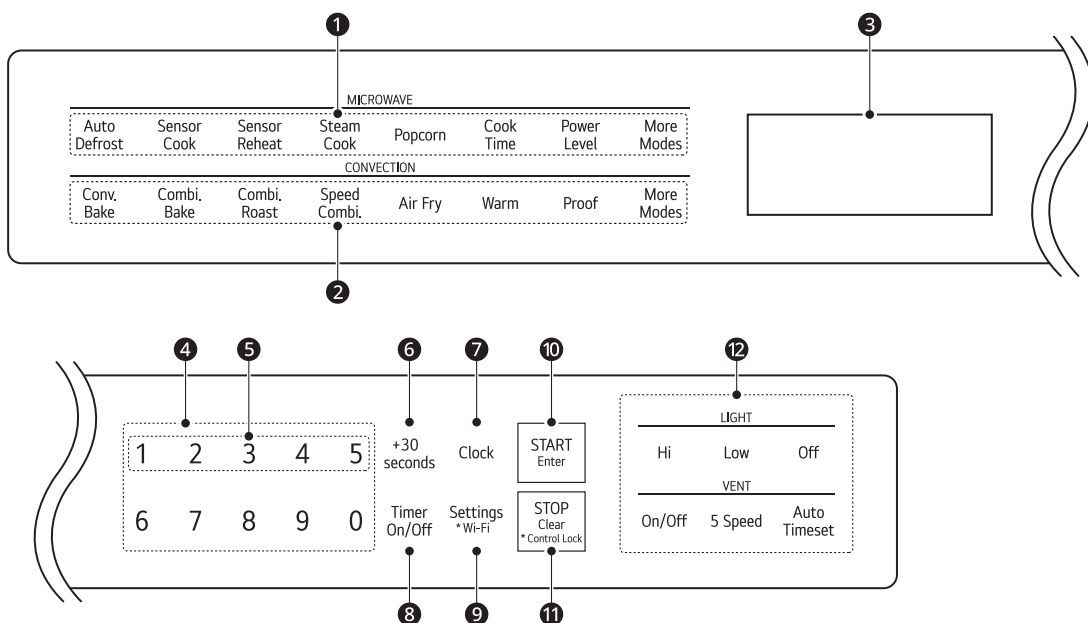


OPERATION

Control Panel

Control Panel Features



1 MICROWAVE

- Select various microwave cooking functions. See **Manual Cooking** section and **Cooking Mode** section.

2 CONVECTION

- Select various convection cooking functions. See **Cooking Mode** section.

3 Display

- Shows the time of day, cook time settings, and selected cooking functions.

4 Number Keys

- Set cooking time, power level or temperature, quantity or weight.

5 Number Keys 1-5 (Express Cook)

- Start the microwave function without pressing the **START/Enter** button.
- Press **3** to cook for 3 minutes at high.

6 +30 seconds

- Start cooking without pressing the **START/Enter** button.
- Press **+30 seconds** to cook for 30 seconds at high.

- Press **+30 seconds** during cooking to increase the cook time by 30 seconds. (Add up to 99 minutes and 59 seconds)

7 Clock

- Set the time of day.

8 Timer On/Off

- Use your microwave oven as a kitchen timer.

9 Settings

- Use to change the default setting for sound, clock, display speed, defrost weight and turntable.

Wi-Fi

- Press and hold **Settings** for 3 seconds to connect the Wi-Fi network.

10 START/Enter

- Start the oven or enter amounts.

11 STOP/Clear

- Stop the oven or clear all entries.

Control Lock

- Press and hold **STOP/Clear** for 3 seconds to lock the control panel.

12 Light and Vent Functions

- Set the light. press **Hi**, **Low**, or **Off** to adjust the cooktop light.
- Set the ventilation.
 - Press **On/Off** to turn the vent fan on or off.
 - Press **5 Speed** to set the vent fan speed.
 - Press **Auto Timeset** to set ventilation time. (1, 3, 5, 10, and 30 minutes)

Control Panel Light On/Off

The LEDs on the control panel turn off after a few minutes to save energy. Press any key to activate the control panel. If the controls are idle for a few minutes, the LEDs will turn off again automatically.

Before Use

Setting the Clock

Set the current time to operate the microwave oven.

- 1 Press **STOP/Clear** and press **Clock**.
- 2 Press the number keys to set the correct time of day, and press **START/Enter**.
- 3 Press **1** to select AM, or **2** to select PM.
- 4 Press **START/Enter**.

NOTE

- To reset the clock mode, unplug the power cord and plug it back in.

Child Lock

Use this safety feature to lock the control panel before cleaning the oven or to prevent children from unsupervised use of the oven.

Setting Child Lock to ON

- 1 Press **STOP/Clear**.
- 2 Press and hold **STOP/Clear** until **LOCKED** appears in the display (approximately 3 seconds).

Canceling Child Lock

Press and hold **STOP/Clear** until **LOCKED** disappears in the display (approximately 3 seconds).

NOTE

- If the oven is locked, **LOCKED** appears in the display when any key is pressed.
- Unlock the oven to resume normal use.

Kitchen Timer

The Timer function serves as an extra kitchen timer up to 99 minutes, 99 seconds. It chimes when the set time runs out. It does not start or stop cooking.

Setting Timer for 3 Minutes

- 1 Press **Timer On/Off**.
- 2 Press the number keys to set the time (**3**, **0**, and **0**), and press **Timer On/Off**.
 - The timer starts immediately and the time counts down in the display.
- 3 To cancel the timer, press **Timer On/Off**.

NOTE

- When the time is over, the oven beeps continuously until you press **Timer On/Off**.

Setting the Cooktop Light

Use the Light settings to adjust the light for the cooktop below the microwave.

- 1 Press **Hi** to set the light to high.
- 2 Press **Low** to set the light to low.
- 3 Press **Off** to turn the light off.

Setting Ventilation Functions

Use this button to set the vent fan speed. The vent removes steam and other vapors from the cooking surface.

Turning the Vent Fan On or Off

- 1 Press **On/Off** once to turn the vent fan on.
- 2 Press **On/Off** again to turn the vent fan off.

Setting the Vent Fan Speed

When the fan is on, press **5 Speed** to change the vent fan speed.

- The fan speed will change in sequence from Level 4 to Level 5, Level 1, Level 2, Level 3 and back to Level 4.
- When the Vent Fan is turned off and on again, the level at which it was turned off operates.

Setting the Timed Ventilation

Press **Auto Timeset** to set the ventilation time.

- The ventilation time will change in sequence from 1 to 3, 5, 10, and 30 minutes.

NOTE

- Turn the microwave's vent fan on whenever you use the oven range cooktop below it. The fan captures smoke, steam, and odors and also prevents the heat from the cooktop from damaging microwave components.
- If the microwave is cooking, the vent fan turns on automatically if the sensors detect too much heat from the cooktop. This is designed to prevent microwave component damage.

Custom Setting

Set the default values for beep sound, clock, display speed, defrost weight and turntable.

Setting Menu

Refer to the information below to adjust the settings.

Item	Option
1 Sound	<ul style="list-style-type: none">• 1 Sound On• 2 Sound Off
2 Clock	<ul style="list-style-type: none">• 1 Clock On• 2 Clock Off
3 Scroll Speed	<ul style="list-style-type: none">• 1 Slow• 2 Normal• 3 Fast

Item	Option
4 Defrost Weight	<ul style="list-style-type: none">• 1 Lbs• 2 Kg
5 Turntable	<ul style="list-style-type: none">• Turntable On• Turntable Off

Setting the Defrost Weight from Lbs to Kg

- 1 Press **Settings**.
- 2 Use the number keys to select **4** and **2**.

Microwave Power Levels

This microwave oven is equipped with 10 power levels to give you maximum flexibility and control over cooking.

- When operating at 100% power levels for prolonged periods, the output power will be reduced gradually to help prevent the unit from electrically overheating.


Power Level	Use
High 10 (100 %)	<ul style="list-style-type: none">• Boiling water.• Browning ground beef.• Making candy.• Cooking poultry pieces, fish & vegetables.• Cooking tender cuts of meat.
9 (90%)	<ul style="list-style-type: none">• Reheating rice, pasta & vegetables.
8 (80%)	<ul style="list-style-type: none">• Reheating prepared foods quickly.• Reheating sandwiches.
7 (70%)	<ul style="list-style-type: none">• Cooking egg, milk and cheese dishes.• Melting chocolate.
6 (60%)	<ul style="list-style-type: none">• Cooking veal.• Cooking whole fish.• Cooking puddings and custard.
5 (50%)	<ul style="list-style-type: none">• Cooking ham, whole poultry and lamb.• Cooking rib roast and sirloin tip.
4 (40%)	<ul style="list-style-type: none">• Thawing meat, poultry and seafood.

Power Level	Use
3 (30%)	<ul style="list-style-type: none"> • Cooking less tender cuts of meat. • Cooking pork chops and roasts.
2 (20%)	<ul style="list-style-type: none"> • Taking the chill out of fruit. • Softening butter.
1 (10%)	<ul style="list-style-type: none"> • Keeping casseroles and main dishes warm. • Softening butter and cream cheese.
0 (0%)	<ul style="list-style-type: none"> • Standing time

Wi-Fi

Connect the appliance to a home Wi-Fi network to use smart functions. See **SMART FUNCTIONS** for more details.

Setting Up Wi-Fi

- 1 Press and hold the **Wi-Fi** button for three seconds. The Wi-Fi icon  appears at the top of the display.
- 2 Follow the instructions in the **LG ThinQ** application.

NOTE

- The Wi-Fi icon on the display shows the status of the appliance's network connection. If the Wi-Fi icon is not shown, use the smart phone app to select the Wi-Fi network or register the product again.

Quick Start and Stop

Using Quick Start

This feature allows you to start the microwave function without pressing the **START/Enter** button.

Cooking for 2 Minutes on High Power

Press **+30 seconds** four times.

- The oven starts immediately and the time counts down in the display.
- Press **+30 seconds** repeatedly to extend the cook time by 30 seconds every time the button is pressed (up to 99 min 59 seconds).

Interrupting Cooking

- To stop the oven during a cycle, open the door or Press **STOP/Clear** once.
- To restart cooking, close the door and press **START/Enter**.
- To clear the oven during a cycle, press **STOP/Clear** twice.

Operating the Microwave

Microwave Mode

Unless you are using the auto cooking functions, the cook time and power level must be set manually.

Cooking for 5 Minutes, 30 Seconds at 80% Power

- 1 Press **Cook Time**.
- 2 Press the number keys to set the cook time (**5:30**).
- 3 Press **Power Level**.
- 4 Press **8** to select power level 8, and press **START/Enter**.
 - When cooking is complete, a chime sounds and **COOK END** appears in the display window.

NOTE

- If a power level is not selected, the oven defaults to 100% power.

Using Express Cook

Press the **1** through **5** number buttons to immediately start the microwave function on High for the selected number of minutes.

Cooking for 3 Minutes at High

- 1 Press **3** to start cooking.
 - When cooking is complete, a chime sounds and **COOK END** appears in the display window.

Using the Sensor Functions

The sensor features offer convenient cooking or reheating of popular food items automatically using preprogrammed settings.

The Sensor system works by detecting built up steam so there is no need to set cook times or power levels.

- Make sure the door remains closed.
- Opening the door or pressing the **STOP/Clear** button before the steam is detected will stop the process and the oven.
- Appropriate containers and coverings help assure good sensor cooking results.
 - Always use microwavable containers and cover them with lids or vented plastic wrap.
 - Never use tight-sealing plastic covers. They can prevent steam from escaping and cause food to overcook.
 - Match the amount to the size of the container.
 - Fill containers at least half full for best results.
 - Be sure the outside of the cooking container and the inside of the microwave oven are dry before placing food in the oven. Beads of moisture turning into steam can mislead the sensor.

Sensor Cook Mode

Cook your favorite foods automatically using preset programs.

- 1** Press **Sensor Cook**.
- 2** Use the number keys to enter the desired menu code from the **Sensor Cook Menu**.
 - Cooking will start about 4 seconds later.
 - When the cook time ends, a melody sounds and **COOK END** appears in the display.

Sensor Cook Menu

Refer to the information below to set the desired menu item and see the recommended amounts.

- **1 Potato** (1 - 4 potatoes (7 - 9 oz/ea))
 - Cookware: Paper towel
 - Food temperature: Room
 - Instructions: Pierce skin with a fork and place on paper towel. Do not cover. After cooking, let stand for 5 minutes.
- **2 Fresh Vegetable - Hard** (1 - 4 cups)
 - Cookware: Microwave-safe bowl
 - Food temperature: Refrigerated
 - Instructions: Add water (1 - 2 cups: 2 tbsp water, 3 - 4 cups: 4 tbsp water). Cover with vented plastic wrap. After cooking, let stand for 3 minutes.
- **3 Fresh Vegetable - Soft** (1 - 4 cups)
 - Cookware: Microwave-safe bowl
 - Food temperature: Refrigerated
 - Instructions: Add water (1 - 2 cups: 2 tbsp water, 3 - 4 cups: 4 tbsp water). Cover with vented plastic wrap. After cooking, let stand for 3 minutes.
- **4 Frozen Vegetable** (1 - 4 cups)
 - Cookware: Microwave-safe bowl
 - Food temperature: Frozen
 - Instructions: Add water (1-2 cups: 2 tbsp water, 3-4 cups: 4 tbsp water). Cover with vented plastic wrap. After cooking, let stand for 3 minutes.
- **5 Canned Vegetable** (1 - 4 cups)
 - Cookware: Microwave-safe bowl
 - Food temperature: Room
 - Instructions: Cover with vented plastic wrap. After cooking, stir and let stand for 3 minutes.
- **6 Rice** (0.5 - 2 cups)
 - Cookware: Deep and large microwave-safe bowl
 - Food temperature: Room
 - Instructions: Put the rice and water in the bowl as below.
 - Rice 0.5 cup (96 g), water 1-1/3 cups (314 g)
 - Rice 1 cup (192 g), water 2-1/4 cups (531 g)
 - Rice 1.5 cups (288 g), water 3-1/4 cups (789 g)
 - Rice 2 cups (384 g), water 4-1/2 cups (1062 g)
 Cover with vented plastic wrap. After cooking, let stand 5-10 minutes.
- **7 Frozen Lasagna** (10 - 21 oz)
 - Food temperature: Frozen
 - Instructions: Remove outer packaging. Slit cover. If not in a microwave-safe container, transfer it to a microwave-safe plate covered with vented plastic wrap. After cooking, let stand in microwave oven for 3 minutes.
- **8 Fish Fillets** (4 - 16 oz)
 - Cookware: Microwave-safe plate
 - Food temperature: Refrigerated
 - Instructions: Cover with vented plastic wrap. After cooking, let stand for 5 minutes.

- **9 Shrimp** (4 - 16 oz)
 - Cookware: Microwave-safe plate
 - Food temperature: Refrigerated
 - Instructions: Cover with vented plastic wrap. After cooking, let stand for 2 minutes.
- **10 Chicken Pieces** (4 - 32 oz)
 - Cookware: Microwave-safe plate
 - Food temperature: Refrigerated
 - Instructions: Cover with vented plastic wrap. After cooking, let stand for 3 minutes.
- **11 Casserole** (1 - 4 cups)
 - Cookware: Microwave-safe bowl
 - Food temperature: Room
 - Instructions: Cover with vented plastic wrap. After cooking, let stand for 3 minutes.
- **12 Boiling Water** (1 - 2 cups (240 ml/cup))
 - Cookware: Microwave-safe cup
 - Food temperature: Room
 - Instructions: After cooking, stir to complete reheating.
- **1 Dinner Plate** (1 - 2 servings)
 - Cookware: Microwave-safe plate
 - Food temperature: Refrigerated
 - Instructions: Cover with lid or vented plastic wrap. After cooking, let stand for 3 minutes.
- **2 Soup / Sauce** (1 - 4 cups)
 - Cookware: Microwave-safe bowl
 - Food temperature: Refrigerated
 - Instructions: Cover with vented plastic wrap. After cooking, stir and let stand for 3 minutes.
- **3 Casserole** (1 - 4 cups)
 - Cookware: Microwave-safe bowl
 - Food temperature: Refrigerated
 - Instructions: Cover with vented plastic wrap. After cooking, let stand for 3 minutes.
- **4 Pizza** (1 - 3 slices)
 - Cookware: Microwave-safe dish
 - Food temperature: Refrigerated
 - Instructions: Unwrap and place food on a microwave-safe dish.
- **5 Baked Goods** (1 - 4 pieces)
 - Cookware: Paper towel
 - Food temperature: Room
 - Instructions: Place on paper towel. Do not cover.
- **6 Beverage** (1 - 2 cups (240 ml/cup))
 - Cookware: Microwave-safe cup
 - Food temperature: Room
 - Instructions: Pour beverage into a mug or microwave-safe cup. After cooking, stir to complete reheating.

WARNING

- Be careful when handling the container. Microwave heating of beverages can result in delayed eruptive boiling. Therefore, care must be taken when handling the container.

Sensor Reheat Mode

This feature reheats single servings of previously cooked foods or a plate of leftovers.

- 1** Press **Sensor Reheat**.
- 2** Use the number keys to enter the desired menu code from the **Sensor Reheat Menu**.
 - Cooking will start about 4 seconds later.
 - When the cook time ends, a melody sounds and **COOK END** appears in the display.

NOTE

- Do not use recycled paper products in the microwave oven. They sometimes contain impurities that cause arcing and sparking.

Sensor Reheat Menu

Refer to the information below to set the desired menu item and see the recommended amounts.

WARNING

- Be careful when handling the container. Microwave heating of beverages can result in delayed eruptive boiling. Therefore, care must be taken when handling the container.

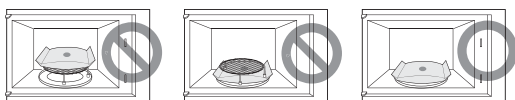
Popcorn Mode

Prepare microwave popcorn simply and easily, one bag at a time.

- Press **Popcorn**.
 - Cooking will start about 4 seconds later.
 - When the cook time ends, a melody sounds and **COOK END** appears in the display.

⚠ CAUTION

- Only pop popcorn in a microwavable container or in commercial packages designed for microwave ovens.
- Do not reuse popcorn bags.
- Do not leave microwave unattended while popping corn.
- Follow directions on bag.
- When popping commercially packaged popcorn, remove the rack from the oven.
- Do not place the bag of microwave popcorn on the rack or under the rack.

**Popcorn Menu**

Refer to the information below to set the desired menu item and see the recommended amounts.

- **Popcorn** (2.0 - 3.5 oz)
 - Pop only one package at a time. For best results, use a fresh bag of popcorn. Place a bag of prepackaged microwave popcorn on the center of the glass tray.

Steam Cook Mode

This feature cooks with steam using a steam bowl.

- 1** Press **Steam Cook**.
- 2** Use the number keys to enter the desired menu code from the **Steam Cook Menu**.
- 3** Use the number keys to enter the desired amounts from the **Steam Cook Menu**.
- 4** Press **START/Enter**.
 - When the cook time ends, a melody sounds and **COOK END** appears in the display.

Steam Cook Menu

- **1 Asparagus** (1 - 3 cups)
 - Cookware: Steam bowl
 - Food temperature: Refrigerated
 - Instructions: Wash vegetables and cut into similar sized pieces (under 1 in. or 2.5 cm

long). Pour 10 oz (300 ml) tap water into the steam water bowl. Place the steam plate on the steam water bowl. Place prepared food on the steam plate in a single layer. Cover with the steam cover.

- **2 Broccoli** (1 - 3 cups)
 - Cookware: Steam bowl
 - Food temperature: Refrigerated
 - Instructions: Wash vegetables and cut into similar sized pieces (small florets: 20-25 g/ piece). Follow the instructions under Asparagus for adding water and using the steam bowl.
- **3 Brussels Sprouts** (1 - 3 cups)
 - Cookware: Steam bowl
 - Food temperature: Refrigerated
 - Instructions: Wash vegetables and cut into similar sized pieces. Follow the instructions under Asparagus for adding water and using the steam bowl.
- **4 Carrot** (1 - 3 cups)
 - Cookware: Steam bowl
 - Food temperature: Refrigerated
 - Instructions: Wash vegetables and cut into similar sized pieces (under 1/4 in. or 5 mm thick). Follow the instructions under Asparagus for adding water and using the steam bowl.
- **5 Chicken Breast** (1 - 2 pieces, 6 - 8 oz/piece)
 - Cookware: Steam bowl
 - Food temperature: Refrigerated
 - Instructions: Wash the food and season as desired (under 1 in. or 2.5 cm thick). Follow the instructions under Asparagus for adding water and using the steam bowl.
- **6 Fish** (1 - 2 pieces, 1"/fillet)
 - Cookware: Steam bowl
 - Food temperature: Refrigerated
 - Instructions: Wash the food and season as desired (under 1 in. or 2.5 cm thick). Follow the instructions under Asparagus for adding water and using the steam bowl.
- **7 Zucchini** (1 - 3 cups)
 - Cookware: Steam bowl
 - Food temperature: Refrigerated
 - Instructions: Wash food and cut into similar sized pieces (under 1/4 in. or 5 mm thick.) Season as desired. Follow the instructions under Asparagus for adding water and using the steam bowl.

Auto Defrost Mode

Using Defrost Menu

The oven has 4 preset defrost cycles. The **Defrost Menu** shows the suggested defrost cycle for various foods.

- 1** Press **Auto Defrost**.
- 2** Use the number keys to enter the desired menu code from the **Auto Defrost Menu**.
- 3** Use the number keys to enter the desired amounts.
- 4** Press **START/Enter**.
 - At the chime, open the oven door and turn the food over. Remove any food that has thawed. Return the items which are still frozen to the oven, and press **START/Enter** to complete the defrost cycle.

Using Time Defrost

This feature defaults to microwave power level 3.

- 1** Press **Auto Defrost** twice.
- 2** Press the number keys to set the defrost time.
- 3** Press **START/Enter**.
 - At the chime, open the oven door and turn the food over. Remove any food that has thawed. Return the items which are still frozen to the oven, and press **START/Enter** to complete the defrost cycle.

NOTE

- The countdown appears in the display after **START/Enter** is pressed. The oven chimes once during the defrost cycle.
- When using Defrost, enter the net weight in pounds and tenths of pounds (the weight of the food minus the container).

Defrost Menu

Refer to the information below to set the desired menu item and see the recommended amounts.

- **1 Meat** (0.1 - 6.0 lbs)
 - Beef: Ground beef, round steak, stew cubes, tenderloin steak, pot roast, rib roast, rump roast, chuck roast, hamburger patties
 - Lamb: Chops (1 inch thick), rolled roast
 - Pork: Chops (0.5 inch thick), hot dogs, spareribs, country-style ribs, rolled roast, sausage
 - Veal: Cutlets (1 lb, 0.5 inch thick)

When the oven beeps, turn food over. After defrosting, let stand for 5-15 minutes.

- **2 Poultry** (0.1 - 6.0 lbs)
 - Poultry: Whole, cut-up, breast (boneless)
Rinse chicken cavity with tap water and let stand for 60 minutes after cooking for better results.
 - Cornish hens: Whole
 - Turkey: Breast

When the oven beeps, turn food over. After defrosting, let stand for 30 minutes.

- **3 Fish** (0.1 - 6.0 lbs)
 - Fish: Fillets, whole steaks
 - Shellfish: Crab meat, lobster tails, shrimp, scallops

When the oven beeps, turn food over. After defrosting, let stand for 5-10 minutes.

- **4 Bread** (0.1 - 1.0 lbs)
 - Muffins, rolls, cake

When the oven beeps, turn food over. After defrosting, let stand for 1-2 minutes.

More Modes

The product firmware may be updated to include additional functions through **More Modes**.

The modes currently included are the Soften, Melt, Kids Meal, and Simmer functions.

Soften Mode

The oven uses low power to soften foods (butter, ice cream, cream cheese, frozen juice).

- 1** Press **More Modes**.
- 2** Press **1** to select the Soften mode.
- 3** Use the number keys to enter the desired menu code from the **Soften Menu**.

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- 4** Use the number keys to enter the desired amounts from the **Soften Menu**.

- 5** Press **START/Enter**.
- When the cook time ends, a melody sounds and **COOK END** appears in the display.

Soften Menu

Refer to the information below to set the desired menu item and see the recommended amounts.

- **1 Butter** (1, 2 or 3 sticks (4 oz/1 stick))
 - Cookware: Microwave-safe dish
 - Food temperature: Refrigerated
 - Instructions: Unwrap and place food in oven. Butter will be at room temperature and ready for use in a recipe.
When using ½ stick, press **Cook Time** and press the number keys to set the cooking time (**0:40**). Press **Power Level** and press **2** to select power level 2. Press **START/Enter**.
- **2 Ice Cream** (Pint, Quart, Half gallon)
 - Food temperature: Frozen
 - Instructions: Remove lid and cover. Place food in oven. Ice cream will be soft enough to make scooping easier.
- **3 Cream Cheese** (3 or 8 oz)
 - Cookware: Microwave-safe dish
 - Food temperature: Refrigerated
 - Instructions: Unwrap and place food in oven. Cream cheese will be at room temperature and ready for use in a recipe.
- **4 Frozen Juice** (6, 12 or 16 oz)
 - Food temperature: Frozen
 - Instructions: Remove top. Frozen juice will be soft enough to mix easily with water.

Melt Mode

The oven uses low power to melt foods (butter, chocolate, cheese, marshmallows).

- 1** Press **More Modes**.
- 2** Press **2** to select the Melt mode.
- 3** Use the number keys to enter the desired menu code from the **Melt Menu**.
- 4** Use the number keys to enter the desired amounts from the **Melt Menu**.

- 5** Press **START/Enter**.
- When the cook time ends, a melody sounds and **COOK END** appears in the display.

Melt Menu

Refer to the information below to set the desired menu item and see the recommended amounts.

- **1 Butter** (1, 2 or 3 sticks (4 oz/1 stick))
 - Cookware: Microwave-safe bowl
 - Food temperature: Refrigerated
 - Instructions: Unwrap and place food in oven. After heating, stir to complete melting.
When using ½ stick, press **Cook Time** and press the number keys to set the cooking time (**0:30**). Press **Power Level** and press **10** to select power level 10. Press **START/Enter**.
- **2 Chocolate** (4 or 8 oz)
 - Cookware: Microwave-safe bowl
 - Food temperature: Room
 - Instructions: Chocolate chips or squares of baking chocolate may be used. Unwrap and place food in oven. After heating, stir to complete melting.
- **3 Cheese** (8 or 16 oz)
 - Cookware: Microwave-safe bowl
 - Food temperature: Refrigerated
 - Instructions: Use processed cheese food only. Unwrap and cut into cubes. Place food in oven. Stir the food at the beep. After heating, stir to complete melting.
- **4 Marshmallow** (5 or 10 oz)
 - Cookware: Microwave-safe bowl
 - Food temperature: Room
 - Instructions: Unwrap and place food in oven. After heating, stir to complete melting.

Kids Meal Mode

This function has preset cook settings for popular foods for kids.

- 1** Press **More Modes**.
- 2** Press **3** to select Kids Meal mode.
- 3** Use the number keys to enter the desired menu code from the **Kids Meal Menu**.
- 4** Use the number keys to enter the desired amounts from the **Kids Meal Menu**.

5 Press **START/Enter**.

- When the cook time ends, a melody sounds and **COOK END** appears in the display.

Kids Meal Menu

This function has preset cook settings for popular foods for kids.

- **1 Mac & Cheese** (6 or 12 oz)
 - Cookware: Microwave-safe dish
 - Food temperature: Refrigerated
- **2 Corn Dog** (2 or 4 ea (2 - 2.5 oz/1ea))
 - Cookware: Microwave-safe dish
 - Food temperature: Refrigerated
- **3 Chicken Nuggets** (4 or 8 oz)
 - Cookware: Microwave-safe dish
 - Food temperature: Frozen

Simmer Mode

The Simmer function provides precise cooking performance for foods that require low heat for a long cooking time.

⚠ CAUTION

- Wear oven mitts and use care when removing the cookware from the oven. Cookware will be hot, and the hot water can spill and cause scalding or burns.

1 Press **More Modes**.**2** Press **4** to select Simmer mode.**3** Use the number keys to enter the desired menu code from the **Simmer Menu**.**4** Use the number keys to enter the desired amounts from the **Simmer Menu**.**5** Press **START/Enter**.

- At the beep, carefully remove the bowl from the oven and add the rice or pasta. Loosely cover with a lid or plastic wrap and carefully place the bowl back in the oven. Press **START/Enter**.
- When the cook time ends, a melody sounds and **COOK END** appears in the display.

Simmer Menu

Refer to the information below to set the desired menu item and see the recommended amounts.

- **1. Rice** (1, 2, 3 servings)
 - Cookware: Microwave-safe bowl[†]
 - Food temperature: Room
 - 1 serving (water: 3/4 cup/200 g, rice: 3 oz/85 g)
2 servings (water: 1-1/4 cups/300 g, rice: 6 oz/170 g)
3 servings (water: 1-3/4 cups/425 g, rice: 9 oz/250 g)
 - Instructions: Add the desired amount of water to a microwave-safe bowl and place in the oven. Press **More Modes** and **4** to select Simmer. Press **1** to select Rice. Then press numbers to enter the weight. Press **START/Enter** to start cooking. At the beep, carefully remove the bowl from the oven and add the rice. Loosely cover with a lid or plastic wrap and carefully place the bowl back in the oven. Press **START/Enter**. After cooking, carefully remove the bowl from oven. Stir rice, cover and allow to rest for 5-10 minutes if needed. After standing time, drain water if needed.

NOTE

- The amount of water and time may vary depending on the type of rice used. The preset times are designed for standard long grain rice.

2 Farfalle (1, 2, 3, 4 servings)

- Cookware: Microwave-safe bowl[†]
- Food temperature: Room
- 1 serving (water 4-1/4 cups/1 L, farfalle 3 oz/85 g)
2 servings (water 4-1/4 cups/1 L, farfalle 6 oz/170 g)
3 servings (water 6-1/3 cups/1.5 L, farfalle 9 oz/255 g)
4 servings (water 6-1/3 cups/1.5 L, farfalle 12 oz/340 g)
- Instructions: Add the desired amount of water to a microwave-safe bowl and place in the oven. Press **More Modes** and **4** to select Simmer. Press **2** to select Farfalle. Then press numbers to enter the weight. Press **START/Enter** to start cooking. At the beep, carefully remove the bowl from the oven and add the pasta. Loosely cover with a lid or plastic wrap and carefully place the bowl back in the oven. Press **START/Enter**.

- **3 Fusilli** (1, 2, 3, 4 servings)
 - Cookware: Microwave-safe bowl[†]
 - Food temperature: Room
 - 1 serving (water 4-1/4 cups/1 L, fusilli 3 oz/85 g)
2 servings (water 4-1/4 cups/1 L, fusilli 6 oz/170 g)
3 servings (water 6-1/3 cups/1.5 L, fusilli 9 oz/255 g)
4 servings (water 6-1/3 cups/1.5 L, fusilli 12 oz/340 g)
 - Instructions: Follow instructions for cooking Farfalle.
- **4 Lasagna** (1, 2, 3 servings)
 - Cookware: Microwave-safe bowl[†]
 - Food temperature: Room
 - 1 serving (water 4-1/4 cups/1 L, lasagna 3 oz/85 g)
2 servings (water 4-1/4 cups/1 L, lasagna 6 oz/170 g)
3 servings (water 6-1/3 cups/1.5 L, lasagna 9 oz/255 g)
 - Instructions: Follow instructions for cooking Farfalle. Stir twice in the middle of cooking.
- **5 Macaroni** (1, 2, 3, 4 servings)
 - Cookware: Microwave-safe bowl[†]
 - Food temperature: Room
 - 1 serving (water 4-1/4 cups/1 L, macaroni 3 oz/85 g)
2 servings (water 4-1/4 cups/1 L, macaroni 6 oz/170 g)
3 servings (water 6-1/3 cups/1.5 L, macaroni 9 oz/255 g)
4 servings (water 6-1/3 cups/1.5 L, macaroni 12 oz/340 g)
 - Instructions: Follow instructions for cooking Farfalle.
- **6 Penne** (1, 2, 3, 4 servings)
 - Cookware: Microwave-safe bowl[†]
 - Food temperature: Room
 - 1 serving (water 4-1/4 cups/1 L, penne 3 oz/85 g)
2 servings (water 4-1/4 cups/1 L, penne 6 oz/170 g)
3 servings (water 6-1/3 cups/1.5 L, penne 9 oz/255 g)
4 servings (water 6-1/3 cups/1.5 L, penne 12 oz/340 g)

- Instructions: Follow instructions for cooking Farfalle. Stir twice in the middle of cooking.

- **7 Spaghetti** (1, 2, 3 servings)
 - Cookware: Microwave-safe bowl[†]
 - Food temperature: Room
 - 1 serving (water 4-1/4 cups/1 L, spaghetti 3 oz/85 g)
2 servings (water 4-1/4 cups/1 L, spaghetti 6 oz/170 g)
3 servings (water 6-1/3 cups/1.5 L, spaghetti 9 oz/255 g)
 - Instructions: Follow instructions for cooking Farfalle.

[†] Use a large bowl that holds at least 1 gallon (4 L) and is at least 6 in. (15 cm) high.

NOTE

- Be careful when removing the bowl from the oven or opening the lid as it will be very hot.
-

Operating the Oven

Convection Bake Mode

The Convection Bake function uses a heating element to raise the temperature of the air inside the oven. The convection cooking temperature ranges from 250 °F to 450 °F. It is best to preheat the oven when convection cooking.

NOTE

- Reduce oven temperature by 25 °F from the temperature recommended on packaged foods. The baking time may vary according to the food condition or individual preference.
-

Setting the Convection Bake Function

Example: 45 minutes at 375 °F with preheating

- 1** Press **Conv. Bake**. 350 °F appears in the display.
- 2** Set the oven temperature: Press **3, 7, 5** and **START/Enter**.
- 3** Press **START/Enter** again. The oven starts to preheat and the display shows **PREHEAT** and

the oven temperature. (Do not enter the time.)

4 When the melody sounds, place the food in the oven.

5 Set the cook time: Press **4, 5, 0** and **0**.

6 Press **START/Enter**.
• When the cook time ends, a melody sounds and **COOK END** appears in the display.

Example: 30 minutes at 375 °F without preheating

1 Press **Conv. Bake**. 350 °F appears in the display.

2 Set the oven temperature: Press **3, 7, 5** and **START/Enter**.

3 Set the cook time: Press **3, 0, 0** and **0**.

4 Press **START/Enter**.
• When the cook time ends, a melody sounds and **COOK END** appears in the display.

NOTE

- When the oven reaches the set preheat temperature, a melody will sound. The oven automatically holds that temperature for 30 minutes.
- The oven temperature drops very quickly when the door is opened; however, this should not prevent food from being fully cooked during normal cooking time.
- During convection cooking, the vent fan in the vent hood will automatically turn on at the 1-speed (lowest speed) setting to protect the oven.

Convection Baking Menu

- Always use the metal rack when convection baking. Place food directly on the rack or in the metal tray on the rack.
- Aluminum pans conduct heat quickly. For most convection baking, light, shiny finishes give the best results because they prevent overbrowning in the time it takes to cook the center areas. For better browning on the bottoms of cakes or pies, use dull (satin-finish) pans.
- Dark or non-shiny finishes, glass, and pyroceram absorb heat which may result in dry, crisp crusts.
- Preheating the oven is recommended when baking foods using convection.
- To prevent uneven heating and save energy, open the oven door to check food as little as possible.

Food		Temp	Time (min)	Comments
Breads	Muffins	400 °F	25 to 35	Remove from pans immediately and cool slightly on wire rack. Interiors will be moist and tender.
	Nut Bread or Fruit Bread	325 °F	70 to 80	
Cakes	Pound Cake	350 °F	55 to 65	Cool in pan 10 minutes. Invert cakes on wire rack.
	Butter Cakes, Cake Mixes	350 °F	45 to 55	
	Fudge Brownies	375 °F	35 to 45	
	Cheese Souffle	300 °F	80 to 90	
Cookies	Chocolate Chip	350 °F	25 to 35	Place metal tray on rack.
	Sugar	350 °F	25 to 35	
Convenience foods	Frozen Pizza	425 °F	20 to 25	Pizza should not extend over the rack. Follow package directions for preparation.
	Frozen Bread	400 °F	15 to 30	

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Food		Temp	Time (min)	Comments
Vegetables, Other desserts	Baked Potatoes	425 °F	55 to 65	Potatoes: Pierce skin with fork before baking. Squash: Pierce skin several places. Add ½ cup water to dish. Turn squash halves cut side up after 30 minutes of cook time and cover. Meringues: When done, turn oven off and let shells stand in oven for 1 hour to dry.
	Acorn Squash Halves	375 °F	60 to 70	
	Meringue Shells	250 °F	70 to 85	

NOTE

- The oven temperature indicated in the chart above is recommended over the package instruction temperature.
- The baking time in the chart above is only a guideline for your reference. Adjust the time according to conditions or your preference. Check doneness at the minimum time.

Meat Roasting Menu

Food		Temp	Time (min/lb)
Beef	Ribs (2 to 4 lbs), Rare	350 °F	30 to 35
	Ribs (2 to 4 lbs), Medium	350 °F	35 to 40
	Ribs (2 to 4 lbs), Well	350 °F	40 to 45
	Boneless Ribs, Top Sirloin (2 to 4 lbs), Rare	350 °F	25 to 30
	Boneless Ribs, Top Sirloin (2 to 4 lbs), Medium	350 °F	30 to 35
	Boneless Ribs, Top Sirloin (2 to 4 lbs), Well	350 °F	35 to 40
	Beef Tenderloin, Rare	350 °F	25 to 30
	Beef Tenderloin, Medium	350 °F	30 to 35
Ham	Canned (3-lb. fully cooked)	350 °F	30 to 35
	Butt (5-lb. fully cooked)	350 °F	30 to 35
	Shank (5-lb. fully cooked)	350 °F	30 to 35
Lamb	Medium	350 °F	40 to 45
	Well	350 °F	45 to 50
Pork	Roast Pork (2 to 4 lbs)	425 °F	38 to 43
	Pork Chops (1/2 to 1-inch thick)	450 °F	35 to 45
Poultry	Whole Chicken (2 to 4 lbs)	400 °F	35 to 45
	Chicken Pieces (1 to 2 lbs)	425 °F	40 to 50
Seafood	Fish (1 to 3 lb. fillets)	400 °F	15 to 20
	Shrimp (0.5 to 1.5 lbs)	400 °F	20 to 25 (/0.5 lbs)

NOTE

- The roasting time in the chart above is only a guideline for your reference. Adjust the time according to the food condition or your preference. Check doneness at the minimum time.

Air Fry Mode

The Air Fry function is specially designed for oil-free frying.

1 Press **Air Fry**.

2 Use the number keys to enter the desired menu code from the **Air Fry Menu**.

3 Use the number keys to enter the desired amounts from the **Air Fry Menu**.

4 Press START/Enter.

- When the oven beeps, turn the food over.
- When the cook time ends, a melody sounds and **COOK END** appears in the display.

Air Fry Menu

Refer to the information below to set the desired menu item and see the recommended amounts. Adjust cook time according to the size, thickness, and your preference of doneness.

- **1 Buffalo Wings** (1 - 2 servings)
 - Cookware: Metal tray on the rack
 - Food temperature: Frozen cooked
 - 1 serving: 2 ea, 2 servings: 4 ea
 - Instructions: Place food in oven. Turn food over at beep.
 - Alternative: Conv. Bake at 450 °F for 25 - 27 min.
- **2 Chicken Nuggets** (1 - 2 servings)
 - Cookware: Metal tray on the rack
 - Food temperature: Frozen cooked
 - 1 serving: 5 ea, 2 servings: 10 ea
 - Alternative: Conv. Bake at 450 °F for 13 - 15 min.
- **3 Chicken Tenders** (1 - 2 servings)
 - Cookware: Metal tray on the rack
 - Food temperature: Frozen cooked
 - 1 serving: 2 ea, 2 servings: 4 ea
 - Alternative: Conv. Bake at 450 °F for 20 - 21 min.
- **4 Fish Sticks** (1 - 2 servings)
 - Cookware: Metal tray on the rack
 - Food temperature: Frozen uncooked
 - 1 serving: 6 ea, 2 servings: 12 ea
 - Instructions: Place food in oven. Turn food over at beep.
 - Alternative: Conv. Bake at 450 °F for 14 - 16 min.
- **5 French Fries** (1 - 2 servings)
 - Cookware: Metal tray on the rack
 - Food temperature: Frozen cooked
 - 1 serving: 6 oz (180 g), 2 servings: 13 oz (370 g)
 - Alternative: Conv. Bake at 450 °F for 18 - 20 min.
- **6 Hash Brown Patties** (1 - 2 servings)
 - Cookware: Metal tray on the rack
 - Food temperature: Frozen cooked

- 1 serving: 6 ea, 2 servings: 12 ea
- Alternative: Conv. Bake at 450 °F for 19 - 20 min.
- **7 Mozzarella Sticks** (1 - 2 servings)
 - Cookware: Metal tray on the rack
 - Food temperature: Frozen cooked
 - 1 serving: 3 ea, 2 servings: 6 ea
 - Alternative: Conv. Bake at 450 °F for 11 - 12 min.
- **8 Popcorn Shrimp** (1 - 2 servings)
 - Cookware: Metal tray on the rack
 - Food temperature: Frozen uncooked
 - 1 serving: 19 ea, 2 servings: 38 ea
 - Instructions: Place food in oven. Turn food over at beep.
 - Alternative: Conv. Bake at 450 °F for 14 - 16 min.
- **9 Potato Wedge** (1 - 2 servings)
 - Cookware: Metal tray on the rack
 - Food temperature: Frozen cooked
 - 1 serving: 9 ea, 2 servings: 18 ea
 - Instructions: Place food in oven. Turn food over at beep.
 - Alternative: Conv. Bake at 450 °F for 24 - 26 min.

Combination Mode

Use this mode for roast meat, roast chicken, roast vegetables, frozen pizza, cake, pies and breads.

NOTE

- The temperature ranges from 250 °F to 450 °F.
- During combination cooking, the vent fan in the vent hood will automatically turn on at the 1-speed (lowest speed) setting to protect the oven.

Setting the Combination Bake Function**Example: 30 minutes at 400 °F**

- 1** Press **Combi. Bake**. 325 °F appears in the display.
- 2** Set the oven temperature: Press **4, 0, 0** and **START/Enter**.

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- 3

Set the cook time: Press **3, 0, 0** and **0**.
- 4

Press **START/Enter**.
 - When the cook time ends, a melody sounds and **COOK END** appears in the display.

Combination Bake Menu

Food		Temp	Time (min)	Comments
Pie, Pastries	Quiche	400 °F	40 to 50	Let stand 1 hour before cutting.
Convenience Foods	Frozen Pizza	425 °F	20 to 30	Follow package directions for preparation.
	Frozen Bread	400 °F	15 to 30	
Vegetable	Baked Potatoes	400 °F	25 to 35	Pierce skin with fork before baking. Place on the rack.

NOTE

- The baking time in the chart above is only a guideline for your reference. Adjust the time according to the food condition or your preference. Check doneness at the minimum time.

Combination Roast Function

Example: 30 minutes at 400 °F

- 1

Press **Combi. Roast**. 375 °F appears in the display.
- 2

Set the oven temperature: Press **4, 0, 0** and **START/Enter**.
- 3

Set the cook time: Press **3, 0, 0** and **0**.
- 4

Press **START/Enter**.
 - When the cook time ends, a melody sounds and **COOK END** appears in the display.

Combination Roast Menu

Food		Temp	Time (min/lb)	Comments
Beef <ul style="list-style-type: none">Ribs (2 to 4 lbs)Boneless Rib, Top Sirloin (2 to 4 lbs)	Ribs (rare)	425 °F	20 to 25	Turn over halfway through the cooking time.
	Ribs (medium)	425 °F	25 to 30	
	Ribs (well)	425 °F	30 to 35	
	Boneless Rib, Top Sirloin (rare)	425 °F	17 to 22	
	Boneless Rib, Top Sirloin (medium)	425 °F	20 to 25	
	Boneless Rib, Top Sirloin (well)	425 °F	23 to 28	
	Beef Tenderloin (rare)	425 °F	8 to 12	
	Beef Tenderloin (medium)	425 °F	10 to 14	
Ham	Canned (3 lbs fully cooked)	375 °F	25 to 30	Turn over halfway through the cooking time.
	Butt (5 lbs fully cooked)	375 °F	25 to 30	
	Shank (5 lbs fully cooked)	375 °F	25 to 30	
Lamb	Medium	350 °F	12 to 17	Turn over halfway through the cooking time.
	Well	350 °F	15 to 20	
Pork	Roast Pork (2 to 4 lbs)	450 °F	23 to 33	Turn over halfway through the cooking time.
	Pork Chops (1/2 to 1-inch thick)	450 °F	20 to 30	

Food		Temp	Time (min/lb)	Comments
Poultry	Whole Chicken (2 to 4 lbs) Chicken Pieces (1 to 2 lbs)	375 °F 375 °F	20 to 25 35 to 45	Turn over halfway through the cooking time.
Seafood	Fish (1 to 3 lbs, fillets) Shrimp (0.5 to 1.5 lbs)	350 °F 350 °F	12 to 18 7 to 12 (/ 0.5 lbs)	Turn over halfway through the cooking time.

NOTE

- The roasting time in the chart above is only a guideline for your reference. Adjust the time according to the food condition or your preference. Check doneness at the minimum time.

Speed Combination Mode

This function includes 4 presets for cooking common foods without entering settings manually. For best results, place food on the rack. When cooking meats, use the metal tray/drip pan to catch drippings.

- 1 Press **Speed Combi**.
- 2 Use the number keys to enter the desired menu code from the **Speed Combination Menu**.
- 3 Use the number keys to enter the desired amounts from the **Speed Combination Menu**.
- 4 Press **START/Enter**.
 - When the oven beeps, turn food over.
 - When the cook time ends, a melody sounds and **COOK END** appears in the display.

Speed Combination Menu

Refer to the information below to set the desired menu item and see the recommended amounts.

- **1 Whole Chicken** (2.0 - 4.0 lbs)
 - Cookware: Rack on the metal tray
 - Food temperature: Refrigerated
 - Instructions: Thoroughly wash inside and outside of chicken with cold water. Pat chicken dry with paper towels, secure the legs with kitchen twine. Brush outside of chicken with melted butter or margarine. Place chicken breast side down. Turn food over at beep. After cooking, loosely tent chicken with aluminum foil and let stand for 10 minutes.

- **2 Roast Pork** (2.0 - 4.0 lbs)
 - Cookware: Rack on the metal tray
 - Food temperature: Refrigerated
 - Instructions: Pat dry with paper towels. After cooking, loosely tent roast with aluminum foil and let stand 5 to 10 minutes.
- **3 Frozen Lasagna** (10 or 21 oz)
 - Food temperature: Frozen
 - Instructions: Remove from outer package. Remove film cover. If lasagna is not in an ovenproof container, transfer it to an ovenproof dish. After cooking, let stand for 5 minutes.
- **4 Baked Potato** (1-4 potatoes (7-9 oz/ea))
 - Cookware: Rack on the metal tray
 - Food temperature: Room
 - Instructions: Pierce each potato several times with a fork and place in oven.

Warm Mode

This function maintains an oven temperature of less than 195 °F. This function should not be used to reheat cold food. It is designed to keep cooked food warm for serving up to 3 hours after cooking has finished. After 3 hours the function shuts the oven OFF automatically.

Setting the Warm Function

- 1 Press **Warm**.
- 2 Select the temperature level: Press **1** for High, **2** for Medium, or **3** for Low.
 - High: 195 °F (91 °C)

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- Medium: 165 °F (74 °C)
- Low: 140 °F (60 °C)

3 Press **START/Enter** to start warming.

4 Press **STOP/Clear** at any time to cancel.

NOTE

- This function is intended to keep food warm. Do not use it to cool food down.
 - It is normal for the fan to operate during the Warm mode.
-

Proof Mode

This function maintains a warm oven for rising yeast-leavened products before baking.

Setting the Proof Function

Example: Proofing for 2 hours

- 1** Press **Proof**.
- 2** Set the cook time: Press **2**, **0** and **0**.
- 3** Press **START/Enter** to start proofing.
- 4** Press **STOP/Clear** at any time to cancel.

NOTE

- To avoid lowering the oven temperature and lengthening the proofing time, do not open the oven door unnecessarily.
 - Check bread products early to avoid overproofing.
 - Do not use the Proofing mode for warming food or keeping food hot. The proofing oven temperature is not hot enough to hold foods at safe temperatures. Use the Warm function to keep food warm.
 - Proofing will not operate if the oven is too hot. Allow the oven to cool before proofing.
-

More Modes

The product firmware may be updated to include additional functions through **More Modes**. The function currently includes the Dehydrate mode.

Dehydrate

With this function, you can dry fruit, veggies, and beef into healthy and nutritional snacks and tasty jerky without chemicals and preservatives. Place baking paper on the metal tray and spread the food in a single layer. Dehydrate temperatures range from 100 °F to 200 °F. Use the metal tray.

Setting the Dehydrate Function

Example: Dehydrating for 5 hours at 140 °F

- 1** Press **More Modes**.
- 2** Press **1** to select **Dehydrate** mode.
- 3** Press **Dehydrate**. 160 °F appears in the display.
- 4** Set the oven temperature: Press **1**, **4**, **0** and **START/Enter**.
- 5** Set the cook time: Press **5**, **0** and **0**.
- 6** Press **START/Enter**. The oven begins to dehydrate.
- 7** Press **STOP/Clear** to cancel at any time or when cooking is complete.

Dehydrate Menu

Refer to the information below to set the desired menu item.

- **Bananas**
 - Preparation: Cut into 1/4" (5 - 6 mm) slices.
 - Set temp / Time: 160 °F / 5 - 8 hrs
 - Use: Snacks, baby food, granola, cookies and banana bread
- **Figs**
 - Preparation: Remove stems and halve.
 - Set temp / Time: 160 °F / 8 - 9 hrs
 - Use: Fillings, cakes, puddings, bread and cookies

- **Kiwi**

- Preparation: Peel and cut into 3/8" (8 - 12 mm) slices.
- Set temp / Time: 160 °F / 5 - 8 hrs
- Use: Snacks

- **Mangos**

- Preparation: Remove skin and cut into 3/8" (6 - 10 mm) slices.
- Set temp / Time: 160 °F / 6 - 9 hrs
- Use: Snacks, cereals, baked goods

- **Pineapple**

- Preparation: Peel, core and cut into 3/8" (8 - 12 mm) slices.
- Set temp / Time: 160 °F / 6 - 9 hrs
- Use: Snacks, baked goods, baked granola

- **Tomatoes**

- Preparation: Wash and slice into 1/4" (6 mm) thick circles.
- Set temp / Time: 160 °F / 6 - 9 hrs
- Use: Soups, stews, paste or sauce

- **Mushrooms**

- Preparation: Clean with soft brush or cloth. Don't wash.
- Set temp / Time: 140 °F / 4 - 8 hrs
- Use: Rehydrate for soups, meat dishes, omelets or frying

- **Beef jerky**

- Preparation: Cut meat into 1/4" (5 - 6 mm) thick slices and marinate for 6 - 8 hours in the refrigerator.
- Set temp / Time: 175 °F / 6 - 9 hrs
- Use: Snacks

- **China**

- Use bowls, cups, serving plates, pottery, stoneware, ceramic, and platters without metal rims or handles. Many containers made of these materials are microwave-safe, but test them before use.

- **Plastic**

- **Plastic Storage Containers:** Use plastic dishes, cups, semi-rigid freezer containers and plastic bags only for short cooking times. Do not use them when cooking food for long periods or at high power levels, as the hot food will eventually warp or melt the plastic.
- **Plastic wrap (as a cover):** Lay the plastic wrap loosely over the dish and press it to the sides. Vent plastic wrap by turning back one edge slightly to allow excess steam to escape. The dish should be deep enough so that the plastic wrap will not touch the food. As the food heats it may melt the plastic wrap wherever the wrap touches the food.
- **Plastic Cooking Bags:** Provided they are specially made for cooking, cooking bags are microwave safe. Remember to make a slit in the bag so that steam can escape. Never use ordinary plastic bags for cooking in the microwave oven, as they will melt and rupture.
- **Plastic Microwave Cookware:** A variety of shapes and sizes of microwave cookware are available. You may be able to use items you already have on hand rather than investing in new kitchen equipment.

- **Paper**

- Use paper towels, waxed paper, paper napkins, and paper plates with no metal rims or design. Look for the manufacturer's label for use in the microwave oven.
- Paper plates and containers are convenient and safe to use in the microwave oven, provided that the cooking time is short and the foods to be cooked are low in fat and moisture. Paper towels are also very useful for wrapping foods and for lining baking trays in which greasy foods such as bacon are cooked.
- Avoid colored paper products as the color may run. Do not use recycled paper products in the microwave oven. They may contain impurities which could cause arcing or fires when used in the microwave.

- **Tableware**

- Many containers made of pottery, stoneware and ceramic are also microwave-safe. If in doubt consult the manufacturer's literature or perform the microwave test.

Cookware Guide

Microwave-Safe Cookware

Use microwavable cookware.

- **Ovenproof Glass**

- Ovenproof glassware that is treated for high intensity heat so it is heat-resistant is microwave-safe.
- Use utility dishes, loaf dishes, pie plates, cake plates, liquid measuring cups, casseroles and bowls without metal rims.
- Do not use delicate glassware, such as tumblers or wine glasses, as these might shatter when heated.

- Do not put plates with painted decoration in the oven, as the paint may contain metal and cause arcing.

Microwave-Unsafe Cookware

• Metal Containers/Metal Decoration

- Never use metal or metal-rimmed cookware in the microwave oven.
- Microwaves cannot penetrate metal. They will bounce off any metal object in the oven and cause arcing, an alarming phenomenon that resembles lightning.
- Metal shields the food from microwave energy and produces uneven cooking. Also avoid metal skewers, thermometers, foil trays, metal-rimmed or metal-banded dinnerware, casserole dishes, etc. The metal rim interferes with normal cooking and may damage the oven.

• Aluminum Foil

- Avoid large sheets of aluminum foil because they hinder cooking and may cause harmful arcing.
- Use small pieces of foil to shield poultry legs and wings.
- Keep ALL aluminum foil at least 1 inch from the side walls and door of the oven.

• Wood

- Wood bowls and boards will dry out and may split or crack when you use them in the microwave oven.
- Baskets react in the same way.

• Tightly Covered Cookware

- Be sure to leave openings for steam to escape from covered containers.
- Pierce plastic pouches of vegetables or other food items before cooking.
- Tightly closed pouches could explode.

• Brown Paper

- Avoid using brown paper bags.
- They absorb too much heat and could burn.

• Flawed or Chipped Cookware

- Any container that is cracked, flawed, or chipped may break in the oven.

• Metal Twist Ties

- Remove metal twist ties from plastic or paper bags.
- They become hot and could cause a fire.

Testing Cookware before Use

Most heat resistant and non-metallic cookware is safe for use in your oven. However, some cookware may contain materials that are not suitable for microwave use. Follow the steps below to find out if cookware can be used in the microwave.

- 1** Place the container in question and a glass measuring cup filled with water next to each other inside the oven.
- 2** Heat the container and glass measuring cup for 1 minute at HIGH power.
 - If the water heats up but the container remains cool to the touch, the container is microwave-safe.
 - If the temperature of the water does not change but the container becomes warm, it is not safe for use in the microwave oven.

CAUTION

- Some items with high lead or iron content are not suitable for microwave cooking.
 - Cookware should be checked to ensure that it is suitable for use in the microwave.
 - Always be careful when taking cookware out of the oven. Some dishes absorb heat from the cooked food and may be hot.
-

Convection Cookware

- Metal pans are recommended for all types of baked products, but especially where browning or crusting is important.
- Metal pans with a dark or dull finish are best for breads and pies because they absorb heat and produce a crisper crust.
- Shiny aluminum pans are better for cakes, cookies, or muffins because these pans reflect heat and help produce a light, tender crust.
- Glass or glass-ceramic casserole or baking dishes are best suited for egg and cheese recipes because the glass is easy to clean.

Combination Cooking Cookware

- Glass or glass-ceramic baking containers are recommended. Be sure not to use items with metal trim as it may cause arcing (sparking) with the oven wall or oven shelf, damaging the cookware, the shelf, or the oven.

- Heat-resistant plastic microwave cookware (safe to 450°F) may be used, but is not recommended for foods that require crusting or all-around browning, because plastic is a poor conductor of heat.

Cooking Guide

Cooking Tips

Carefully monitor the food in the microwave oven while it is cooking. Directions given in recipes to elevate, stir, etc., are the minimum steps recommended. If food is overcooked (dry), undercooked, or unevenly cooked, make adjustments before or during cooking to correct the problem.

• Overcooked or Dry Food

- **Sprinkling:** Sprinkle low-moisture foods such as roasts and vegetables with water before cooking, or cover them to retain moisture.
- **Density:** Light, porous food such as cakes and breads cook more quickly than heavy, dense foods such as roasts and casseroles.
- **Shielding:** Cover the corners of square dishes with small strips of aluminum foil to prevent overcooking. Don't use too much foil, and secure the foil to the dish. Foil can cause arcing if it gets too close to the oven walls during cooking.
- **Bones and Fat:** Bones conduct heat, and fat cooks more quickly than meat. Take care with bony or fatty cuts of meat.

• Undercooked Food

- **Covering:** Cover food with a microwave-safe lid, parchment paper (not waxed paper), or plastic wrap to trap heat and steam and cook food more quickly.
- **Standing Time:** Let food stand for several minutes after being removed from the oven to allow it to finish cooking and help flavors blend and develop.
- **Quantity:** The more food you place in the oven, the longer the required cooking time.
- **Temperature:** Ice-cold ingredients take much longer to cook than room temperature ingredients.

• Unevenly Cooked Food

- **Stirring:** Stir food from the outside toward the center during cooking, as food at the outside of the dish heats more quickly.
- **Arranging:** Turn food over several times during cooking. The upper portion of thick

foods cooks more quickly than the lower portion.

- **Shaping:** Place the thickest portions of foods like meat, poultry or fish toward the outside of the cookware to help them cook more evenly. If possible, shape foods into thin rounds or rings.

• Foods with Skin, Shell or Membrane

- **Skin or Membrane:** Pierce the outsides of foods like potatoes, sausages, or egg whites or yolks before cooking.
- **Shell:** Pierce or remove the shells from eggs, clams, oysters, or other shelled foods before cooking.

• Defrosting Tips

- Remove fish, shellfish, meat, and poultry from its original wrapping paper or plastic package. Otherwise, the wrap close to the foods will hold steam and heat, which can cause the outer surface of the foods to be cooked.
- Remove any metal twist ties.
- Always slit or pierce plastic pouches or packaging.
- Open containers such as cartons before they are placed in the oven.
- If food is foil wrapped, remove foil and place the food in a suitable container.
- The length of defrosting time varies depending on the shape of the food and on how solidly the food is frozen.
- As food begins to defrost, separate the food into pieces so that they can defrost more easily.
- Turn over food during defrosting or standing time. Separate into pieces and remove food as required.
- Let food stand after defrosting. Food should still be somewhat icy in the center when removed from the oven.
- When using Defrost, the weight to be entered is the net weight in pounds and tenths of pounds (the weight of the food minus the container).
- Slit the skins of frozen food such as sausage.
- Bend plastic pouches of food to ensure even defrosting.
- Place food in a shallow container or in a microwave roasting dish to catch the drippings.
- Always underestimate defrosting time. Food should still be somewhat icy in the center when removed from the oven. If defrosted

food is still frozen solid in the center, return it to the microwave oven for more defrosting.

- Depending on the shape of the food, some areas may defrost more quickly than others.
- The shape of the package affects how quickly food will defrost. Shallow packages will defrost more quickly than a deep block.
- For best results, shape ground meat into the form of a doughnut before freezing. When defrosting, scrape off thawed meat when the beep sounds and continue defrosting.
- Use small pieces of aluminum foil to shield parts of food such as chicken wings, leg tips, fish tails, or areas that start to get warm. Make sure the foil does not touch the sides, top, or bottom of the oven. The foil can damage the oven lining.

Convection Cooking Tips

Convection cooking circulates hot air through the oven cavity with a fan. The constantly moving air surrounds the food to heat the outer portion quickly, creating even browning and sealed-in flavor by the constant motion of hot air over the food surfaces. Press the Convection button to use the convection functions on the oven. Do not use the oven without the turntable in place.

NOTE

- Always use the metal rack on the turntable when convection cooking.
- Do not cover the turntable or metal rack with aluminum foil. It interferes with the flow of air that cooks the food.
- Round pizza pans are excellent cooking utensils for many convection-only items. Choose pans that do not have extended handles.
- Use convection cooking for items like soufflés, breads, cookies, angel food cakes, pizza, and some meat and fish dishes.
- Your oven comes equipped with a metal tray which can be used for cooking in convection mode or combination mode.
- You do not need to use any special techniques to adapt your favorite oven recipes to convection cooking, but you do need to lower the oven temperature by 25 °F from the temperature recommended on the packaging when cooking prepared foods.
- When baking cakes, cookies, breads, rolls, or other baked foods, most recipes call for preheating. Preheat the empty oven just as you do a regular oven. You can start cooking more

dense foods such as meats, casseroles, and poultry without preheating.

- All heatproof cookware or metal accessories can be used in convection cooking.
- Use the metal accessories only for convection cooking. Never use for microwave or combination cooking since arcing and damage to the oven may occur.
- After preheating, if you do not open the door, the oven will automatically hold at the preheated temperature for 30 minutes.

PRECAUTIONS

- The oven cavity, door, turntable, roller rest, metal tray, metal rack, and cooking accessories will become very hot. Use oven mitts when removing the food, cooking accessories, metal rack, metal tray, and turntable from the oven after convection cooking.
- Do not use lightweight plastic containers, plastic wraps, or paper products during any convection cycle.

Combination Cooking Tips

Combination microwave-convection cooking shortens the cooking time for foods that would usually take a long time to cook. It leaves meats crispy on the outside and juicy on the inside. In combination cooking, the convection heat and microwave energy alternate automatically.

NOTE

- Meats may be roasted directly on the metal rack or in a shallow roasting pan placed on the rack. Check the Cooking Guide for instructions on using the metal rack.
- Less tender cuts of beef can be roasted and tenderized using oven cooking bags.
- When baking, check for doneness after cooking time is up. If not completely done, let stand in oven for a few minutes to complete cooking.

Precautions

- All cookware used for combination cooking must be both microwave-safe and oven-safe.
- During combination baking, some baking cookware may cause arcing when it comes in contact with the oven walls or metal accessory racks. Arcing is a discharge of electricity that

occurs when microwaves come in contact with metal.

- If arcing occurs, immediately stop the cooking cycle and place a heat resistant dish between the pan and the metal rack.
- For best results, use the metal tray supplied with your oven.
- If arcing occurs with other baking cookware, do not use it for combination cooking.

SMART FUNCTIONS

LG ThinQ Application

This feature is only available on models with Wi-Fi.

The **LG ThinQ** application allows you to communicate with the appliance using a smartphone.

LG ThinQ Application Features

• Settings

- Allows you to set various options on the oven and in the application.

• Smart Diagnosis™

- This function provides useful information for diagnosing and solving issues with the appliance based on the pattern of use.

• Scan to Cook

- Scan the barcode on a ready-made meal using the LG ThinQ application and send the recommended or customized cooking instructions straight to your oven.

• Monitoring

- This function helps you check the current status, remaining time, cook settings and end time in one place.

• Product Notifications

- Turn on the Push Alerts to receive appliance status notifications. The notifications are triggered even if the **LG ThinQ** application is not open.

• Timer

- You can set the timer from the application.

• Firmware Update

- Keep the appliance updated.

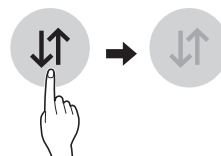
NOTE

- If you change your wireless router, Internet service provider, or password, delete the connected appliance from the **LG ThinQ** application and connect it again.
- This information is current at the time of publication. The application is subject to change for product improvement purposes without notice to users.

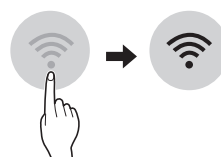
Before Using LG ThinQ Application

- 1 Use a smartphone to check the strength of the wireless router (Wi-Fi network) near the appliance.
 - If the appliance is too far from the wireless router, the signal becomes weak. It may take a long time to connect or fail to install the application.


- 2 Turn off the **Mobile data** or **Cellular Data** on your smartphone.



- 3 Connect your smartphone to the wireless router.



NOTE

- To verify the Wi-Fi connection, check that the  icon on the control panel is lit.
- The appliance supports 2.4 GHz Wi-Fi networks only. To check your network frequency, contact your Internet service provider or refer to your wireless router manual.
- **LG ThinQ** is not responsible for any network connection problems or any faults, malfunctions, or errors caused by network connection.
- The surrounding wireless environment can make the wireless network service run slowly.
- If the appliance is having trouble connecting to the Wi-Fi network, it may be too far from the router. Purchase a Wi-Fi repeater (range extender) to improve the Wi-Fi signal strength.
- The network connection may not work properly depending on the Internet service provider.
- The Wi-Fi may not connect or the connection may be interrupted because of the home network environment.
- If the appliance cannot be connected due to problems with the wireless signal transmission,

unplug the appliance and wait about a minute before trying again.

- If the firewall on your wireless router is enabled, disable the firewall or add an exception to it.
- The wireless network name (SSID) should be a combination of English letters and numbers. (Do not use special characters.)
- Smartphone user interface (UI) may vary depending on the mobile operating system (OS) and the manufacturer.
- If the security protocol of the router is set to **WEP**, network setup may fail. Change the security protocol (**WPA2** is recommended), and register the product again.

Installing the LG ThinQ Application

Search for the **LG ThinQ** application from the Google Play Store or Apple App Store on a smartphone. Follow instructions to download and install the application.

Wireless LAN Module Specifications

Frequency Range	2412 - 2462 MHz
Output Power (Max)	< 30 dBm

FCC Notice

The following notice covers the transmitter module contained in this product.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and the receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications in construction of this device which are not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

FCC RF Radiation Exposure Statement

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

This equipment should be installed and operated with a minimum distance of 20 cm (7.8 inches) between the antenna and your body. Users must follow the specific operating instructions for satisfying RF exposure compliance.



Open Source Software Notice Information

To obtain the source code under GPL, LGPL, MPL, and other open source licenses that have the obligations to disclose source code, that is contained in this product, and to access all referred license terms, copyright notices and other relevant documents please visit <https://opensource.lge.com>.

LG Electronics will also provide open source code to you on CD-ROM for a charge covering the cost of performing such distribution (such as the cost of media, shipping, and handling) upon email request to opensource@lge.com.

This offer is valid to anyone in receipt of this information for a period of three years after our last shipment of this product.

Smart Diagnosis™ Feature

This feature is only available on models with the  or  logo.

Use this feature to help you diagnose and solve problems with your appliance.

NOTE

- For reasons not attributable to LGE's negligence, the service may not operate due to external factors such as, but not limited to, Wi-Fi unavailability, Wi-Fi disconnection, local app store policy, or app unavailability.
- The feature may be subject to change without prior notice and may have a different form depending on where you are located.

- 3 Keep the phone in place until the tone transmission has finished. The display will count down the time. Once the countdown is over and the tones have stopped, the diagnosis will be displayed in the application.

NOTE

- For best results, do not move the phone while the tones are being transmitted.

Using LG ThinQ to Diagnose Issues

If you experience a problem with your Wi-Fi equipped appliance, it can transmit troubleshooting data to a smartphone using the **LG ThinQ** application.

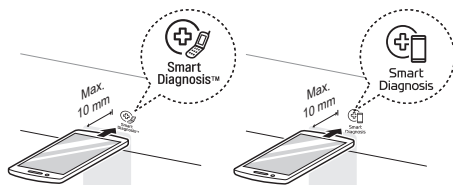
- Launch the **LG ThinQ** application and select the **Smart Diagnosis** feature in the menu. Follow the instructions provided in the **LG ThinQ** application.

Using Audible Diagnosis to Diagnose Issues

Follow the instructions below to use the audible diagnosis method.

- Launch the **LG ThinQ** application and select the **Smart Diagnosis** feature in the menu. Follow the instructions for audible diagnosis provided in the **LG ThinQ** application.

- 1 Press the **START/Enter** button for three seconds.
 - If the display has been locked, you must deactivate the lock and then reactivate it.
- 2 Hold the mouthpiece of your phone in front of the **Smart Diagnosis** logo located on the control panel.



MAINTENANCE

Cleaning

Cleaning the Interior

- 1 Use a damp cloth to clean the surfaces of the door and wipe out crumbs between the door and the frame.
- 2 Remove greasy spatters with a soapy cloth then rinse and dry.
 - Wipe spatters immediately with a wet paper towel, especially after cooking chicken or bacon.
 - If steam accumulates inside or outside of the oven door, wipe the panels with a soft cloth.
 - For stubborn soil, boil a cup of water in the oven for 2 to 3 minutes. Steam will soften the soil. To get rid of odors inside the oven, boil a cup of water with some lemon juice or vinegar in it.

Cleaning the Exterior

- 1 Clean the outside of the oven with soap and water.
- 2 Rinse with clean water and dry with a soft cloth or paper towel.
 - To prevent damage to the internal working parts of the oven, do not allow water to seep into the ventilation openings.
 - The door and door seals should be kept clean. Use warm, soapy water to clean. Rinse off soap residue and dry thoroughly.
 - Frequently wipe metal parts with a damp cloth.

Cleaning the Control Panel

- 1 Open the door to prevent the oven from accidentally starting.
- 2 Wipe with a damp cloth followed immediately by a dry cloth.
- 3 Press **STOP/Clear** after cleaning.

Cleaning the Accessories

Wash the glass tray and rotating ring in mild, sudsy water. For heavily soiled areas, use a mild cleanser and scouring sponge. Dry completely before use.

- The glass tray and rotating ring are dishwasher safe.
- Hand wash the steam bowl. If cleaned in the dishwasher, the steam bowl may change shape and no longer function properly.

Cleaning the Rack

Wash the rack with soap and a soft cloth or nylon scrub brush.

- Do not use abrasive scrubbers or cleaners to clean rack.
- Dry completely before use.

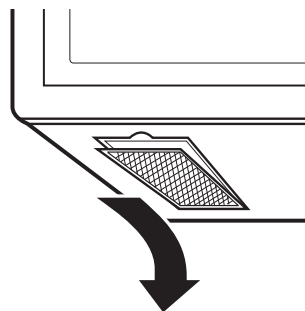
NOTE

- Abrasive cleansers, steel wool pads, gritty wash cloths, some paper towels, etc., can damage the control panel and the interior and exterior oven surfaces.

Cleaning the Grease Filters

Filters should be cleaned at least once a month or more often if needed.

- 1 To remove, slide the grease filter back slightly and pull it downward.

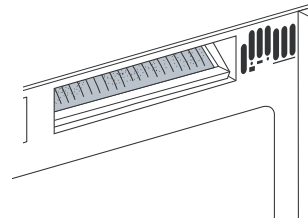


- 2 Soak grease filters in hot water and a mild detergent.

- 3** Rinse well and shake to dry.
 - Do not use ammonia or place in a dishwasher. The aluminum will darken.
- 4** To reinstall, slide the filter in on the back side and push it upward to secure it.

NOTE

- Do not operate the hood without the filters in place.
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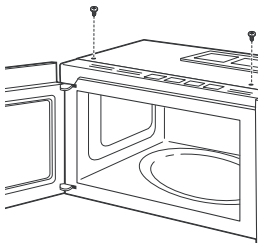
- 5** Slide the bottom of the vent cover into place. Push the top until it snaps into place. Tighten the vent grille screw in place.

Replacing Parts

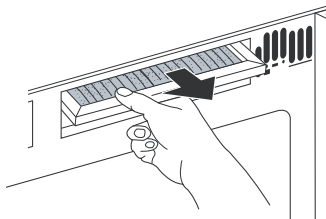
Replacing the Charcoal Filter

If your oven is vented inside, the charcoal filter should be replaced every 6 to 12 months, and more often if necessary. The charcoal filter cannot be cleaned. To order a new charcoal filter, contact the Parts Department at your nearest Authorized Service Center.

- 1** Unplug the power cord and wear gloves.
- 2** Remove the vent grille screw. Open the oven door, hold both sides of the vent grille and remove it.



- 3** Remove the old charcoal filter.



- 4** Slide a new charcoal filter into place. The filter should rest at the angle shown.