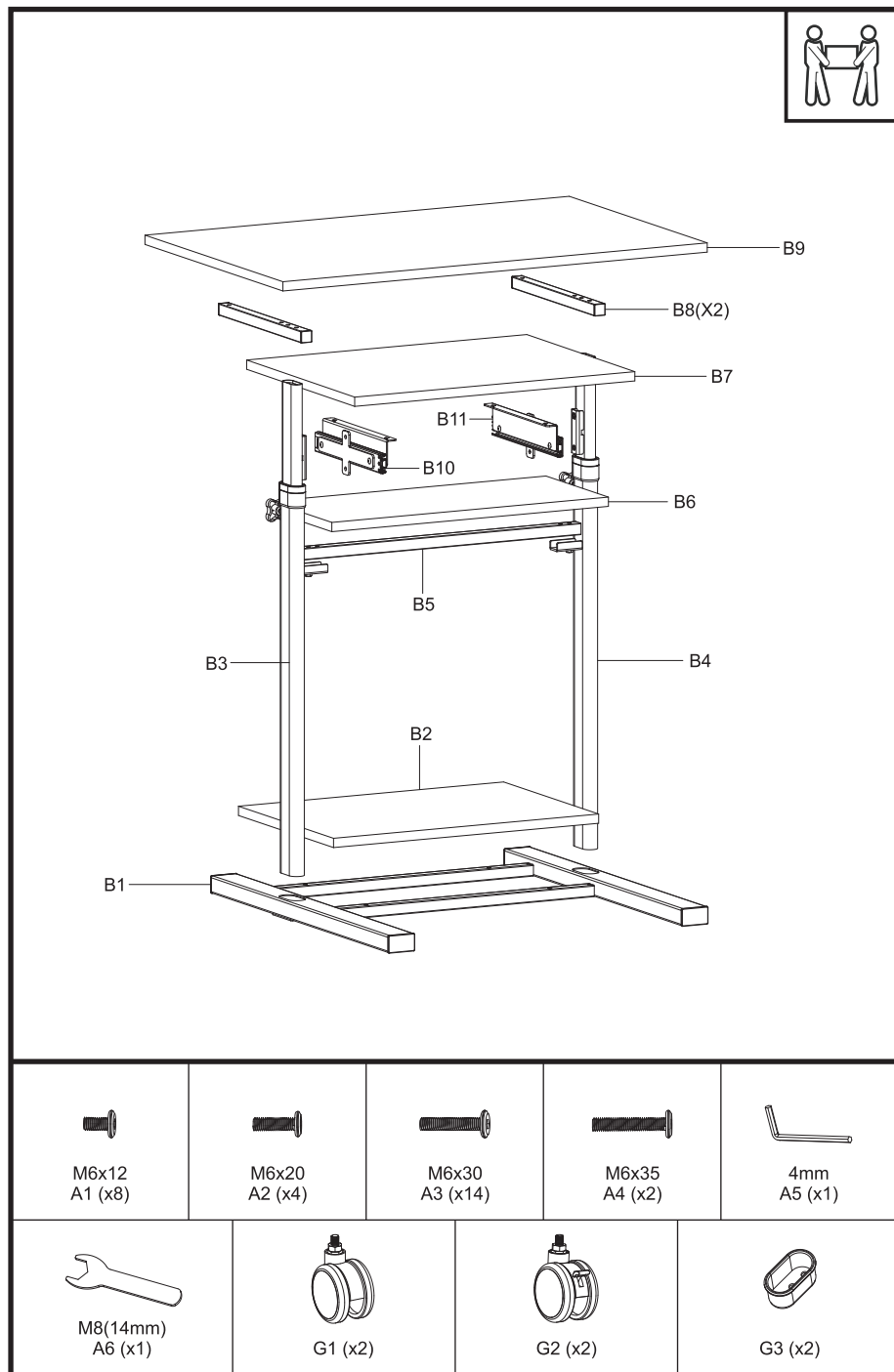
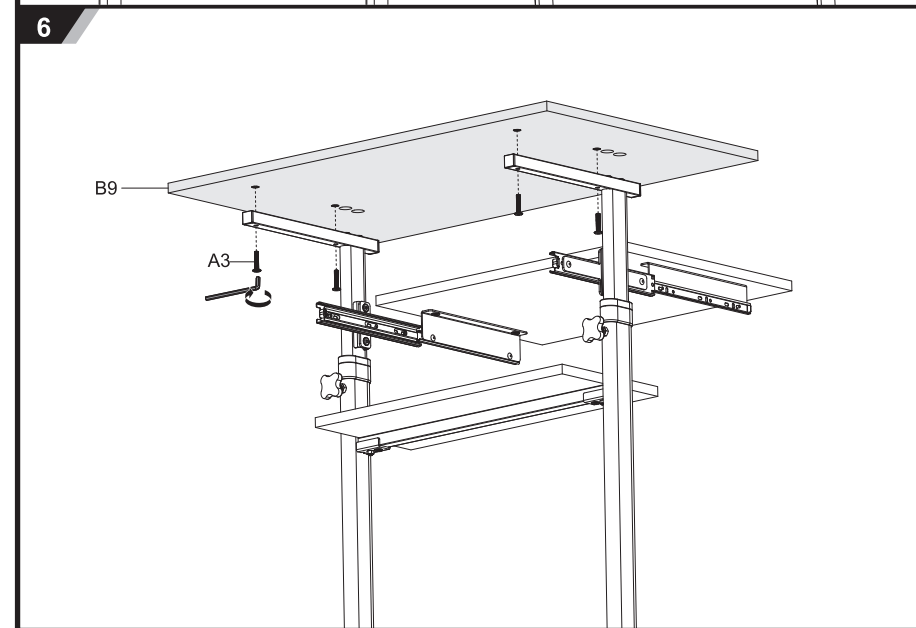
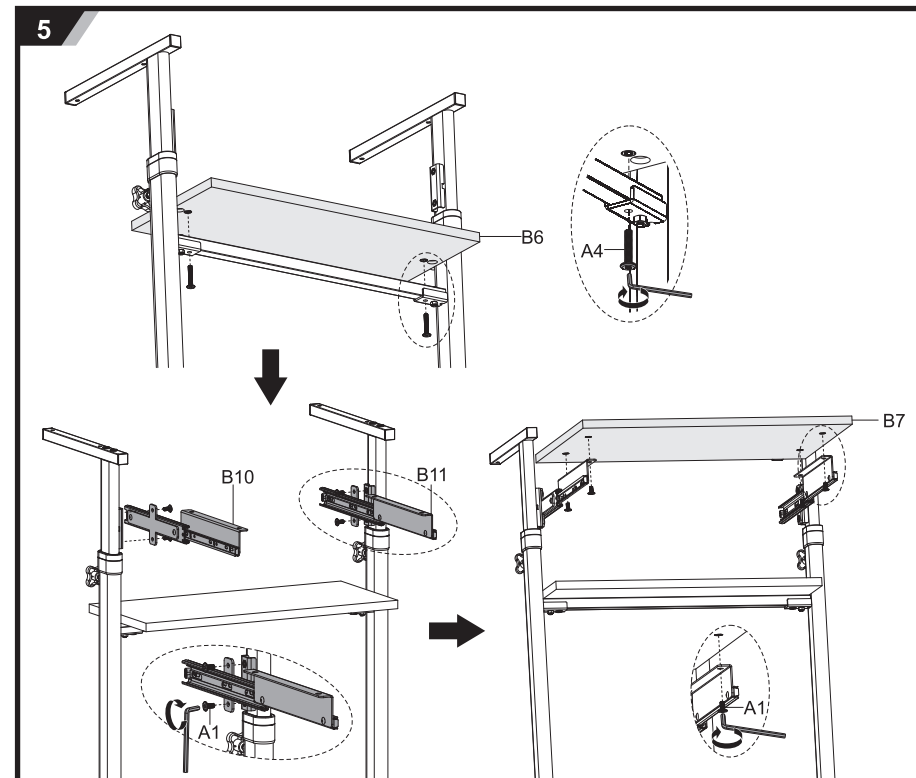
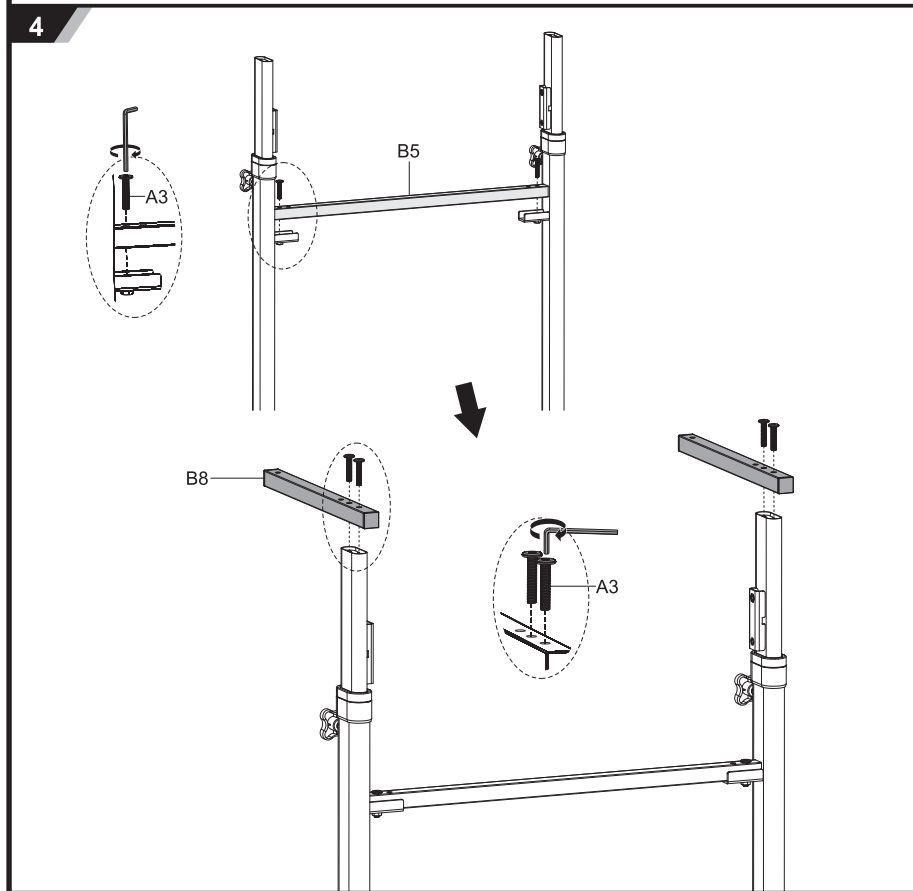
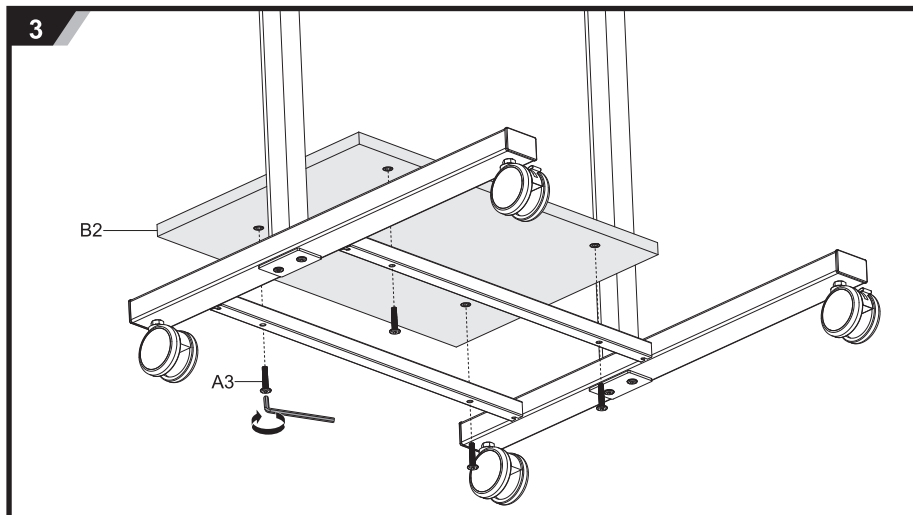


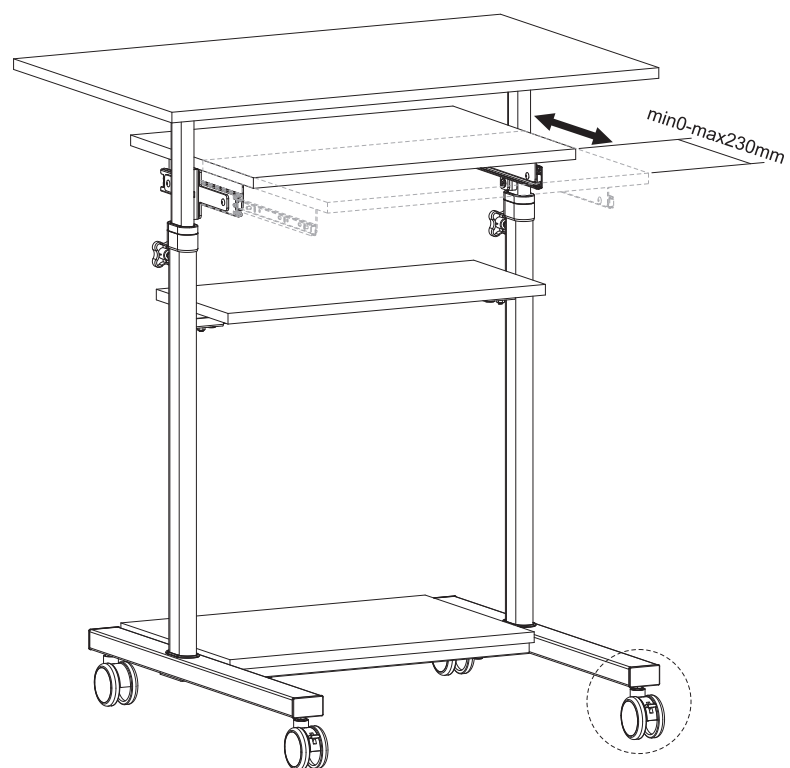
VISIT US AT [MOUNT-IT.COM](http://MOUNT-IT.COM) FOR PRODUCT REGISTRATION AND WARRANTY INFORMATION.  
CONTACT US AT [SUPPORT@MOUNT-IT.COM](mailto:SUPPORT@MOUNT-IT.COM) OR 855-925-5668 FOR QUESTIONS OR COMMENTS.

# Mobile Sit-Stand Workstation

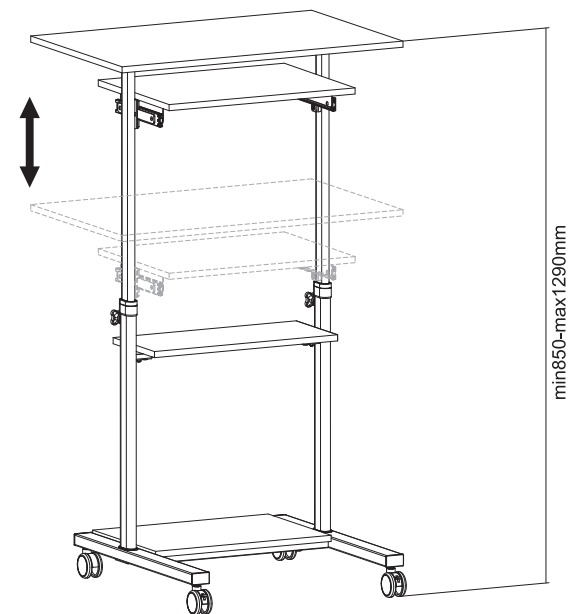
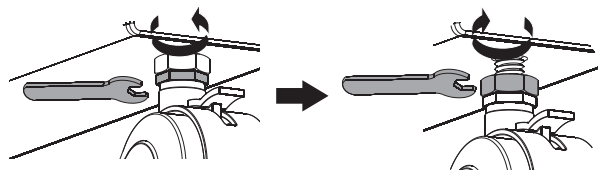
ASSEMBLY INSTRUCTIONS





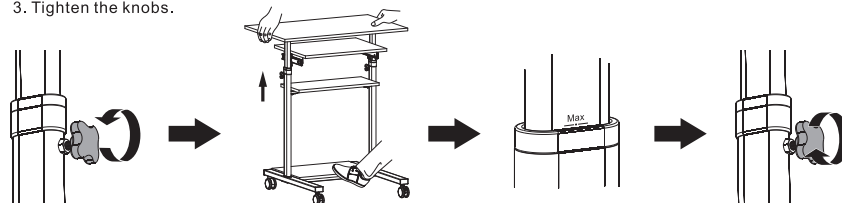


**Note:** Make sure all casters are at the same height, if not, adjust casters as follow:  
Loosen the bottom nut to adjust the height, then tighten the top nut.



#### To lift the desk

1. Loosen the knobs
  2. Firmly hold the desktops and lift it to desired height until a "click" sound is heard
- Note:** When the mark MAX is found on the legs, it indicates that you have reached the highest setting and do not continue to lift.
3. Tighten the knobs.



#### To lower the desk

1. Loosen the knobs
2. Lift the desk directly to the top height until the mark Down is found on the legs, then lower it slowly to the most bottom.
3. Repeat the lifting steps to your desired height.

**Note:**

- Please do not put anything on the desktops when adjusting the desk height.
- Make sure a "click" sound is heard which indicates the height is fixed securely.

